

To the  
- National Ski Associations

For information to:  
- World Anti-Doping Agency  
- Relevant National Anti-Doping Agencies

**INTERNATIONAL SKI FEDERATION**

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Oberhofen, June 2021

**FIS International Registered Testing Pool as of June 2021**

Dear Mr. President,  
Dear Ski and Snowboard friends,

The commitment of FIS and member National Ski Associations to doping free sport is fundamental to the integrity of our disciplines and organisations.

The updated International Registered Testing Pool (FIS RTP) is defined according to the latest version of the FIS Risk Assessment across all its disciplines. This includes amongst others, valid end of the competition season standings/rankings. It has been established as per the FIS Anti-Doping Rules 2021 in accordance with the World Anti-Doping Code (WADC).

Please be informed that since the year 2021, the FIS is now operating a two-level Testing Pool system.

Level 1 – FIS Registered Testing Pool (FIS RTP)  
Level 2 – FIS Additional Testing Pool (FIS ATP)

The difference is that athletes included in the newly established FIS ATP are subject to less-stringent whereabouts requirements.

Please find enclosed the list of athletes from your National Ski Association in the FIS International Registered Testing Pool with immediate effect. They are therefore obliged to comply with the whereabouts requirements according to WADC article 2.4 (Whereabouts requirements), respectively Annex I of the WADA International Standard for Testing and Investigations. It is the responsibility of the National Ski Association to inform your athletes of their inclusion in the FIS International Registered Testing Pool and the subsequent requirements.

It is important that athletes understand the content of this notice, as it explains their obligations and the applicable consequences if they fail to comply with such obligations.

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### Whereabouts Information

New athletes have a 14 day deadline to submit their Whereabouts. Athletes who are already in the FIS RTP are already providing their Whereabouts in accordance with the regulations.

Please note that every athlete will remain in the FIS RTP (also after the end of the official season) until they are informed by FIS that this is no longer the case, or if they officially retire from competition, in which case they will need to notify FIS accordingly, in writing.

### Testing – Covid-19 measures

Due to the COVID-19 outbreak during the end of the last competition season, testing had to be reduced in order to respect and follow national Covid-19 health rules and guidelines. Enclosed you will find a document outlining the higher protection measures that have been adopted for doping controls by FIS to comply with the necessary measures. Please share this information with the athletes, in order that they know what they can expect and what safety measures they can request. It will also be provided to them at every doping control.

### Education

Please pay special attention to the new requirement to undergo Anti-Doping Education. This is mandatory for all Athletes included in the International Registered Testing Pool (FIS RTP) as well as athletes competing at the FIS Junior World Championships. Please find more information in this communication

### FIS Anti-Doping Rules 2021

The new rules came into force January 2021, for more information and a red-lined version please refer to: [Anti-Doping \(fis-ski.com\)](https://www.fis-ski.com/anti-doping)

## **I INTERNATIONAL REGISTERED TESTING POOL**

### **Required Whereabouts information**

It is a requirement for Athletes included in the FIS RTP to notify FIS of where they will be for each day of the next quarter, i.e for each day of the period from now on to September, October to December, January to March, April to June, by providing the following information:

1. A complete mailing address and personal e-mail address.
2. For each day during the forthcoming quarter (including weekends), athletes must provide accurate and complete information about the Whereabouts, including identifying where they will be living, training and competing. If plans change, an update is required!
  - a) **Residence:** the athlete must provide the full address of the place where he/she will be residing (i.e. sleeping overnight). Usually, that address would be expected to be in the same vicinity as the location specified for the 60-minute time slot for that day, unless the athlete will be travelling to another city during the day and wishes to specify a location at his/her destination for the time slot. The residence is presumed to be the location where the athlete will be going to sleep on that night. It is assumed therefore that the following morning the athlete will be in the same location.
  - b) **Regular Activities:** the athlete must provide name/address of each location where he/she will train, work or conduct any other regular activity during the quarter, and the usual timeframes for such regular activities.

