

RUKA (FIN)

25.11.–28.11.2021

Competition Program – Men's Ruka Tour

Date	Format	Hill/Course	SJ/XC
Fri, 26.11.	Ind. Gundersen	HS 142, 2.5 km lap	1 jump / 5 km
Sat, 27.11.	Ind. Gundersen	HS 142, 2.5 km lap	1 jump / 10 km
Sun, 28.11.	Ind. Gundersen	HS 142, 2.5 km lap	1 jump / 10 km

The **Event Program** (LOC time = CET + 1h) can be found in the [FIS Calendar](#) via the yellow button on the right.

2020/21 podium

Competition	1st	2nd	3rd
Ind. Gundersen	Jarl Magnus Riiber (NOR)	Johannes Lamparter (AUT)	Jens Lurås Oftebro (NOR)
Ind. Gundersen	Jarl Magnus Riiber (NOR)	Eric Frenzel (GER)	Akito Watabe (JPN)
Ind. Gundersen	Jens Lurås Oftebro (NOR)	Fabian Riessle (GER)	Manuel Faisst (GER)

Media Contacts

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Media Information

1. Accreditation

- More information about the Accreditation Office and its opening hours will be published closer to the event. For the updated information, please visit: <http://en.rukanordic.com/media/>

Print Media & Photographers

- Press, photographer and online media (without video rights) accreditation requests: <https://gatehq.fi/ruka-nordic/index.php/media-accreditation/print?language=en&eventId=3>

Accreditation for all TV, radio & online media (video):

- Accreditations for TV, Radio, production and internet companies requesting to film footage of the Event, are to be submitted directly to the TV & Media rights holder of this Event, Infront Sports & Media AG: kindly address such requests to rights@infrontsports.com, elisa.dalben@infrontsports.com and elena.colasanti@infrontsports.com.

The deadline for applications is Friday, November 5th, 2021.

2. Race Office

- The Race Office is located at Hotel Scandic Congress Centre
Opening times: daily from 09:00 to 20:00.

Please note that the opening hours are preliminary, and they might change.

3. Covid-19 Rules and Regulations

- Please familiarize yourself with Ruka Nordic's Covid-19 Concept <https://en.rukanordic.com/covid-info/>
- Ruka Nordic also follows the FIS Covid-19 Media Guidelines at its event. Please read the guidelines carefully: https://assets.fis-ski.com/image/upload/v1633518428/fis-prod/assets/FIS_Covid-19_Media_Guidelines_2021-22.pdf

4. Media Centres

Media Centre: The Ruka Nordic Media Center is located at Rukan Kokouskeskus (Ruka Meeting Center) on the second floor, about 200 m from the stadium.

Opening hours: Thursday–Sunday from 09:00 to 21:30.

Sub-Media Centre: Located in the Stadium building (2nd floor).

- **Opening hours:** Thursday – Sunday from 09:00 to 21:30.

Please note that the opening hours are preliminary, and they might change. For updated information please visit: <http://en.rukanordic.com/media/>

5. Photographers

- **Photo briefing:** There will be a photographers' coordination meeting. The time and date for this will be published on Ruka Nordic's website in November. www.en.rukanordic.com/media > for photographers
- **Photo bibs:** The photo bibs will be available at the Media Centre after the Photo Briefing on Thursday. There will be a 20€ deposit per bib which will be refunded upon returning the bib after the event. Please bring the bibs back until **one hour after the end of the last event** at the latest. **The photo bibs MUST be worn for the duration when in the event area and especially during the races.**
- **Photo positions:** The photo positions (4) are shown in the Map. www.en.rukanordic.com/media > maps
Jumping Hill: Please note that there has to be a safety distance of 2 metres before and after the wind measurement devices on the stairs on the sides of the hill. Please follow the instructions of the distance measurers in regard to this. On the **track**, photographers must also choose their shooting locations carefully so that they do not disturb the TV cameras or cover advertising banners on site. The entire stadium is a clean zone and photo positions inside it are not available. Please follow the instructions of the security staff.
- **Ceremonies:** Ceremonies can be photographed from the photo tribune in the finish. Access to the finish area will not be possible.

6. Accommodation

- The organizing committee can help you with finding the accommodation for the event. Please contact nordic@ruka.fi for further information.
- **Deadline for accommodation reservations is November 1st, 2021**

7. Transport

- **Official airport:** Kuusamo.
There is an airport shuttle from Kuusamo Airport – Hotel Kuusamon Tropiikki – Ruka Village for the price of 10 €/one-way.
- **Shuttle service:** The Ski Bus is available in ski resort area and between the Hotel Kuusamon Tropiikki and Ruka Village. Bus is free of charge with the media accreditation.
- **Parking:** There are no private parking lots for the media. We recommend that you leave your car in the indoor parking hall Ruka Parking at Ruka village. Address: Rukankyläntie 6

8. Visa Regulations

- Remember that citizens of some countries will need visa for visiting Finland. Please check with your embassy if you need a visa for Finland.
- For an official letter of invitation, please send a request to seppo.linjakumpu@rukanordic.com.

10. Media & Communications

<http://www.rukanordic.com>

<https://www.facebook.com/rukanordic>

<https://twitter.com/RukaNordic>

<https://www.instagram.com/rukanordic/>

<https://www.youtube.com/channel/UCDPTQrgtBt33Fj7Y4gz0Etw/videos>

#rukanordic

11. Maps

All the updated maps can be found at en.rukanordic.com/media > maps.