



18th FIS Youth and Children's Seminar

Solutions for Integrating COVID-19 Measures



Dimitrije **LAZAROVSKI**

FIS Development Manager

Housekeeping



All participant cameras and
microphones have been muted by
default



Please share your questions with us
using the chat function to the right of
your screen

Agenda

Introduction and Status Overview

- - *Dimitrije Lazarovski, FIS Development Manager*

What are the FIS Prevention Guidelines

- *Dr. Jenny Shute, Vice-Chair of the Medical Committee*
- *Sarah Fussek, FIS Integrity Manager*

Practical Experiences

- *Sandro Pertile, FIS Race Director Ski Jumping*

Questions and Answers

- *Dr. Jenny Shute, Vice-Chair of the Medical Committee*
- *Damjan Jernej, Athlete Commission member*
- *Sarah Fussek, FIS Integrity Manager*
- *Sandro Pertile, FIS Race Director Ski Jumping*



FIS Support to facilitate competitions

- **National Ski Associations and Teams** - facilitate travel: i.e. letters to national authorities, contact through sports / diplomatic channels - elite athlete quarantine exemption
- **Organisers** - TD, Jury, Judges assignments adapted
- **General** - Interact with authorities, health and sports organisations: IOC / WHO, communicate and news and developments to all stakeholders
- **FIS is permanently available to provide assistance wherever possible**

TD / Jury / Judges Assignments

- World Cup TDs may be assigned from different regions if they are not subject of potential higher risk nation/region - FIS Covid-19 Passport will be required;
- All other TD assignments will be done locally and/or regionally;
- Follow Local Organising Committee and follow up on National/Local Health organisation guidelines;
- Local Organising Committee will provide Covid-19 Prevention Measures document according to National Health regulations in addition to Race Invitation information

FIS Snowflake – Protection Model



Summary

- **Protect** health and **welfare** of **participants**
- Serve as **role model** to society to **trust** in Sport
- **Successfully** stage the **FIS World Championships 2021** and the **FIS World Cup** series
- Carry out as many FIS competitions as possible at other levels
- To **achieve** the objectives requires **commitment, discipline, tolerance, flexibility** and **fair play**



Sarah
FUSSEK

FIS Integrity Manager

Dr. Jenny
SHUTE

Vice-Chair of the FIS Medical Committee



What are the FIS Covid-19 Prevention guidelines?

presented by Sarah Fussek

FIS C-19 Prevention Guidelines

- Development
- Experts involvement
- Where to find
- Main Points of the Document & Other Sources
- Practical aspects and recommendations – Managing the Risks
- Here to support you



Development

- First version published in June (**summer version**)
- Basic information on the **Virus**
- Targeted for all **FIS stakeholders**
- **Basic guidance** on how to **jointly** get prepared
- **Feedback** from FIS Race management challenges (end season 2020)
- Sources: WHO, Other IFs, IOC, FIS Medical Group
- Status: **winter version** published in September

Experts Involvement

FIS COVID-19 MEDICAL SUPPORT GROUP

Dr. Hubert Hoerterer (GER) – Alpine Skiing

Dr. Jenny Shute (GBR) – Freestyle Ski & Snowboard

Dr. Inggard Lereim (NOR) – IOC WG liaison

Dr. Stanislaw Szymanik (POL) - Nordics

Dr. Wolfgang Schobersberger (AUT) – Alpine Skiing

FIS COVID-19 EXPERT FOR TESTING AND HYGIENE

Dr. Rasmus Damsgaard (DEN)

Where to Find Information

FIS COVID-19 HUB : <https://www.fis-ski.com/en/inside-fis/covid-19-hub>

FIS RESOURCES

FIS World Cup Risk Management Covid-19 Testing Protocol.pdf

09.09.2020

FIS Covid-19 Prevention Guidelines.pdf

09.09.2020

Covid-19 Prevention Risk Management Seminar 1 Presentation.pdf

09.09.2020

Frequently Asked Questions

You can find an extensive Q&A database with the most frequently asked questions about the FIS World Cup Risk Management Covid-19 Testing Protocol and the FIS Covid-19 Prevention Guidelines [here](#).

You can also submit your questions and the answers will be added to the Q & A list asap.

