

Aerial Jump Code and Degree of Difficulty Chart

1. Jump Code with Degree of Difficulty

<i>Jump Description</i>	<i>Jump Code</i>	<i>DD Men</i>	<i>DD Women</i>
Back Lay	bL	2.050	2.050
Back Full	bF	2.300	2.300
Back Lay-Tuck	bLT	2.600	2.600
Back Lay-Lay	bLL	2.650	2.650
Back Full-Tuck	bFT	2.850	2.850
Back Lay-Full	bLF	2.900	2.900
Back Full-Full	bFF	3.150	3.150
Back Lay-Tuck-Tuck	bLTT	3.200	3.392
Back Double Full-Tuck	bdFT	3.225	3.225
Back Lay-Double Full	bLdF	3.275	3.275
Back Lay-Full-Tuck	bLFT	3.500	3.710
Back Lay-Pike-Full	bLPF	3.500	3.710
Back Lay-Tuck-Full	bLTF	3.500	3.710
Back Double Full-Full	bdFF	3.525	3.525
Back Full-Double Full	bFdF	3.525	3.525
Back Full-Tuck-Full	bFTF	3.750	3.975
Back Lay-Full-Full	bLFF	3.800	4.028
Back Double Full-Double Full	bdFdF	3.900	3.900
Back Full-Full-Full	bFFF	4.050	4.293
Back Lay-Double Full-Full	bLdFF	4.175	4.425
Back Lay-Full-Double Full	bLFdF	4.275	4.531
Back Full-Double Full-Full	bFdFF	4.425	4.690
Back Double Full-Full-Full	bdFFF	4.525	4.796
Back Full-Full-Double Full	bFFdF	4.525	4.796
Back Lay-Triple Full-Full	bLtFF	4.650	4.929
Back Full-Triple Full-Full	bFtFF	4.900	5.194
Back Full-double Full-Double Full	bFdFdF	4.900	5.194
Back Double Full-Full-Double Full	bdFFdF	5.000	5.300
Back Double Full-Double Full-Full	bdFdFF	4.900	5.194