



# **RULES FOR THE FIS ALPINE CONTINENTAL CUPS**

EUROPEAN CUP

NOR-AM CUP

FAR EAST CUP

SOUTH AMERICAN CUP

AUSTRALIA NEW ZEALAND CUP

EDITION 2019/20

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# **CONTINENTAL CUPS**

## **GROUPS OF NATIONS**

### **EUROPEAN CUP (EC)**

AND, AUT, BEL, BIH, BLR, BUL, CRO, CZE, DEN, ESP, EST, FIN, FRA, GBR, GEO,  
GER, GRE, HUN, IRL, ISL, ISR, ITA, KOS, LAT, LIE, LTU, LUX, MON, MDA, MKD,  
MNE, NED, NOR, POL, POR, ROU, RUS, SLO, SMR, SRB, SUI, SVK, SWE, TUR,  
UKR

### **NOR AM CUP (NAC)**

CAN, USA

### **FAR EAST CUP (FEC)**

CHN, IND, IRI, JPN, KAZ, KOR, MGL, PAK, RUS, PRK, TPE, UZB

### **SOUTH AMERICAN CUP (SAC)**

ARG, BOL, BRA, CHI, COL, ECU, PER, URU, VEN

### **AUSTRALIA NEW ZEALAND CUP (ANC)**

AUS, NZL

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## CONTINENTAL CUP RULES

### Section A: Rules Applicable to all Continental Cups

Section A defines the Continental Cup Rules that are interchangeable between the five Continental Cups.

*Where indicated by an \* this refers to the relevant Cup in Section B for specific rules which apply to the Continental Cup concerned.*

#### 1 General

All events in the Continental Cup Series will be conducted under the rules and regulations of the International Ski Federation (ICR and COC: Section A), and the respective Continental Cup Committee and National Ski Associations (Cup Rules: Section B). Rule changes can only be made at the spring meeting, before the start of the season (July 1<sup>st</sup>).

#### 2 Qualification

##### *Qualification standards*

The qualification standards and quotas will be established before each season, after agreement with the Alpine Committee. They cannot be modified during the season.

##### 2.1 Basic Quota

Each nation is entitled to a basic quota of two (2), three (3) in DH events, on condition that these competitors have a maximum of 140 FIS points (SAC, ANC 160 FIS points in SL or GS, 180 FIS points in SG, DH or AC) on the valid FIS points list, as follows:

- Slalom and Giant Slalom: in any of the five events
- Downhill and Alpine Combined (with DH): in Downhill or Super-G
- Super-G and Alpine Combined (with SG): in Downhill, Super-G or Giant Slalom

##### 2.2 National Quotas

Each National Association's additional quota will be determined by the number of competitors ranked in the top 100 in the event concerned, according to the FIS points lists. (SAC & ANC July FIS points list).

The following quotas are valid for each National Association:

0 qualified competitors	(0 + 2) = 2 entries
1 " "	(1 + 2) = 3 entries
2 " "	(2 + 2) = 4 entries
3 " "	(3 + 2) = 5 entries
4 " "	(4 + 2) = 6 entries
5 " "	(5 + 2) = 7 entries
6 " "	(6 + 2) = 8 entries
7 " "	(7 + 2) = 9 entries
8 " "	(8 + 2) = 10 entries

##### 2.2.1 *Quotas for Downhill, Super-G and Alpine Combined at one event*

In the case of Downhill, Super-G and Alpine Combined taking place during one event, the nation's higher quota, Downhill, Super-G or Alpine Combined is valid in all of the three events.

This is also valid for the additional start quota of a Continental Cup event winner.



**2.2.1.1** *Quotas for Giant Slalom and Slalom at one event (EC)*

In case of Giant Slalom and Slalom taking place during one event, the nation's higher quota, Giant Slalom or Slalom is valid in both events. This is also valid for the additional start quota of a Continental Cup winner.

**2.2.2** *Condition for individual qualification*

In order to be eligible to start in Continental Cup races any competitor, with the exception of the basic quota, must be ranked in the top 350 on the valid FIS points list in the event concerned when there is only one event taking place, or in one of the events at the event as follows:

- Downhill/ Super-G/ Alpine Combined, Super-G/ Giant Slalom/ Alpine Combined, Slalom/ Giant Slalom.

**2.3** **Organising Continental Cup and Host Nation (\*All Cups)**

The organising Continental Cup has the possibility to increase the quotas within its own Continental Cup whereby art. 2.2.1 condition for personal qualification need not apply. However, this cannot exceed the normal FIS race quotas.

**2.4** **Winners of Continental Cup Series**

The nation of the winning competitor is entitled to one additional start quota in that Continental Cup in the event concerned, for the following season.

**2.5** **Additional Competitors for Downhill training**

**2.5.1** *Quotas for Downhill training (if only DH is scheduled)*

For teams of up to 7 qualified competitors (national quota 4 / basic quota 3), 2 (two) additional competitors are allowed to participate in official Downhill training. For teams of 8 - 15 (national quota 5 - 12 / basic quota 3), 3 (three) additional competitors are allowed to participate in official Downhill training. These additional competitors for training must fulfil the minimum qualification requirement, according to 2.1.

**2.5.2** *Quotas for Downhill and Alpine Combined training*

In case of DH and AC at the same venue, the maximum number of competitors registered for training may not exceed the higher quota (basic quota + national quota + additional competitors for training) plus 50 %, plus COC winner.

**2.6** **Applications for entry**

**2.6.1** *Inscriptions and entry deadlines*

All entries must be sent to the respective Organisers or National Association (as stated in the FIS calendar) at least seven (7) days in advance of the first race (tech) or official training (speed). Entries not made according to the rules shall not be entitled to accommodation expenses.

**3** **Start order**

**3.1** **First group (1 - 15) (\*NAC)**

The first group (1 - 15) will be determined on the basis of the respective Cup points. In the case of a points tie for 7<sup>th</sup> (SL/GS) or 15<sup>th</sup> place (all events) the group will be expanded accordingly.

If there are not 15 competitors with respective Cup points, then the first group comprises only the competitors with respective Cup points.