3. For each day (including weekends), athletes must specify one specific 60-minute time-slot between 05:00 and 23:00 where he/she will be available for testing at that location. This does not limit in any way the obligation to submit to Testing at any time and place upon request by FIS. Nor does it limit the obligation to provide the information outside the 60-minute time slot.
4. The quarterly information must be sent the latest by the 15<sup>th</sup> of the previous month ( e.g. for July-September the whereabouts must be submitted the latest by 15<sup>th</sup> June)
5. The competition/event schedule, including the name and address of each location where are scheduled to compete during the quarter and the date/s at which the athlete is scheduled to compete at such locations.
6. Any additional information deemed necessary to enable any ADO to locate the Athlete for Testing.

Whereabouts information has to be up-to-date all the time and the addresses have to be precise. For example, only the name of a town instead of the full address or remarks such as “please ask my National Ski Association (or Organising Committee of a competition) for the address” is likely to result in an unsuccessful attempt to test the Athlete and can therefore result in a Whereabouts Failure.

Whereabouts filing will be shared with other Anti-Doping Organisations (ADOs) who have the authority to conduct testing. Please note that any other ADO with the requisite authority under the World Anti-Doping Code may test an athlete in the FIS RTP at any time, whether using the whereabouts information that he/she is providing or otherwise.

### **How to provide the information**

For providing Whereabouts information, athletes must use the on-line system ADAMS, a secure web-based system that allows to comply with the whereabouts information required. ADAMS also offers an App called “Athlete Central”, more information can be found here: <https://www.wada-ama.org/en/what-we-do/adams/adams-next-gen/athlete-central> .  
ADAMS Help: [ADAMS User Guide for Athletes - ADAMS Knowledge Base - English - ADAMS Knowledge Base \(wada-ama.org\)](#)

For new athletes in the RTP who are not yet registered to use the ADAMS system, the athlete needs to obtain a password. He/she needs to send an e-mail (indicating his/her full name, nationality, sport discipline, date of birth and FIS Code) to FIS Anti-Doping ([antidoping@fisski.com](mailto:antidoping@fisski.com)) and he/she will receive a password, as well as instructions.

### **How to update Whereabouts information**

It is sometimes not possible to know in advance the exact whereabouts on each day in the next quarter. Nonetheless, the athlete should be sure to meet the filing deadline and provide the required details for each day to the best of his/her knowledge.

If the plan changes after the athlete has made the initial filing, he/she should immediately update the information. The Whereabouts can be updated at any time. The important thing is that the information that is filed is accurate at all times. Athletes are urged to communicate their updates as soon as they become known in order to allow an appropriate test planning. (e.g. a location is changed 5 minutes before the one-hour testing slot from place A to place B,

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whereby place B is in around 300 km distance from place A, this can result in an investigation for an anti-doping rule violation for Evasion of sample collection (Code art. 2.3) and/or Tampering or Attempted Tampering with doping control (Code art. 2.5), since this information was not updated when it became known.)

Updates via SMS should be limited for short durations, and only for the same and/or next day, and not for a longer period in the future.

- Athletes can update their information directly in ADAMS or through the ADAMS App (Athlete Central)
- Athletes can register their mobile phone number in ADAMS and send text messages directly to the ADAMS system (after registering the mobile phone number in the ADAMS system) – How it works: <http://adams-docs.wada-ama.org/display/EN/Activating+SMS>

In the unlikely event that ADAMS and/or Athlete Central are not available, and athletes cannot update their whereabouts information using SMS, they should email us their whereabouts update to [antidoping@fiski.com](mailto:antidoping@fiski.com) (marked "Private and Confidential").

### **Sanctions for non-compliance**

A failure without adequate reasons of the athlete to file the required whereabouts information in advance of every quarter, may constitute a „Filing Failure“ under the FIS ADR.

It is also very important that the information about the whereabouts, is updated as soon as any change of plans is known, to ensure this information remains accurate and complete at all times. The athlete has to be available for testing at the declared whereabouts if a Doping Control Officer (DCO) attempts to test the athlete. A failure to do so without an adequate reason may constitute a Filing Failure under the FIS ADR.

