The following athletes are qualified for the 3rd period:

<table>
<thead>
<tr>
<th>Name of the Cup</th>
<th>Women</th>
<th>Men</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australia/NZE Cup</td>
<td>PAUL Katerina, (AUS)</td>
<td>BELLINGHAM Phillip, (AUS)</td>
</tr>
<tr>
<td>Balkan Cup</td>
<td>HADZIC Tena (CRO)</td>
<td>PEPENE Paul Constantin (ROU)</td>
</tr>
<tr>
<td>Eastern Europe Cup</td>
<td>VASILIEVA Lilia (RUS)</td>
<td>LARKOV Andrey (RUS)</td>
</tr>
<tr>
<td>Far East Cup</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NorAm Cup (CAN)</td>
<td>STEWART-JONES Katherine, (CAN)</td>
<td>CYR Antoine, (CAN)</td>
</tr>
<tr>
<td>OPA Cup</td>
<td>DI CENTA Martina (ITA)</td>
<td>ESTEVE ALTIMIRAS Ireneu (AND)</td>
</tr>
<tr>
<td>Scandinavian Cup</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Slavic Cup</td>
<td>KALETKA Karolina (POL)</td>
<td>KACPER Antolec (POL)</td>
</tr>
<tr>
<td>US Super Tour</td>
<td>SONNESYN Alayna (USA)</td>
<td>WONDERS Hunter (USA)</td>
</tr>
</tbody>
</table>

Rules, see next page.
EXCERPT - RULES FIS CROSS-COUNTRY WORLD CUP 2020-2021

3.1.4 Additional quotas COC leaders or winners

The Overall Winners from the previous season’s COC have the right to start in the 1st World Cup period in the following season (beginning 2019-2020 season).

The leaders (women and men) of all COC Cups at the following dates have the right to start in World Cup competitions during the next World Cup period:

1st World Cup Period 2020-2021: COC Winners season 2019-2020
2nd World Cup Period 2020-2021: Leaders at 29th December 2020
3rd World Cup Period 2020-2021: Leaders at 19th January 2021 (if Ulricehamn is moved to 06th-07th Feb.)
4th World Cup Period 2020-2021: Leaders at 16th February 2021
5th World Cup Period 2020-2021: Leaders at 08th March 2021

A valid list of these qualified athletes will be published on the FIS website. Each COC Coordinator is responsible to send the names of the qualified athletes to the FIS Office (aschhoff@fisski.com) according to the following deadlines:

1st World Cup Period 1st November 2020
2nd World Cup Period 29th December 2020
3rd World Cup Period 19th January
4th World Cup Period 16th February 2021
5th World Cup Period 08th March 2021

These additional quotas are nominative, the athletes cannot be substituted if they cannot start due to force majeure.

The athletes have to reach the World Cup entry requirements (see art. 3.2).

The winners and the current leaders (1 person per gender) of these Continental Cups will get reimbursement according to art. 10.1.

In case of a tie, the spot will be awarded according to the following principle:
If two or more competitors score the same number of points, the spot will be given to the competitor who has:
   b) the highest number of individual COC wins
   c) the best results (i.e. most 2nd places, most 3rd places, etc.)
If the competitors are still equal, they will all get an additional quota.

Cancellation of COC events:
If no event can be organised before the start of the 2nd World Cup period (Tour de Ski), the winners from the previous season have the right to start during the 2nd World Cup period.
If no event can be organised before the start of the 3rd World Cup period the relevant COC will lose its right for the additional COC quota for the 3rd World Cup period.
If no event can be organised before the start of the 4th World Cup period the relevant COC will lose its right for the additional COC quota for the 4th World Cup period.
If no event can be organised before the start of the 5th World Cup period the relevant COC will lose its right for the additional COC quota for the 5th World Cup period.
For the 2020-2021 World Cup season, NorAm and US Super Tour have the right to establish their own qualification system for the additional COC quota for the World Cup periods 3, 4 and 5.

3.2 World Cup Entry Requirements

3.2.1 The quota is valid under the condition that every individual competitor (women and Men) has an active FIS code number and has reached during the last 365 days at least one (1) result better than or equalizing:

Sprint World Cup:
- 120 FIS Points (Sprint or Distance).

Distance World Cup:
- 60 FIS Distance points Men
- 90 FIS Distance points Women
- 120 FIS Distance Points for the athletes from the National Group (art. 3.1.5)

3.2.2 Exception for the NSAs not carrying out a FIS World Cup

Each FIS affiliated National Ski Association not carrying out a FIS World Cup can register in the distance competitions one (1) competitor per gender if they have reached at least one (1) result better than or equalizing 120 FIS Distance Points during the last 365 days.