**3.1.1**      *Choice of Start Numbers/Draw*

*GS/SL:*      1<sup>st</sup> group (1 - 15)

The first group is sub-divided into two groups: (1 - 7) and (8 - 15). The start numbers are then drawn by double-draw from within these groups.

*DH/SG/AC:* 1<sup>st</sup> group (1 - 15)

The 1<sup>st</sup> group competitors and the special group (art. 3.2.1) competitors may choose their start number from between 1 - 30. The remaining start numbers from 1 - 30 will be drawn amongst the rest of the competitors within the top 30.

**3.1.2**      *Public Draw, procedure and social program*

If several competitors miss a public choice/draw of start numbers for DH/SG, they will be drawn from the remaining numbers. If only one competitor misses the draw, he (she) will be allocated the remaining number.

In SL/GS, they will be drawn from the highest numbers (for example 15, 14,...); if only one competitor misses, he (she) will be allocated the highest number (15).

At a non-public choice of start numbers the team-captains may choose for their competitors (Downhill/Super-G).

**3.1.3**      *Validity of Cup points (\*EC/NAC)*

The final event ranking in the Cup is used as race result with a validity defined in art. 3.1.3. in the next season.

The first ranked has 100 points, the 30<sup>th</sup> ranked has 1 point. This ranking determines the first 30 competitors for the first race of the season. For the first race, if those 30 competitors who appear on the basic list are not present, the missing places will be filled up by utilising previous season's final event standings.

The Cup points achieved from the first race onwards in each event will be added to the basic list to determine the new ranking.

**3.1.4**      *Validity of the Basic List*

After the second (FEC, SAC, ANC), third (NAC in GS and SL events) race in that event in the current season the basic list will be deleted. In NAC for DH, SG and AC only two events will be used before the basic list is deleted. Only the Cup points gained in the current season count. European Cup: see art. EC 3.1.3 and 3.1.4.

**3.2**      **After the first group (\*EC/NAC)**

After the 1<sup>st</sup> group the competitors start according to art. 3.2.1 (450 / 200 Cup points), followed by the present competitors ranked within the top 30 of the World Cup Starting List (WCSL). The following 15 competitors start according to the respective cup event standing, unless they are within one of the two above mentioned groups. Finally, 30 competitors of the respective cup event standing incl. the 450 points competitors are considered.

In case the first 30 competitors in Alpine Combined do not have Cup points, respectively FIS points in Alpine Combined, competitors will be considered according to the DH respectively SG FIS points - depending on which event will be held for the Alpine Combined.

The same procedure is valid for those competitors after start number 30 who do not have AC FIS points.

- 3.2.1**      *Special Group: 450 (EC, NAC) 400 (FEC) 200 (SAC, ANC) Cup points*  
Competitors who have accumulated at least 450 (EC, NAC) 400 (FEC), 200 (ANC, SAC) Cup points in the overall classification in the past or current season of that Continental Cup may start as number 16 in all events in that Cup only, unless they have a right to start in the first 15. If there is more than one competitor with 450 (EC, NAC) 400 (FEC) 200 (SAC, ANC) Cup points then they start in the order of their Cup points in that event, or FIS points if they have no Cup points.  
If due to injury a competitor cannot make use of this facilitation, he may use it at the first 3 races of the following season. This is valid for a maximum of 3 starts irrespective of the events.
- 3.2.2**      *Winner or qualifier from each Continental Cup starts 31.*  
The Continental Cup event winners from the previous season (Southern Hemisphere same season), and best placed competitor from the respective Continent (including all competitors with the same total points as the winner or the best placed competitor from the respective continent) will be named on a separate list on the FIS Website.  
These competitors have the right to start as number 31 in all the other Continental Cups, if he/she is not already ranked in the top 30. If there is more than one present, they will start in order of their Cup points in that event, or FIS points if they have no Cup points. This right is only valid for the event concerned.
- 3.3**            **2<sup>nd</sup> runs, Slalom, Giant Slalom and Alpine Combined**
- 3.3.1**      *Limitation for the 2<sup>nd</sup> run SL and GS*  
Only the first 60 competitors who complete the first run are qualified.
- 3.3.2**      *Change Start order 2<sup>nd</sup> run*  
The Jury has the right to decide not later than one hour before the start of the first run whether the reversed order shall be for the first fifteen or first thirty placed competitors from the first run.
- 3.3.3**      *Start order for the 2<sup>nd</sup> run Alpine Combined*  
All competitors who complete the 1<sup>st</sup> run correctly have the right to start in the 2<sup>nd</sup> run.  
After clearing up the start list for the 2<sup>nd</sup> run (there is no moving up to the top 30), the maximum best 30 competitors of the 1<sup>st</sup> run start in the reversed order of the times achieved in the 1<sup>st</sup> run, followed by competitors according to their times of the 1<sup>st</sup> run (31<sup>st</sup>, 32<sup>nd</sup>, etc.).
- 3.4**            **Leader Bib**  
The current leader or the best placed competitor present at the event in the respective Continental Cup and the actual Overall leader will compete in the leader bibs. For the first race of the season this is the winner of the previous season, for the second race this is the winner of the first race and for the third race and thereafter the leader bib is worn by the current leader of the series according to the respective Continental Cup standings. Points

## **4 Points**

### **4.1 Schedule**

Competitors ranked first to 30<sup>th</sup> are awarded points in accordance with the following schedule:

1 <sup>st</sup>	place	100	points	16 <sup>th</sup>	place	15	points
2 <sup>nd</sup>	"	80	"	17 <sup>th</sup>	"	14	"
3 <sup>rd</sup>	"	60	"	18 <sup>th</sup>	"	13	"
4 <sup>th</sup>	"	50	"	19 <sup>th</sup>	"	12	"
5 <sup>th</sup>	"	45	"	20 <sup>th</sup>	"	11	"
6 <sup>th</sup>	"	40	"	21 <sup>st</sup>	"	10	"
7 <sup>th</sup>	"	36	"	22 <sup>nd</sup>	"	9	"
8 <sup>th</sup>	"	32	"	23 <sup>rd</sup>	"	8	"
9 <sup>th</sup>	"	29	"	24 <sup>th</sup>	"	7	"
10 <sup>th</sup>	"	26	"	25 <sup>th</sup>	"	6	"
11 <sup>th</sup>	"	24	"	26 <sup>th</sup>	"	5	"
12 <sup>th</sup>	"	22	"	27 <sup>th</sup>	"	4	"
13 <sup>th</sup>	"	20	"	28 <sup>th</sup>	"	3	"
14 <sup>th</sup>	"	18	"	29 <sup>th</sup>	"	2	"
15 <sup>th</sup>	"	16	"	30 <sup>th</sup>	"	1	"

### **4.2 Several racers tied for one position**

If several racers are tied for one of the point-scoring positions, each tied racer receives the points corresponding to that position as indicated in art. 4.1. The following racers receive the points corresponding to their official classification in the race.