Furthermore a failure to be available without adequate reasons at the whereabouts specified by the athlete for the 60-minute time-slot may result in a „Missed Test“ under the FIS ADR.

If the athlete commits three Filing Failures and/or Missed Tests during a 12-month period, this may constitute an anti-doping rule violation, for which the sanction is two (2) years, subject to reduction down to a minimum of one (1) year, depending on the Athlete's degree of Fault (first offence) or more (for second and subsequent offences).

*Please note that depending on the facts also a single Whereabouts failure could amount to an anti-doping rule violation under Code Article 2.3 (Evading Sample Collection) and/or Code Article 2.5 (Tampering or Attempted Tampering with Doping Control).*

### **Results Management of Whereabouts failures**

Please note that FIS has made an agreement (as in the previous seasons) with the International Testing Agency - ITA (<https://ita.sport/>) regarding handling the issues related to Whereabouts failures (Missed Test, Filing failures) and you will receive emails directly from [fis@ita.sport](mailto:fis@ita.sport) . The results management process is handled by this external organisation on behalf of FIS.

## **Personal responsibility**

An athlete may wish to have a coach, ski association staff member or agent, etc. assist in complying with these whereabouts requirements. It is permitted for the athlete to do so, however, the athlete remains personally responsible for any failure to comply with the requirements of the Anti-Doping Rules.

## **Confidentiality**

The information the athlete provides through ADAMS is stored safely and securely, maintained and treated in strict confidence at all times. It will be accessed on a need-to-know basis only by any authorized individuals acting on behalf of FIS, WADA and any ADO with testing authority over the athlete. All such organisations have accepted the same confidentiality obligations. The information provided by the athletes will be used exclusively for the purpose of doping control and will be destroyed in accordance with the International Standard for the Protection of Privacy and Personal information (ISPPPI) once it is no longer relevant.

## **Therapeutic Use Exemptions – Note Update 2021**

As an International-Level athlete (=competing at FIS World Cup, World Championships, Junior World Championships or Olympic Winter Games level) it is in principle necessary to obtain a TUE approval from FIS.

Where the Athlete already has a TUE granted by their National Anti-Doping Organisation pursuant to Article 4.4. of the Code for the substance or method in question, and provided that such TUE has been reported in accordance with Article 5.5 of the WADA International Standard for Therapeutic Use Exemptions, FIS will automatically recognise it for purposes of International-level Competition without the need to review the relevant clinical information.

Please also refer to the WADA TUE checklists that aim to provide guidance and support to athletes and their physicians during the application process:

[WADA - checklists for therapeutic use exemption](#)

## **Retirement and return to competition**

If an Athlete who is qualified for the FIS Registered Testing Pool has retired, he/she has to send the retirement form to FIS (enclosed). If the Athlete decides to return to competition, re-registration by his/her National Ski Association must be in accordance with the FIS Anti-Doping Rules art. 5.6, namely art. 5.6.1 “[...] *the athlete shall not compete in International Events or National Events until the athlete has made himself or herself available for Testing, by giving six (6) months prior written notice to FIS and their National Anti-Doping Organisation.*”.

## **II TESTING PROCEDURES during the COVID-19 Pandemic**

In line with guidance from the WADA, FIS contracted service providers for doping controls have put a set of protection measures in place. These can be found in the document enclosed to this letter (*Information COVID-19 Doping Controls for Athletes*). Most NADOs have as well put similar measures in place and information on these can be requested directly from your national agency.

