

To the  
- National Ski Associations

For information to:  
- World Anti-Doping Agency  
- Relevant National Anti-Doping Agencies

**INTERNATIONAL SKI FEDERATION**

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**FIS International Registered Testing Pool as of June 2020**

Dear Mr. President,  
Dear Ski and Snowboard friends,

The commitment of FIS and member National Ski Associations to doping free sport is fundamental to the integrity of our disciplines and organisations.

The new International Registered Testing Pool (FIS RTP) is defined according to the valid end of the competition season standings/rankings, as well as other factors as outlined in the rules. It has been established as per the FIS Anti-Doping Rules 2019 in accordance with the World Anti-Doping Code (WADC).

Please find enclosed the list of athletes from your National Ski Association in the FIS International Registered Testing Pool with immediate effect. They are therefore obliged to comply with the whereabouts requirements according to WADC article 2.4 (Whereabouts requirements), respectively Annex I of the WADA International Standard for Testing and Investigations. It is the responsibility of the National Ski Association to inform your athletes of their inclusion in the FIS International Registered Testing Pool and the subsequent requirements.

**Whereabouts Information**

New athletes have a 14 day deadline to submit their Whereabouts. Athletes who are already in the FIS RTP are already providing their Whereabouts in accordance with the regulations.

Please note that every athlete will remain in the FIS RTP (also after the end of the official season) until they are informed by FIS that this is no longer the case, or if they officially retire from competition, in which case they will need to notify FIS accordingly, in writing.

## Testing – Covid-19 measures

Due to the COVID-19 outbreak during the end of the last competition season, testing had to be reduced in order to respect and follow national Covid-19 health rules and guidelines. Enclosed you will find a document outlining the higher protection measures that have been adopted for doping controls by FIS to comply with the necessary measures. Please share this information with the athletes, in order that they know what they can expect and what safety measures they can request. It will also be provided to them at every doping control.

## Education

Please pay special attention to the new requirement to undergo Anti-Doping Education. This is mandatory for all Athletes included in the International Registered Testing Pool (FIS RTP) as well as athletes competing at the FIS Junior World Championships. Please find more information in this communication.

## FIS Anti-Doping Rules 2021

Furthermore, it is important to note, that the new FIS Anti-Doping Rules will be implemented in 2021 in compliance with the 2021 World Anti-Doping Code. The new rules will come into force on 1<sup>st</sup> January 2021. A summary of the changes to the regulations will be communicated in autumn 2020 for you and your team to provide support and assistance.

# I INTERNATIONAL REGISTERED TESTING POOL

## Required Whereabouts information

It is a requirement for Athletes included in the FIS RTP to notify FIS of where they will be for each day of the next quarter, i.e for each day of the period from now on, May to June, July to September, October to December, January to March, April to June, by providing the following information:

1. For each day during the forthcoming quarter (including weekends), athletes must provide accurate and complete information about the Whereabouts, including identifying where they will be living, training and competing. If plans change, an update is required!
  - a) Residence: the athlete must provide the full address of the place where he/she will be residing (i.e. sleeping overnight). Usually, that address would be expected to be in the same vicinity as the location specified for the 60-minute time slot for that day, unless the athlete will be travelling to another city during the day and wishes to specify a location at his/her destination for the time slot. The residence is presumed to be the location where the athlete will be going to sleep on that night. It is assumed therefore that the following morning the athlete will be in the same location.
  - b) Regular Activities: the athlete must provide name/address of each location where he/she will train, work or conduct any other regular activity during the quarter, and the usual timeframes for such regular activities.
2. For each day (including weekends), athletes must specify one specific 60-minute time-slot between 05:00 and 23:00 where he/she will be available for testing at that location. This does not limit in any way the obligation to submit to Testing at any time and place upon request by FIS. Nor does it limit the obligation to provide the information outside the 60-minute time slot.

3. The quarterly information must be sent the latest by the 15<sup>th</sup> of the previous month ( e.g. for July-September the whereabouts must be submitted the latest by 15<sup>th</sup> June)

Whereabouts information has to be up-to-date all the time and the addresses have to be precise. For example, only the name of a town instead of the full address or remarks such as “please ask my National Ski Association (or Organising Committee of a competition) for the address” is likely to result in an unsuccessful attempt to test the Athlete and can therefore result in a Whereabouts Failure.

### **How to provide the information to FIS**

For providing Whereabouts information, athletes must use the on-line system ADAMS. ADAMS also offers an App called “Athlete Central”, more information can be found here: <https://www.wada-ama.org/en/what-we-do/adams/adams-next-gen/athlete-central> .