### **4.3 Time difference from the winning time**

If a competitor's overall time is more than eight percent (8%) greater than the winning time, no points will be awarded irrespective of the rank achieved.

### **4.4 Continental Cup Finals (\*EC)**

## **5 Classification and Continental Cup Winners**

### **5.1 Formula**

The formula determining the overall individual classification and the classification of each event is established before each season. In no circumstances can the formula be modified during the season.

#### *5.1.1 Number of Results*

The formula will consist of the number of results used in the classification either for the whole season or for several periods.

#### *5.1.2 Classification per event*

For the classification of the events (men and women) all results (Cup points) that a competitor has achieved in each of the five events will be counted.

**5.1.3**      *Overall classification*

For the overall classification all results that a competitor has achieved (Downhill, Slalom, Giant Slalom, Super-G and Alpine Combined) will be counted.

**5.1.4**      *Competitors who attain the same rank*

If at the end of all the events, a number of competitors achieve the same position within the top six (6) positions in the overall classification, or, if in the classification of the events, a number of participants have achieved an equal number of points, then they shall be placed according to the number of their 1<sup>st</sup> places, then their 2<sup>nd</sup> places, 3<sup>rd</sup> places, etc.  
If they cannot be classified by this system, they will each receive the medals corresponding to their placing.

**5.2**            **Men and Women**

The scoring system will be the same for men and women.

**5.2.1**      *Winner of the respective Continental Cup*

The competitors who have won the overall classification will be named "Winner of the respective Continental Cup".

**5.2.2**      *Winners of the events*

The winners of the events shall be honoured with the "Winner of the Downhill, Slalom, Giant Slalom, Super-G and Alpine Combined of the respective Continental Cup".

**5.2.3**      *Trophies*

The winners of the overall classification and classifications per event receive the respective Continental Cup.

**5.2.4**      *Medals*

The first three competitors of the overall classification and of each event receive medals.

**5.3**            **Nations Cup**

If a Nations Cup is awarded, it will be won by the nation which has achieved the highest number of points during the season in the five events adding together all the points for men and women and the team competitions.

**5.4**            **Personal qualification for World Cup**

The winners of the different events and Overall winners, or best placed competitor(s) from that Continent in the respective Continental Cups are personally qualified to compete in World Cup races in the event concerned for the season following their victory, with the exception of the World Cup Finals.

If the COC overall winner is already qualified in the event concerned, the National Ski Association cannot apply for an additional starting spot to replace the overall winner.

The Overall winners receive this qualification only if in the corresponding Cup speed events are held. For the Southern Hemisphere this is the same season. A valid list is published on the FIS website.

5.4.1 *Number of qualified competitors from the event standings of each Continental Cup*

European Cup:	3 competitors
Nor-Am Cup:	2 competitors
Far East Cup:	1 competitor
South American Cup	1 competitor
Australia New Zealand Cup:	1 competitor

5.4.2 *Geographical requirements (\*FEC)*

Competitors are only eligible to qualify through the Continental Cup in the geographical region of which their National Association is a member. If the winner or competitor(s) in the World Cup qualifying positions comes from another continent, the personal start place(s) will be awarded to the best placed competitor(s) from the Continental Cup concerned.

(\*FEC) Russian competitors will not be considered FEC members eligible to qualify in World Cup if they finish in qualifying positions.

5.4.3 *Top 20 World Cup Start List (WCSL)*

Competitors who are already ranked in the top 20 on the WCSL valid for the new season are not taken into consideration.

5.4.4 *Three from the same nation (European Cup)*

A maximum of three competitors from one nation in one event, excluding the COC overall winner may start in any one World Cup race. This also applies if two or more competitors from the same nation are tied in third place.

5.4.4.1 *Two or three from the same nation (NAC)*

A maximum of two competitors from one nation, excluding the COC overall winner may start in any one World Cup race. This also applies if there are two or more competitors from the same nation tied in second place.

5.4.4.2 *Two from the same nation (FEC, SAC, ANC)*

If two or more competitors from the same nation are tied in 1<sup>st</sup> place, only one may start in any one World Cup race, excluding the COC overall winner.

5.4.5 *Conditions for Qualification*

To be able to start in World Cup, the competitors qualified according to 5.4.1 must be ranked in the top 350 on the valid FIS points list in the event concerned.

5.4.6 *FEC & ANC Downhill*

The Australia New Zealand and Far East Continental Cups Downhill Series may be carried out from within the standings of the other Continental Cup Series. It must be defined before the beginning of the respective competition season within which COC Series the qualification shall be reached.

5.4.7 *Number of races*

To be considered a Continental Cup Series valid for personal qualification for World Cup according to 5.4, a minimum of two valid results per event must be achieved, for Alpine Combined one result and at least 2 starts.

## **6 Homologation**

All competitions must take place on homologated courses. The Organiser expressly confirms that all courses chosen for the Alpine FIS Continental Cup events have been homologated.

The courses and the situation of the finish area must conform to the criteria fixed for the FIS Continental Cup. Also, the basic preparation of Continental Cup courses must be guaranteed by snow-making facilities with sufficient capacity.

### **6.1 Training on Continental Cup courses (\*EC/NAC)**

If training on courses to be used for Continental Cup races is possible, this is to be made available for all competitors who have entered and not restricted.

### **6.2 Free-skiing on the race hill**

If free-skiing on the race hill is organised on the day before the race for SG, GS and SL races, the respective Continental Cup calendar must permit all competitors to participate.

