

## Cross-Country FIS Points List 2022/2023

### Dates of the lists

List N°	Results from	Results until	* Uploaded results	Valid from	Valid to
1 <sup>st</sup> FIS points list	01.07.2020	19.06.2022	21.06.2022	23.06.2022	12.10.2022
2 <sup>nd</sup> FIS points list	01.07.2021	09.10.2022	11.10.2022	13.10.2022	23.11.2022
3 <sup>rd</sup> FIS points list	22.11.2021	20.11.2022	22.11.2022	24.11.2022	21.12.2022
4 <sup>th</sup> FIS points list	20.12.2021	18.12.2022	20.12.2022	22.12.2022	11.01.2023
5 <sup>th</sup> FIS points list	10.01.2022	08.01.2023	10.01.2023	12.01.2023	08.02.2023
6 <sup>th</sup> FIS points list	31.01.2022	05.02.2023	07.02.2023	09.02.2023	08.03.2023
7 <sup>th</sup> FIS points list	07.03.2022	05.03.2023	07.03.2023	09.03.2023	29.03.2023
8 <sup>th</sup> FIS points list	28.03.2022	26.03.2023	28.03.2023	30.03.2023	28.06.2023

The FIS points lists 2022/23 are valid from Thursday (calculation Wednesday evening at 18:00 hrs CET) to respect the time difference between Europe and USA/CAN!

\* The xml results must be uploaded correctly on FIS Website **at latest on Tuesday at 11:00 hrs CET at the above noted “ \* uploaded results” date**, otherwise the results will be taken into consideration for the next FIS points list..

FIS Nordic Junior World Ski Championships, Whistler (CAN), 27.01.-05.02.2023  
 FIS Nordic World Ski Championships, Planica (SLO), 21.02.-05.03.2023

Oberhofen, 20.05.2022