FIS Webinars

To inform about the latest developments, measures and activities in relation to FIS Covid-19 prevention for the upcoming winter competition programme, FIS is hosting webinars for the involved stakeholders.

Webinar dates

9th of September, 2020: Covid-19 Prevention Risk Management Seminar 1

You can find a recording of the complete webinar [here](#).

Main Points

- The **FIS C-19 Prevention Guidelines** give the greatest possible protection (**Plan in Advance**, Risk Assessment, Concept)
- Simple measures are **extremely** important, **very effective** and **inexpensive**
- Assign a person to deal with C-19 measures pre- and during the event (**C-19 Coordinator**) & Close Contact with **Local Health Authorities**
- **Communication** and **Education**

Change of behavior



Managing the Risks

presented by Dr. Jenny Shute

Practical Aspects of Managing the Risks

- **Physical Distancing**
 - WHO – transmission risk 12.8% at 1m, compared with 2.6% at 2m
 - Aerosols can travel 7-8m
 - Suggest 2m distancing
- **Masks / face coverings**
- Regular **cleaning** of surfaces
- **Hand washing**

Practical Aspects of Managing the Risks

WHAT CAN WE CONTROL?

- Symptom-free participants
- Reinforce messages:
 - Physical distance
 - Masks
 - Hygiene measures, hand washing
- Advantages – outdoor sport, well ventilated, non-contact (Cross?)

Practical Aspects of Managing the Risks

SO WE SHOULD BE FINE? BUT WHAT ABOUT...?

- Team Captains' meetings
- Transport
- Accommodation
- Award ceremonies
- Start huts
- Spectators
- Media

Risk of SARS-CoV-2 transmission in different settings

considering only asymptomatic individuals

Wearing face coverings, contact for a short time							
	Low occupancy				High occupancy		
	Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated		Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated
Silent							
Speaking							
Shouting, singing							

Wearing face coverings, contact for a prolonged time							
	Low occupancy				High occupancy		
	Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated		Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated
Silent							
Speaking							
Shouting, singing							

No face coverings, contact for a short time							
	Low occupancy				High occupancy		
	Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated		Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated
Silent							
Speaking							
Shouting, singing							

No face coverings, contact for a prolonged time							
	Low occupancy				High occupancy		
	Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated		Outdoors, well ventilated	Indoors, well ventilated	Poorly ventilated
Silent							
Speaking							
Shouting, singing							

Risk of transmission low medium high

From Jones N et al BMJ 2020;370:m3223

Pre-event Information

- Pre-event information to include latest Covid-19 guidance specific to the event / region, as agreed with local health authority (LHA)
- *For the World Cup, there are strict testing protocols*
- For other events – declaration from all participants (athletes, coaches, managers) that they are symptom free. The Team Captain may make this on behalf of whole group
- Declaration should ideally highlight whether any participant has travelled from a high-risk area – LHA may require this advice

During Event Information

EXPLAIN MEASURES AT TEAM CAPTAIN MEETINGS

- Information prior to and during the event, and at TCMs, provides reassurance that you are running a Covid-safe event
- Education and reminders for athletes and spectators (main competition loudspeaker during event)
- Posters
- 100% Covid-safe events cannot be guaranteed...

Practical Aspects of Managing the Risks

ACCOMMODATION & MEALS

- Hotels will have their own rules
- Ideally keep teams separate (maybe on different floors)
- Avoid elevators, use stairs
- Remind team captains to ensure separation of their group (remain in a bubble, or 'Snowflake')
- Eat as a group, maintaining team 'snowflake'

Practical Aspects of Managing the Risks

TRANSPORT

- Ideally teams have their own transport
- Otherwise consider ways to keep teams separated
- Consider wearing of masks in any shared transport
- Ski-lifts – local rules apply

Practical Aspects of Managing the Risks

IF SOMEONE IS UNWELL

- Ensure that you have an **Isolation room** in case any athlete or participant is unwell
- Contact **LOC Coordinator/Local Health Authority** immediately
- Advise the rest of the team/staff to self-isolate and await advice
- Ideally LHA will have TESTS available
- Notify NSA/FIS; maintain confidentiality

Practical Aspects of Managing the Risks

IN SUMMARY

- Wash hands frequently – soap / hand sanitiser
- Maintain physical distance
- Masks/face coverings

Discipline

Personal responsibility

Honesty



We are here to support you
c19support@fisski.com



Sandro PERTILE

FIS Race Director Ski Jumping

What is the FIS Summer Grand Prix?