## **7 Payment of expenses (\*NAC, SAC, ANC)**

Each team with qualified competitors has the cost of food and lodging paid by the Organiser as follows:

### **7.1 Competitors and officials of qualified competitors (\*SAC/ANC)**

100% for officials according to art. 7.1.1 and the competitors who actually started the race and are ranked in the top 75 of the valid FIS points list in the event concerned.

#### *7.1.1 Officials (Service personal excluded)*

for a team of 1 - 2 qualified\* competitors: = 1 person

for a team of 3 - 5 qualified\* competitors: = 2 persons

for a team of 6 - 10 qualified\* competitors: = 3 persons

\* 'qualified': competitors qualified for reimbursement of expenses

#### *7.1.2 Continental Cup Winners*

In the events where the expenses are paid, the food and lodging for the named Continental Cup event winner or qualifier are to be paid according to art. 7.4, even if they are not ranked in the top 75 on the valid FIS points list (annex 3.2.2). Officials not included.

### **7.2 Additional competitors and officials (\*NAC)**

For the additional competitors who do not meet the above qualification, and additional officials of each team whose expenses will not be paid according to the preceding quotas, as well as for officially entered team service personnel, the maximum price that can be charged for complete room and board is CHF 90.-- per day or equivalent for the duration of the event. This includes one training day before the first race for technical events. This is a maximum price. In case the normal price of the hotel is lower, only the normal price may be charged.

### **7.3 Downhill, Super-G and Alpine Combined (\*SAC/ANC)**

For all Downhill, Super-G and Alpine Combined races no costs for food and lodging have to be paid by the OC for competitors and officials. Art.7.2 applies: For competitors, officials and officially entered team service personnel, the maximum price that can be charged for complete room and board is CHF 90.- per day or equivalent.

#### **7.4 Duration for payment of expenses (\*EC)**

Expenses for lodging and food must be paid from the dinner of the night before the first competition to the lunch after the last competition.

The organiser or the hotel manager may not demand the vacation of rooms earlier than 2 hours after the race by the teams on the day of the competition, or there must be at least an access to a changing room and shower after the race.

##### *7.4.1 Precision*

for one technical event	=	1 day, 1 night
for two technical events	=	2 days, 2 nights
for three technical events	=	3 days, 3 nights
for four technical events	=	4 days, 4 nights

##### *7.4.2 Personal expenses*

Every team must pay personal expenses (beverages, telephones, etc.) directly to the hotel before departure.

Where requested, credit must be established in advance with hotels and accommodation by credit card or payment of a cash deposit on Check-In.

##### *7.4.3 Arrival / Departure*

In case of earlier arrival (1 night) or later departure (1 night) the maximum price that can be charged for complete room and board is CHF 90.-- per day or equivalent.

#### **7.5 Right of accommodation (\*EC)**

Each National Association must announce to the Organisers the total number of team members (competitors, coaches, accompanying persons and service personnel) five (5) weeks before the event. Furthermore, the Organisers must be informed at the latest seven (7) days before the first official training or competition about the names of the team members, eventual changes to the arrival date and the originally registered size of the team, as well as an eventual withdrawal from the event. If this is not done, the Organising Committee will invoice the costs occurred for cancelled accommodation to the National Association concerned.

Room reservations shall only be made through the OC, respectively another reservation is only possible in agreement with the OC.

### **8 Calendar and Planning**

The respective Continental Cup Series are organised each year according to the evaluation period as defined in the rules of the FIS points. Southern Hemisphere: July 1<sup>st</sup> - September 30<sup>th</sup>, Northern Hemisphere, November 15<sup>th</sup> - April 15<sup>th</sup>. No Continental Cup races which were cancelled may be re-scheduled to take place after the respective Continental Cup Final.

#### *Calendar Planning*

The design of the calendar for each competition season shall be determined by the respective Continental Cup Committee a minimum of one season in advance, where possible, in accordance with the general principles for Continental Cup calendaring. The nation concerned shall propose the specific venue(s), which are subject to approval by the respective Continental Cup Committee.

#### **8.1 Period of rest**

The Sub-Committee for the respective Continental Cup will establish a calendar that contains a rest period of at least 15 days.



## **8.2 The addition of another race**

The Organiser of a Continental Cup event is forbidden to add any further FIS races to his program, if this event has not already been included in the International Ski Calendar. Under no circumstances must this race disrupt the Continental Cup program concerned.

## **8.3 Substitution of a competition**

### *8.3.1 Cancellation due to force majeure*

If a race has to be cancelled due to "force majeure", a replacement race of the same event may be organised in another location. The NSA of the original organiser must confirm the location for the replacement within a maximum of ten (10) days from the cancellation date. Afterwards a location in another country can be appointed. Such a change must be approved by the Chairman of the Sub-Committee of the respective Continental Cup or by his nominee. Such a replacement race may not be added on to another FIS race.

### *8.3.2 Payment of expenses*

In the case of replacement in another location, the payment of expenses by the Organisers for full board is fixed at:  
50% for officials according to art. 7.1.1 and the competitors who actually started the race and are ranked in the top 75 of the valid FIS points list in the event concerned.

### *8.3.3 Interference with another race*

A replacement race must in no way interfere with the organising of another race which already figures in the respective Continental Cup calendar.

### *8.3.4 In another country*

If a replacement race is organised in a country other than the originally foreseen, the actual organising National Association is entitled to the additional host participation rights according to art. Section B 2.3.

## **8.4 Venue for the respective Continental Cup Finals**

The final competitions counting for the respective Continental Cup final will be awarded by the Sub-Committee concerned on a rotational basis, based on the proposals submitted and taking into consideration the possible snow conditions.

## **9 Alpine Combined**

The Alpine Combined consists of DH or SG and one SL run.

### **9.1 Quotas**

Each country has the quota from Alpine Combined. The increased quota for the organising nation is valid. In case a country does not have an Alpine Combined quota, the quota will be calculated from either DH or SG, depending on which Alpine Combined is held (DH & SL or SG & SL).

### **9.2 FIS Points**

FIS points are awarded for speed events (DH or SG) in Nor-Am and Europa Cup only if the competitor has completed both runs.

**9.3 Cup Points**

The result from the Alpine Combined (DH & SL or SG & SL) will be considered for the corresponding Alpine Combined and the Overall Cup standings (points according to art. 4.1).