Additionally, WADA has provided an updated Questions&Answers document for Athletes which can be accessed here: [COVID-19 Updates | \(wada-ama.org\)](https://www.wada-ama.org/fr/actualites/actualites/2020/07/01/COVID-19-Updates)

### III MANDATORY ANTI-DOPING EDUCATION

In accordance with the World Anti-Doping Code anti-doping education is mandatory. The aim of this mandatory element is to make sure that athletes have access to education and this will be enforced more actively by the National Ski Associations in cooperation with the National Anti-Doping Agencies (NADOs). A list of persons who have completed anti-doping education will be published on FIS' website. In coordination and on the initiative of the FIS Athletes Commission the specific programme has been established and approved by the FIS Council:

#### For whom anti-doping education becomes mandatory?

- Athletes included in the FIS Registered Testing Pool & FIS Additional Testing Pool
- Athletes competing at the FIS Junior World Championships

#### Which anti-doping education system must be completed?

FIS provides access to the educational system developed by WADA, named "ADeL" (Anti-Doping e-learning Platform). A Guide can be found enclosed to this communication. FIS also accepts completion of anti-doping education provided at national level (e.g. by the National Anti-Doping Agency), on-line or in-person training.

#### Summary of approved certificates:

- WADA ADeL System (System will generate a certificate at the end)
- System provided by the NADO (Certificate required)
- In-person educational activity provided by the NADO (confirmation of attendance required)

#### How to provide proof of completed education?

The athletes send their "certificate" to the National Ski Association to provide an overview to FIS on who has completed the education and when.

Please use the enclosed excel-sheet "Anti-Doping Education list for RTP athletes" in order to provide an overview of the education status of your RTP Athletes.

#### How long is the certificate valid?

The education shall be repeated at least every 2<sup>nd</sup> year.

#### What is the deadline?

Athletes included in the Registered and Additional Testing Pool are required to complete an education by end of October 2021.

Athlete attending FIS Junior World Championships shall complete in advance of the respective event. FIS will also offer an on-site option to complete the education.

## IV INTEGRITY HOTLINE

FIS has an integrity partnership with Global Sports Investigations. Breaches of governance and ethical matters as provided for in the FIS Code of Ethics, Anti-Corruption and Betting Rules, FIS Safe Snow Policy and the FIS Anti-Doping Rules can be reported to the external Whistleblower Hotline. Confidentiality is guaranteed by Global Sports Investigations. (direct link for reporting: <https://integrityunit.com/fis-integrity-hotline/> )

Integrity Hotline: +44 (0)207 034 3403  
Integrity Email: [fis@integrityunit.com](mailto:fis@integrityunit.com)

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All information regarding FIS Anti-Doping, whereabouts information, forms as well as ADAMS can be downloaded from the FIS Website: <https://www.fis-ski.com/en/inside-fis/governance/fis-anti-doping>

**To confirm receipt of this notice, please print out the enclosed list of athletes, sign it and return it at your earliest convenience to FIS by mail, email [antidoping@fisski.com](mailto:antidoping@fisski.com) or via Fax to +41 33 244 6171.**

**Additionally** we are asking that the enclosed **athletes acknowledging form** is being **signed by each athlete personally** (please send to [antidoping@fisski.com](mailto:antidoping@fisski.com)). This form has to be signed only at the time of inclusion in the pool, and does not need to be signed every year again. **All athletes who have returned this form in the last year, do therefore not need to sign this again.** We thank you already in advance for the additional efforts on this.

We realise there is considerable work involved for all persons concerned: FIS, National Ski Associations, team officials and especially the athletes, but these are obligatory responsibilities to commit to the fight against doping.

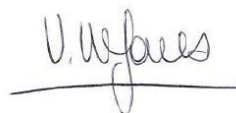
Please do not hesitate to contact FIS Anti-Doping (email: [antidoping@fisski.com](mailto:antidoping@fisski.com)) should you have further questions or require assistance.

With kind regards

INTERNATIONAL SKI FEDERATION



Philippe Gueisbuhler  
Director



Vanda Wallace-Jones  
Anti-Doping Coordinator

## Enclosures

- List of Athletes qualified for the FIS Testing Pools (RTP/ATP) as of June 2021
- Anti-Doping Education list for RTP/ATP athletes (Excel sheet)
- Info Sheet for FIS RTP Athletes
- RTP Athletes acknowledgement form
- Retirement form
- FIS Information COVID-19 Doping Controls for Athletes (English)
- ADeL – Instructions Anti-Doping E-Learning programme (English)

Link to enclosures: <https://cloud.fis-ski.com/index.php/s/ID6MxPGMvc6ECQZ>