- Ski Jumping summer competition at World Cup level
- Same athletes, same sport, different surface
- Important opportunity to test new rules before World Cup season



Health Situation at the time (20th Aug. 2020)

- Wisla (POL) in a green/yellow phase
- Travel restrictions for some countries
- Covid-19 test for some countries
- Schengen zone open

Plan for competition and precautions

- First event for Ski Jumping Men after outbreak of Covid-19
- Intensive exchange of information LOC & FIS
- Evaluation of risk in each area (hotel, venue, sport zones)
- Definition of healthy measurers in each zone

Plan for competition and precautions

Main precautions:

- Basic Covid-19 rules (keep distance, clean hand, use mask)
- Dedicated ambulance, isolation room & staff in case of Covid-19 infection
- Separation between different groups of people (athletes, media, spectators)

Some examples



Team Captains Meeting

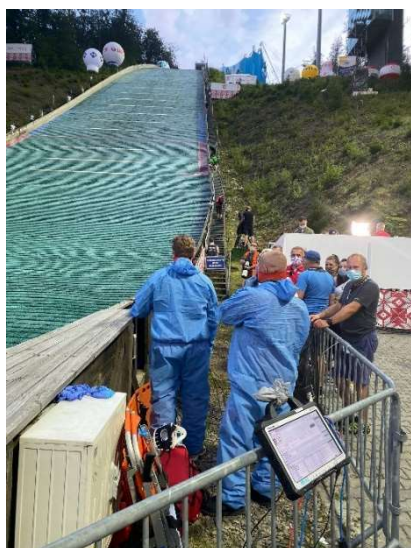


Coach Platform



Exit gate area

Some examples



Medical Staff

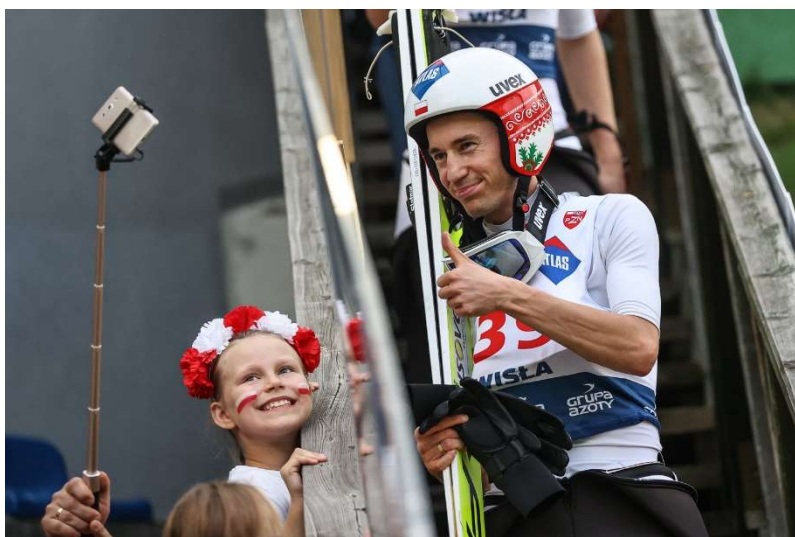


Equipment Controller



Meal box

Some examples



Distance but always Social! 😊

Personal Observations

- Feeling during weekend: always safe
- Great joy to meet people again, especially for teams
- Normal «new Covid life»
- Basic precautions worked well

Summary

- Basic rules
 - Distance
 - Cleaning
 - Mask
- Be RESPONSIBLE and DISCIPLINE
- YES, WE CAN!



Panel DISCUSSION

- **Jenny Shute**, *Member of the FIS C-19 Medical Support Group and Vice-Chair of the Medical Committee*
- **Sarah Fussek**, *FIS Integrity Manager*
- **Sandro Pertile**, *Race Director Ski Jumping*
- **Jernej Damjan**, *FIS Athletes Commission*



Thank
YOU