**9.4 Starting order**

9.4.1 At the first Alpine Combined of the season the starting order for DH or SG respectively SL is made according to art. 3.1.1.

9.4.2 All competitors who complete the 1<sup>st</sup> run correctly have the right to start in the 2<sup>nd</sup> run.

**10 Controversial matters**

For all controversial matters during a competition that cannot be resolved by the present rules, the Technical Delegate of this competition will call together the respective Continental Cup Committee members present. Together they make by simple majority vote a decision which must be submitted for agreement at the next meeting of their respective Continental Cup. If there are no members present consultation shall be done with the respective Chairman, Vice-Chairman and/or Continental Cup Coordinator.

## **RULES SPECIFIC TO EACH OF THE CONTINENTAL CUPS**

### **Section B: EC - European Cup**

#### **EC.2.3 Higher Quotas**

##### *EC.2.3.1 Organising Nation*

The organising National Association has the possibility to increase its normal quota as follows. The organising association has in any case a minimum quota of 10 competitors.

	<i>Women</i>	<i>Men</i>
Downhill / Alpine Combined	multiply by four	multiply by three
Super-G / Alpine Combined	multiply by three	multiply by three
Slalom / Giant Slalom	double	double

##### *Slalom and Giant Slalom:*

The additional competitors must be ranked in the top 500 of the FIS points list in at least one of the five events.

##### *Downhill, Super-G and Alpine Combined:*

The organising nation may enter up to a total of 6 competitors qualified according to the basic quota (art 2.1). The additional competitors must be ranked in the top 500 of the FIS points list in Downhill, Super-G or Giant Slalom.

##### *EC.2.3.2 Quotas for Downhill for Nations within European Cup geographical region*

Nations within the European Cup geographical region are entitled to higher quotas (according to the following key). These are stated on the published Continental Cup quota lists. The additional competitors must be ranked in the top 500 of the FIS points list in Downhill or Super-G.

<i>Women</i>	up to 16 start places
<i>Men</i>	up to 13 start places

##### *EC.2.3.2.1 Quotas for Super-G for Nations within European Cup geographical region*

Nations within the European Cup geographical region are entitled to higher quotas (according to the following key). These are stated on the published Continental Cup quota lists. The additional competitors must be ranked in the top 500 of the FIS points list in Downhill, Super-G or Giant Slalom.

<i>Women</i>	up to 15 start places
<i>Men</i>	up to 12 start places

##### *EC.3.1.3 Validity of Cup points*

The final ECSL (European Cup Starting List) is used with a validity defined in art. 3.1.4. in the next season. This will be the ranking valid for the first race. The Cup points achieved from the first race onwards in each event will be added to remaining ECSL points from the past season.

If a competitor has not started in any race during the period from October 15<sup>th</sup> to April 15<sup>th</sup> due to injury, the National Ski Association may apply for the approval of a status as injured in the ECSL for the upcoming season; the application to be submitted by 30<sup>th</sup> April latest. If the status as injured is approved, the competitor will be added in the ECSL of the respective event(s) for the coming season (in the final position achieved in the previous season).

**EC.3.1.4**     *Validity of the Basic List (ECSL)*

The sum of the ECSL points of the past season in the respective event will be divided by four in Technical events, three in Speed events and two in Alpine Combined. This will establish the points that will be deleted after each race.

At the EC Finals only EC points achieved in the current season are valid for the starting order.

**EC.3.1.5**     *Parallel Events*

The points scored in the parallel events will not count for the ECSL (European Cup Starting List) in the event concerned (GS or SL). These points will be added prior to the EC Finals to define the final ranking in the events concerned.

**EC.3.2.3.**     *Top 30 World Cup Starting List*

Competitors, who are ranked in the top 30 of the valid World Cup Starting List (WCSL) in the respective event, may start after the first group and the special group (art. 3.2.1). If there is more than one present, they will start in order of their Cup points in that event, or FIS points if they have no Cup points.

**EC.4.4**        **European Cup Finals**

**EC.4.4.1**     *Quotas*

Each nation is entitled to participate with their valid quotas. In the case of Downhill, Super-G and Alpine Combined (or Giant Slalom and Slalom) taking place at one event, the nation's higher quota in Downhill, Super-G or Alpine Combined, is valid in all of the three (or two in case of Giant Slalom and Slalom) events.

**EC.4.4.2**     *Qualification*

The conditions for the basic quota according to art. 2.1 remain valid. The additional competitors in the national quota must be ranked within the top 45 (top 30 in Alpine Combined) in the European Cup overall standings in the respective events. There is no moving up or replacement. Furthermore all competitors from the Special Group (450 EC points competitors) in the current season have the right to start. All top 30 competitors from the actual WCSL before the first Team Captains' Meeting also have the right to start in the event concerned. This last group of competitors is not counting to define the top 45 (top 30 in Alpine Combined) qualified for the finals.

**EC 4.4.3**     *Starting Order for the EC Finals*

GS/SL:

The first group (1 - 15) is sub-divided into two groups: (1 - 7) and (8 - 15). The start numbers are then drawn by double-draw from within these groups. After the first group the competitors will start as follow:

- 450 EC points from the current season
- Top 30 competitors of the actual WCSL

All other competitors will start according to the EC event standing list, Competitors without EC points will start at the end in their FIS point order.

DH/SG/AC:

The first group and the special group (competitors with 450 EC points or more in the current season) may choose their start number from between 1 - 30. The present competitors ranked within the top 30 of the actual WCSL before the first Team Captains' Meeting and the remaining start

numbers from 1 - 30 will be drawn amongst the rest of the competitors within the top 30.

All other competitors will start according to the EC event standing list, Competitors without EC points will start at the end in their FIS point order. In case the first 30 competitors in Alpine Combined do not have EC points, the Super G (or Downhill) EC points (depending on which event will be held for the Alpine Combined) will be considered.

