

FIS SKI JUMPING CONTINENTAL CUP + FIS CUP

Long term 2022 - 27

Date	Day	COC Men	COC Women	FIS Cup Men	FIS Cup Women
I. Period					
30.07.22	Sat			Otepää (EST)	Otepää (EST)
31.07.22	Sun			Otepää (EST)	Otepää (EST)
12.08.22	Fri			Frenstat (CZE)	
13.08.22	Sat			Frenstat (CZE)	
20.08.22	Fri			Szczyrk (POL)	Szczyrk (POL)
21.08.22	Sat			Szczyrk (POL)	Szczyrk (POL)
26.08.22	Fri				Einsiedeln (SUI)
27.08.22	Sat			Einsiedeln (SUI)	Einsiedeln (SUI)
28.08.22	Sun			Einsiedeln (SUI)	
03.09.22	Sat	Lillehammer (NOR)	Lillehammer (NOR)	Kranj (SLO)	Kranj (SLO)
04.09.22	Sun	Lillehammer (NOR)	Lillehammer (NOR)	Kranj (SLO)	Kranj (SLO)
II. Period					
10.09.22	Sat			Villach (AUT)	Villach (AUT)
11.09.22	Sun			Villach (AUT)	Villach (AUT)
17.09.22	Sat	Stams (AUT)			
18.09.22	Sun	Stams (AUT)			
24.09.22	Sat	Klingenthal (GER)			
25.09.22	Sun	Klingenthal (GER)			
07.10.22	Fri	Lake Placid (USA)	Lake Placid (USA)		
08.10.22	Sat	Lake Placid (USA)	Lake Placid (USA)		
09.10.22	Sun	Lake Placid (USA)	Lake Placid (USA)		
III. Period					
03.12.22	Sat	Vikersund (NOR)	Vikersund (NOR)	Falun (SWE)	Falun (SWE)
04.12.22	Sun	Vikersund (NOR)	Vikersund (NOR)	Falun (SWE)	Falun (SWE)
10.12.22	Sat	Ruka (FIN)			
11.12.22	Sun	Ruka (FIN)			
16.12.22	Fri		Notodden (NOR)	Notodden (NOR)	
17.12.22	Sat		Notodden (NOR)	Notodden (NOR)	
IV. Period					
27.12.22	Tue	Engelberg (SUI)			
28.12.22	Wed	Engelberg (SUI)			
07.01.23	Sat	Kranj (SLO)*		Zakopane (POL)	
08.01.23	Sun	Kranj (SLO)*		Zakopane (POL)	
V. Period					
12.01-22.01.2023		FISU World University Games, Lake Placid (USA)			
14.01.23	Sat	Sapporo (JPN)			
15.01.23	Sun	Sapporo (JPN)			
21.01.23	Sat	Bischofshofen (AUT)	Bischofshofen (AUT)		
22.01.23	Sun	Bischofshofen (AUT)	Bischofshofen (AUT)		
21.01-28.01.2023		EYOF Friuli-Venezia-Giulia (ITA)/ Planica (SLO)			
27.01-05.02.2023		FIS Nordic Junior World Ski Championships, Whistler (CAN)			

*to be confirmed

30.09.2021

** to be confirmed by NSA

***dates to be confirmed

Date	Day	COC Men	COC Women	FIS Cup Men	FIS Cup Women
28.01.23	Sat	Iron Mountain (USA) *			
29.01.23	Sun	Iron Mountain (USA) *			
04.02.23	Sat	Iron Mountain (USA) *			
05.02.23	Sun	Iron Mountain (USA) *			
VI. Period					
18.02.23	Sat	Rena (NOR)		Villach (AUT)	Villach (AUT)
19.02.23	Sun	Rena (NOR)		Villach (AUT)	Villach (AUT)
25.02.23	Sat	Brotterode (GER)***	Brotterode (GER)***		
26.02.23	Sun	Brotterode (GER)***	Brotterode (GER)***		
VII. Period					
11.03.23	Sat	Zakopane (POL)			
12.03.23	Sun	Zakopane (POL)			
17.03.23	Fri		Lahti (FIN)**		
18.03.23	Sat	Lahti (FIN)	Lahti (FIN)**		
19.03.23	Sun	Lahti (FIN)			

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