

## FIS SKI JUMPING CONTINENTAL CUP + FIS CUP 2022 - 23

Date	Day	COC Men	COC Women	FIS Cup Men	FIS Cup Women
<b>III. Period</b>					
03.12.22	Sat			<del>Falun (SWE) HS100</del>	<del>Falun (SWE) HS100</del>
04.12.22	Sun			<del>Falun (SWE) HS100</del>	<del>Falun (SWE) HS100</del>
09.12.22	Fri		Vikersund (NOR) HS117		
10.12.22	Sat	Vikersund (NOR) HS117	Vikersund (NOR) HS117		
11.12.22	Sun	Vikersund (NOR) HS117			
16.12.22	Fri		Notodden (NOR) HS98	Notodden (NOR) HS98	
17.12.22	Sat	Ruka (FIN) HS142	Notodden (NOR) HS98	Notodden (NOR) HS98	
18.12.22	Sun	Ruka (FIN) HS142			
<b>IV. Period</b>					
27.12.22	Tue	Engelberg (SUI) HS140			
28.12.22	Wed	Engelberg (SUI) HS140			
07.01.23	Sat	<del>Planica (SLO) HS138</del>		<del>Zakopane (POL) HS140</del>	
08.01.23	Sun	<del>Planica (SLO) HS138</del>		<del>Zakopane (POL) HS140</del>	
<b>V. Period</b>					
<b>12.01-22.01.2023</b>		<b>FISU World University Games, Lake Placid (USA)</b>			
14.01.23	Sat	Sapporo (JPN) HS137			
15.01.23	Sun	Sapporo (JPN) HS137			
15.01.23	Sun	Sapporo (JPN) HS137			
21.01.23	Sat	<del>Eisenerz (AUT) HS109</del>	<del>Eisenerz (AUT) HS109</del>		
22.01.23	Sun	<del>Eisenerz (AUT) HS109</del>	<del>Eisenerz (AUT) HS109</del>		
<b>21.01-28.01.2023</b>		<b>EYOF Friuli-Venezia-Giulia (ITA)/ Planica (SLO) HS102</b>			
<b>27.01-05.02.2023</b>		<b>FIS Nordic Junior World Ski Championships, Whistler (CAN) HS104</b>			
<b>VI. Period</b>					
11.02.23	Sat	<del>Klingenthal (GER) HS 140</del>		Sczcyrk (POL) HS104	Sczcyrk (POL) HS104
12.02.23	Sun	<del>Klingenthal (GER) HS 140</del>		Sczcyrk (POL) HS104	Sczcyrk (POL) HS104
18.02.23	Sat	Rena (NOR) HS139		Villach (AUT) HS98	Villach (AUT) HS98
19.02.23	Sun	Rena (NOR) HS139		Villach (AUT) HS98	Villach (AUT) HS98
25.02.23	Sat	Brotterode (GER) HS117	Brotterode (GER) HS117		
26.02.23	Sun	Brotterode (GER) HS117	Brotterode (GER) HS117		
<b>VII. Period</b>					
03.03.23	Fri	Iron Mountain (USA) HS133			
04.03.23	Sat	Iron Mountain (USA) HS133		Oberhof (GER) HS100	Oberhof (GER) HS100
05.03.23	Sun	Iron Mountain (USA) HS133		Oberhof (GER) HS100	Oberhof (GER) HS100
09.03.23	Wed			<del>Zakopane (POL) HS134</del>	
10.03.23	Thu			<del>Zakopane (POL) HS134</del>	
11.03.23	Sat	Zakopane (POL) HS134			
12.03.23	Sun	Zakopane (POL) HS134			
17.03.23	Fri		Lahti (FIN) HS130		
18.03.23	Sat	Lahti (FIN) HS130	Lahti (FIN) HS130		
19.03.23	Sun	Lahti (FIN) HS130			

\*to be confirmed

\*\* to be confirmed by NSA



\*\*\*dates to be confirmed