**EC.4.4.4**     *Organising Nation*

The organising National Association is entitled to a normal European Cup quota in SL/GS according to art. 2.2, whereby all competitors must fulfil 4.4.2, plus additional maximal 5 competitors who do not have to fulfil 4.4.2. Regarding DH/SG the same criteria as for the normal European Cup quota are valid (4.4.2 must be fulfilled), plus additional maximal its national quota (max. 10 competitors), which do not have to fulfil 4.4.2, whereby the higher quota from DH or SG is valid.

**EC.6.1**     **Training on European Cup courses**

No training is allowed on European Cup courses for two (2) days before the start of official training or the first competition - irrespective of the event or course. Failure to comply with this rule will lead to disqualification or refusal to allow the respective competitor to start.

**EC.6.3**     **Non-essential changes**

In cases of immediate - non-essential but necessary - changes on the course, such as small relocations of gates, an additional inspection or training run is not necessary.

Details must be communicated to all team-captains and competitors must be informed by the referee at the start.

**EC.7.4**     **Duration for payment of expenses**

Expenses for lodging and food must be paid from the dinner of the night before the first competition to the lunch after the last competition (in case of night or evening event from the lunch before the competition to breakfast the day after the competition).

The organiser or the hotel manager may not demand the vacation of rooms earlier than 2 hours after the race by the teams on the day of the competition, or after the race there must be at least an access to rooms and shower according to the following key:

team with up to 4 competitors	= 1 room* and shower
as from 5 competitors	= 2 rooms* and shower
as from 8 competitors	= 3 rooms* and shower

\*The rooms must be part of those hotel rooms already used by the team.

**EC.7.4.4**     *Single rooms*

Allocation of single rooms per team must be made according to the following table:

1 to 4 competitors	= 1 single room
5 to 10 competitors	= 2 single rooms
More than 11 competitors	= 3 single rooms

## **Section B: NAC - Nor-Am Cup**

### **NAC.2.3 Higher Quotas**

Canada and USA may enter up to 60 competitors (60 men and 60 women) in each technical race organised in the other neighbouring nation. All competitors must have a valid FIS code.

#### *NAC.2.3.1 Organising Nation*

The organising nation may enter a basic quota of 60 competitors: in addition they are entitled to any of the 60 places the other nation (Canada in USA or USA in Canada) does not fill. On prior agreement between the nations, this option may be extended to allow the other nation to use some of the organising nation's 60 places. In any case the maximum quota of 120 for USA and Canada, plus 1 for the winning nation from the previous season (COC 2.2) if the winner is from CAN or USA, may not be exceeded. All competitors must appear on the valid FIS List.

#### *NAC.2.3.1.1 NAC Final quota*

Canada and USA may enter up to 60 competitors each for each race in the finals. Unused slots may be used by the other nation; the maximum will not exceed 120 + 1 North American racers.

#### *NAC.2.3.3 Normal FIS quotas for visiting nations*

The organising nation has the right to allow nations from other regions up to their normal FIS quota on consideration of the number of entries and conditions. All competitors must be ranked within the top 1000 on the valid FIS points list, as follows:

- Slalom/Giant Slalom: in any of the five events
- Downhill: in Downhill or Super-G
- Super-G: in Downhill, Super-G or Giant Slalom
- Alpine Combined (with DH): in Downhill or Super-G
- Alpine Combined (with SG): in Downhill, Super-G or Giant Slalom

National Federations applying for NAC.2.3.3 must apply in writing to the NAC Sub-Committee at least ten days prior to the competition or first official training. A decision will be made by the NAC Sub-Committee seven (7) days prior to the competition or first official training.

#### *NAC.2.3.3.1 DH quotas for USA and CAN*

USA or CAN is entitled to the normal NAC quota for either nation's National Championships event when it is contested in conjunction with the NAC speed series.

#### *NAC.2.4.2 Complimentary entries and lift tickets*

Complimentary entries and lift ticket fees shall be provided to competitors qualified in one of the events taking place at the venue, according to the criteria in the Continental Cup rules section A art. 2.1; a maximum of two competitors qualified according to the basic quota, and art. 2.2.2; the remainder of the nation's valid Continental Cup quota in the respective event, whereby the competitors are ranked in the top 350 in one of the events at the event.

Foreign athletes who are enrolled in North American Schools, Clubs or Universities will be entitled to complimentary lifts and entries if they are 100 World Rank in one of the events of the "event".

This is only valid for the respective Continental Cup quotas.

*NAC.2.4.2.1 Continental Cup winners*

Continental Cup event winners, named in annex 3.2.2. are entitled to complimentary entries and lift tickets.

*NAC.2.4.3 Entry Fees and Lift Charges*

For all competitors representing USA and Canada, as well as foreign students in North America or members of Canadian or American Ski Clubs or Programmes, entry fees and lift tickets may be charged, except for a group of up to 15 A, B, C and national development team athletes. The charges are payable before the first Team Captains' Meeting. It is recommended entry fees and lift tickets be waived for all A, B, C and national development team.

*NAC.2.4.4 Refunds*

Charges are refunded in the case of changes to the calendared events or injury/illness.

*NAC.2.4.5 Coaches and Trainers Credentials*

The Race Organising Committee is obliged to provide credentials (lift tickets) to officials and trainers of National Federation according to the following:

- teams with 1 - 3 competitors receive 3 credentials
- teams with 4 - 5 competitors receive 6 credentials
- teams with 6 - 10 competitors receive 10 credentials

**NAC.3.1 First group (1 - 15)**

In the case of a tie for NAC points in the first group, competitors are seeded in the order of their FIS points in that event. If a tie for FIS points also exists, competitors are ranked by draw.

*NAC.3.1.3 Validity of Cup points*

In the case of a tie in the 450 overall points group, competitors will be seeded in the order of their NAC points in that event. In the case of a tie in NAC points in that event, competitors will be seeded in the order of their FIS points in that event.

**NAC.3.2 After the first group**

After the 1<sup>st</sup> group the competitors start according to art. 3.2.1 (450 Cup points), followed by competitors (to 30) seeded according to their FIS points in that event. In the case of a tie for FIS points in that event, competitors are enrolled by NAC points in that event.

*NAC.3.3.3 Starting order for the 2<sup>nd</sup> run Alpine Combined*

All competitors who complete the 1<sup>st</sup> run correctly have the right to start in the 2<sup>nd</sup> run.