For new athletes in the RTP who are not yet registered to use the ADAMS system, the athlete needs to obtain a password. He/she needs to send an e-mail (indicating his/her full name, nationality, sport discipline, date of birth and FIS Code) to FIS Anti-Doping ([antidoping@fisski.com](mailto:antidoping@fisski.com)) and he/she will receive a password, as well as instructions.

### **How to update Whereabouts information**

It is sometimes not possible to know in advance the exact whereabouts on each day in the next quarter. Nonetheless, the athlete should be sure to meet the filing deadline and provide the required details for each day to the best of his/her knowledge.

If the plan changes after the athlete has made the initial filing, he/she should immediately update the information. The Whereabouts can be updated at any time. The important thing is that the information that is filed is accurate at all times. Athletes are urged to communicate their updates as soon as they become known in order to allow an appropriate test planning. (e.g. a location is changed 5 minutes before the one-hour testing slot from place A to place B, whereby place B is in around 300 km distance from place A, this can result in an investigation for an anti-doping rule violation for Evasion of sample collection (Code art. 2.3) and/or Tampering or Attempted Tampering with doping control (Code art. 2.5), since this information was not updated when it became known.)

Updates via SMS should be limited for short durations, and only for the same and/or next day, and not for a longer period in the future.

- Athletes can update their information directly in ADAMS (also an ADAMS App available)
- Athletes can register their mobile phone number in ADAMS and send text messages directly to the ADAMS system (after registering the mobile phone number in the ADAMS system) – How it works: <http://adams-docs.wada-ama.org/display/EN/Activating+SMS>
- As an exceptional back-up option, athletes can send a SMS text message to the FIS text message service number. In order to do so it is necessary to register the mobile phone number through [antidoping@fisski.com](mailto:antidoping@fisski.com)

## **Sanctions for non-compliance**

A failure of the athlete to file the required whereabouts information in advance of every quarter, or a failure to provide accurate and complete whereabouts information will constitute a „Filing Failure“ under the FIS Anti-Doping Rules, in accordance with the World Anti-Doping Code.

Furthermore a failure to be available at the whereabouts specified by the athlete for the 60-minute time-slot is a „Missed Test“ under the FIS Anti-Doping Rules in accordance with the World Anti-Doping Code.

If the athlete commits three Filing Failures and/or Missed Tests during one 12-month period, this constitutes an anti-doping rule violation, for which the sanction is two (2) years, subject to reduction down to a minimum of one (1) year, depending on the Athlete's degree of Fault (first offence) or more (for second and subsequent offences).

*Please note that depending on the facts also a single Whereabouts failure could amount to an anti-doping rule violation under Code Article 2.3 (Evading Sample Collection) and/or Code Article 2.5 (Tampering or Attempted Tampering with Doping Control).*

## **Results Management of Whereabouts failures**

Please note that FIS has made an agreement (as in the previous season) with the International Testing Agency - ITA (<https://ita.sport/>) regarding handling the issues related to Whereabouts failures (Missed Test, Filing failures) and you will receive emails directly from [fis@ita.sport](mailto:fis@ita.sport) . The results management process is handled by this external organisation on behalf of FIS.

## **Personal responsibility**

An athlete may wish to have a coach, ski association staff member or agent, etc. assist in complying with these whereabouts requirements. It is permitted for the athlete to do so, however, the athlete remains personally responsible for any failure to comply with the requirements of the Anti-Doping Rules.

## **Therapeutic Use Exemptions**

As an International-Level athlete (=included in FIS RTP and/or competing at FIS World Cup or World Championships level) it is necessary to obtain TUE approval from FIS.

If you are a FIS RTP athlete and you already have a valid TUE approval from the national level, please re-submit the documentation to FIS to recognise (preferably through ADAMS).

Please also refer to the WADA TUE checklists that aim to provide guidance and support to athletes and their physicians during the application process:

[WADA - checklists for therapeutic use exemption](#)

(Therapeutic Use Exemption approvals issued by NADOs are automatically accepted for all non-FIS RTP athletes.)

## Retirement and return to competition

If an Athlete who is qualified for the FIS Registered Testing Pool has retired, he/she has to send the retirement form to FIS (enclosed). If the Athlete decides to return to competition, re-registration by his/her National Ski Association must be in accordance with the FIS Anti-Doping Rules art. 5.6, namely art. 5.6.2 “[...] a period of six months is required between re-registration and actual return to competition”.

## II TESTING PROCEDURES during the COVID-19 Pandemic

In line with guidance from the WADA, FIS contracted service providers for doping controls have put a set of protection measures in place. These can be found in the document enclosed to this letter (*Information COVID-19 Doping Controls for Athletes*). Most NADOs have as well put similar measures in place and information on these can be requested directly from your national agency.