**NAC.6.1 Training on North American courses**

No training is allowed on North American courses for two (2) days before the official training or the first competition - irrespective of the event or course. Failure to comply with this rule will lead to disqualification or refusal of the respective competitor to start.

Fore-running World Cups prior to NorAm races is allowable and not considered training.

**NAC.7 Payment of Expenses**

**NAC.7.1 NAC Competitors**

For all competitors from Canada, USA as well as full-time students from other nations in North American education, and members of US or Canadian ski programmes, rules 7.1 and 7.1.1 do not apply.

**NAC.7.2 Competitors and Officials; CAN and USA**

For North American competitors and officials and full-time students from other nations in North American education as well as for officially entered team service personnel (on the official entry forms), the Organisers are required to arrange or provide full board and lodging at a maximum of US \$ 75 per day, if requested by the respective teams.



## **Section B: FEC - Far East Cup**

### **FEC.2.3 Higher quotas**

Japan, Korea, Russia and China may enter up to 30 competitors (30 men and 30 women) in events organised within their nation group. Other nations who are members of the Asian Ski Federation can enter up to 10 competitors. All competitors must have a valid FIS code.

#### *FEC.2.3.1 Organising Nation*

The organising nation may enter a basic quota of 50 competitors; in addition they are entitled to any of the 90 places the other organising nations (Japan, Russia and China in Korea, Korea, Russia and China in Japan, Korea, Japan and China in Russia or Korea, Russia and Japan in China) do not fill.

If the quota of the organising nation is not filled, then the other nations hosting the competition can request to fill the vacant positions. If this is the case, an application to fill the vacant positions must be submitted and accepted by the organising nation 10 days before the first Team Captains' Meeting and a decision will be made and communicated 5 days before the first Team Captains' Meeting. The application for the entries is the responsibility of the respective NSA.

All competitors must have a FIS code and can participate irrespective of whether they have FIS points or not.

#### *FEC.2.3.3. Normal FIS quotas for visiting nations*

The organising nation has the right to allow a nation from other regions to enter up to their normal FIS quota. All competitors must be ranked within the top 1000 on the valid FIS points list, as follows:

- Slalom/Giant Slalom: in any of the five events
- Downhill: in Downhill or Super-G
- Super-G: in Downhill, Super-G or Giant Slalom
- Alpine Combined (with DH): in Downhill or Super-G
- Alpine Combined (with SG): in Downhill, Super-G or Giant Slalom

National Federations applying for FEC.2.3.3 must apply in writing to the FEC Sub-Committee at least ten days prior to the competition or first official training. A decision will be made by the FEC Sub-Committee seven (7) days prior to the competition or first official training.

#### *FEC.2.3.5 Entry Fees and Lift charges*

For all competitors and team officials, except for those who are ranked in the top 75 on the valid FIS Points List in the event concerned and according to the respective Continental Cup quotas, entry fees and lift tickets might be charged.

## **Section B: SAC - South American Cup**

### **SAC.2.3 Higher quotas**

Each nation ARG-BOL-BRA-CHI may enter up to 30 competitors (30 men and 30 women) in events organised in any one of the other nations. All competitors must have a valid FIS code and have no more than 160 FIS Points in SL and GS, 180 FIS Points in SG and DH as follows:

- SL and GS: qualifying through any of the five events
- DH: qualifying through DH or SG
- SG: qualifying through DH, SG or GS
- Alpine Combined (with DH): qualifying through DH or SG
- Alpine Combined (with SG): qualifying through DH, SG or GS

In any case each nation from the SAC country group has a basic quota of 6 competitors (6 women and 6 men), the only requirement being that the competitors have a valid FIS Code irrespective whether they have FIS points or not. The organising nation may double the basic quota to 12 competitors (12 women and 12 men).

Competitors from the SAC country group without FIS Points but with SAC points can start according their SAC points, and they are not included in the basic quota. This special quota is valid only before the publication of the 2<sup>nd</sup> FIS Points List of the current season.

#### *SAC.2.3.1 Organising Nation*

The organising nation may enter a quota of 50 competitors; in addition they are entitled to any of the 30 places the other nation (Chile in Argentina, Argentina in Chile) does not fill. All competitors must have a FIS code and fulfil the SAC.2.3 regulations.

#### *SAC.2.3.3 Normal FIS quotas for visiting nations*

The organising nation has the right to allow a nation from other regions to enter up to double their normal FIS quota. All competitors must appear on the valid FIS points list and have no more than 160 FIS points in SL and GS, 180 FIS points in SG and DH as follows:

- SL and GS: qualifying through any of the five events
- DH: qualifying through DH or SG
- SG: qualifying through DH, SG or GS
- Alpine Combined (with DH): qualifying through DH or SG
- Alpine Combined (with SG): qualifying through DH, SG or GS

National Federations applying for SAC.2.3.3 must apply in writing to the SAC Sub-Committee at least ten days prior to the competition or first official training. A decision will be made by the SAC Sub-Committee seven (7) days prior to the competition or first official training.

#### *SAC.2.3.4 Athletes from the African Continent*

Athletes from the African Continent may start in the South American Cup (SAC) races with the same qualification status as the South American racers (i.e. must have a FIS code and fulfil the SAC.2.3 regulations).

#### *SAC 2.3.5 Entry Fees and Lift charges*

For all competitors and team officials, except for those who are ranked in the top 75 on the valid FIS Points List in the event concerned and according to the respective Continental Cup quotas, entry fees and lift tickets might be charged.

**SAC 7 Support for Teams**

For each SAC race, teams with qualified competitors are entitled to receive one free lift pass per qualified competitor and per official according to 7.1.1 for use during the training camp.

**SAC.7.1 Competitors and officials of qualified competitors**

Qualified are competitors wearing start numbers from 1-30 who actually started the race and are ranked in the top 75 of the valid FIS points list in the event concerned and officials according to art. SAC.7.1.1.

*SAC.7.1.1 Officials (Service personal excluded)*

for a team of 1 - 2 qualified\* competitors: = 1 lift pass

for a team of 3 - 5 qualified\* competitors: = 2 lift passes

for a team of 6 - 10 qualified\* competitors: = 3 lift passes

\* 'qualified': competitors qualified for reimbursement of expenses

*SAC.7.2.1 Downhill, Super-G and Alpine Combined*

For Downhill, Super-G and Alpine Combined competitions art. 7 does not apply.