Additionally, WADA has provided an updated Questions&Answers document for Athletes which can be accessed here (and also find enclosed to this communication): [https://www.wada-ama.org/sites/default/files/resources/files/20200525\\_covid-19\\_qa\\_for\\_athletes\\_updated\\_en\\_1.pdf](https://www.wada-ama.org/sites/default/files/resources/files/20200525_covid-19_qa_for_athletes_updated_en_1.pdf)

## III MANDATORY ANTI-DOPING EDUCATION

In accordance with the World Anti-Doping Code anti-doping education is mandatory. The aim of this mandatory element is to make sure that athletes have access to education and this will be enforced more actively by the National Ski Associations in cooperation with the National Anti-Doping Agencies (NADOs). A list of persons who have completed anti-doping education will be published on FIS’ website. In coordination and on the initiative of the FIS Athletes Commission the specific programme has been established and approved by the FIS Council:

### For whom anti-doping education becomes mandatory?

- Athletes included in the FIS Registered Testing Pool
- Athletes competing at the FIS Junior World Championships

### Which anti-doping education system must be completed?

FIS provides access to the educational system developed by WADA, named “ADeL” (Anti-Doping e-learning Platform). A Guide can be found enclosed to this communication. FIS also accepts completion of anti-doping education provided at national level (e.g. by the National Anti-Doping Agency), on-line or in-person training.

### Summary of approved certificates:

- WADA ADeL System (System will generate a certificate at the end)
- System provided by the NADO (Certificate required)
- In-person educational activity provided by the NADO (confirmation of attendance required)

How to provide proof of completed education?

The athletes send their “certificate” to the National Ski Association to provide an overview to FIS on who has completed the education and when.

Please use the enclosed excel-sheet “Anti-Doping Education list for RTP athletes” in order to provide an overview of the education status of your RTP Athletes.

How long is the certificate valid?

The education shall be repeated at least every 2<sup>nd</sup> year. If the athlete has completed an education during the course of e.g. last year, this is well accepted.

What is the deadline?

Athletes included in the Registered Testing Pool are required to complete an education by end of October 2020.

Athlete attending FIS Junior World Championships shall complete in advance of the respective event. FIS will also offer an on-site option to complete the education.

#### **IV INTEGRITY HOTLINE**

FIS has an integrity partnership with Global Sports Investigations. Breaches of governance and ethical matters as provided for in the FIS Code of Ethics, Anti-Corruption and Betting Rules, FIS Safe Snow Policy and the FIS Anti-Doping Rules can be reported to the external Whistleblower Hotline. Confidentiality is guaranteed by Global Sports Investigations. (direct link for reporting: <https://integrityunit.com/fis-integrity-hotline/> )

Integrity Hotline: +44 (0)207 034 3403

Integrity Email: [fis@integrityunit.com](mailto:fis@integrityunit.com)

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All information regarding FIS Anti-Doping, whereabouts information, forms as well as ADAMS can be downloaded from the FIS Website: <https://www.fis-ski.com/en/inside-fis/governance/fis-anti-doping>

**To confirm receipt of this notice, please print out the enclosed list of athletes, sign it and return it at your earliest convenience to FIS by mail, email [antidoping@fisski.com](mailto:antidoping@fisski.com) or via Fax to +41 33 244 6171.**

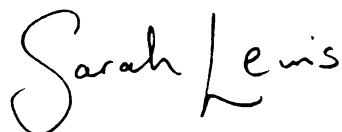
**Additionally** we are asking that the enclosed **athletes acknowledging form** is being **signed by each athlete personally** (please send to [antidoping@fisski.com](mailto:antidoping@fisski.com)). This form has to be signed only at the time of inclusion in the pool, and does not need to be signed every again. **All athletes who have returned this form in the last year, do therefore not need to sign this again.** We thank you already in advance for the additional efforts on this.

We realise there is considerable work involved for all persons concerned: FIS, National Ski Associations, team officials and especially the athletes, but these are obligatory responsibilities to commit to the fight against doping.

Please do not hesitate to contact FIS Anti-Doping (email: [antidoping@fisski.com](mailto:antidoping@fisski.com)) should you have further questions or require assistance.

With kind regards

INTERNATIONAL SKI FEDERATION



Sarah Lewis  
Secretary General



Sarah Füsseck  
FIS Integrity Manager

Enclosures

- List of Athletes qualified for the FIS Registered Testing Pool as of June 2020
- Anti-Doping Education list for RTP athletes (Excel sheet)
- Info Sheet for FIS RTP Athletes (English/French/German)
- Athletes acknowledgement form (English)
- Retirement form (English)
- FIS Information COVID-19 Doping Controls for Athletes (English)
- WADA Questions&Answers COVID-19 (English/French)
- ADeL Anti-Doping Education - Handout (English)

Link to enclosures: <https://cloud.fis-ski.com/index.php/s/4To6C9Sk31hcaC3>