## **Section B: ANC - Australia New Zealand Cup**

### **ANC.2.3 Higher quotas**

Australia and New Zealand may enter up to 30 competitors (30 men and 30 women) in events organised in the other nation. All competitors must have a valid FIS code.

#### *ANC.2.3.1 Organising Nation*

The organising nation may enter a quota of 50 competitors; in addition they are entitled to any of the 30 places not taken up by the other nation (Australia in New Zealand, New Zealand in Australia). All competitors must have a FIS code and can participate irrespective of whether they have FIS points or not.

#### *ANC.2.3.3 Normal FIS quotas for visiting nations*

The organising nation has the right to allow a nation from other regions up to double their normal FIS quota. All competitors must appear on the valid FIS points list and have maximum of 160 FIS points in SL and GS, 180 FIS points in SG and DH as follows:

- SL and GS: qualifying through any of the five events
- DH: qualifying through DH or SG
- SG: qualifying through DH, SG or GS
- Alpine Combined (with DH): qualifying through DH or SG
- Alpine Combined (with SG): qualifying through DH, SG or GS

National Federations applying for ANC.2.3.3 must apply in writing to the ANC Sub-Committee, on the official entry form at least ten days prior to the competition or the first official training. A decision will be made by the ANC Sub-Committee seven (7) days prior to the competition or the first official training.

#### *ANC.2.3.4 Athletes from the African Continent*

Athletes from the African Continent may start in the Australian New Zealand Cup (ANC) races with the same qualification status as the Australian / New Zealand racers. They must have a FIS code and can participate irrespective of whether they have FIS points or not.

#### *ANC.2.4.2.1 Continental Cup winners*

Continental Cup event winners, named in annex 3.2.2. are entitled to complimentary entries and lift tickets.

## **ANC 7 Support for Teams**

For each ANC race, teams with qualified competitors are entitled to receive one free lift pass for each official training and race day per qualified competitor who actually starts, and for race officials according to ANC 7.1.1.

### **ANC.7.1 Competitors and officials of qualified competitors**

Qualified are competitors wearing start numbers from 1-30 who actually started the race and are ranked in the top 75 of the valid FIS points list in the event concerned and officials according to art. ANC.7.1.1.

#### *ANC.7.1.1 Officials (Service personal excluded)*

- for a team of 1 - 2 qualified\* competitors: = 1 lift pass
- for a team of 3 - 5 qualified\* competitors: = 2 lift passes
- for a team of 6 - 10 qualified\* competitors: = 3 lift passes

\* 'qualified': competitors qualified for reimbursement of expenses

*ANC.7.2.1 Downhill, Super-G and Alpine Combined*

For Downhill, Super-G and Alpine Combined competitions art. 7 does not apply.

## **Book of Duties for Organisers of Continental Cup Events**

### **A. Publicity**

#### *A.1 Event Title*

The Organisers are obliged to put the title: 'FIS European/Nor-Am/Far East/South American/Australia New Zealand Cup' or 'FIS European/Nor-Am/Far East/South American/Australia New Zealand Cup - Trophy (sponsor's name) on all posters, in notices, press reports, programmes and start lists as well as on the unofficial results lists.

#### *A.2 Other Advertising*

It is not permitted to put any other advertisement on the finish banner than the above mentioned text and the name and place of the event without the permission of the FIS.

### **B. Information**

#### *B.1 Results Distribution*

The Sub-Committee for the respective Continental Cup, or the appointed press and results office, commits itself to publish the overall classification and the classification of the individual events of the preceding races regularly, and as soon as possible after each event.

#### *B.2 E-mail / Electronic transmission*

Immediately after approval of the Technical Delegate, it is mandatory for Organisers to transmit official results and penalty calculation electronically in FIS Data format by e-mail to [alpineresults@fisski.com](mailto:alpineresults@fisski.com).

### **C. Press service**

The press service generally should conform to the recommendations of the International Association of Ski Journalists. Press accreditation for the Continental Cup races must be made according to the guidelines of this association. The Organiser of a competition that counts for the Continental Cup must make sufficient accommodation available to press, radio and television journalists, according to the requests submitted in time. The Organisers must also provide work rooms, with all essential technical aids (Wi-Fi access, printers), in sufficient quantity. The Organisers should appoint an experienced press secretary who draws up the provisional classifications of each competition and passes on, if necessary verbally, the decisions of the competition juries.

#### *C.1 Public Draw*

A public draw of start numbers for the top group may be organised for one of the competitions if there is television coverage of the public draw or there is sufficient public interest to provide an interesting event.

### **D. Continental Cup(s) Awards**

#### *D.1 Awards*

As a minimum the first five positions are to be awarded with Trophies. It is also highly recommended to award the 1<sup>st</sup> junior.

**D.1.1**      *Prize money for Europa Cup*

The Organisers of Europa Cup races must make available at least CHF 2'300.- or the equivalent, per race for prize money. This sum is divided between the 5 best competitors (excluded are the top 20 competitors of the valid FIS points list).

The Organisers of replacement races must make available only 50% of the minimum prize money.

The payment must be made at the awards ceremony in cash and in convertible currency, taking into consideration the local tax-laws.

The OC must assist the competitors with matters relating to taxation with prize money in the country in which the competition is held.

**D.2**      *Prize-giving ceremony*

The award ceremony for the individual events may take place after the last race in each event. For example, Downhill and Super-G awards may be presented together at the final event in the series and similarly, Slalom and Giant Slalom awards. The awards for the overall classification (and the Nations Cup where applicable) are presented after the final race of the Continental Cup Series.

**D.3**      *Details*

The Organiser must provide a simple prize-giving ceremony, which has personal warmth and dignity. The open air prize-giving ceremony is either held on the grounds of the last race or in a public square in the town or resort. A closed-off area, podium, public address system (microphone, amplifier and loudspeaker) as well as a table which is large enough for the trophies and medals to be displayed to the public, must be provided.

**D.4**      *The first three*

When the respective Continental Cup finals for men and women are taking place together, the women awards are presented first. The first three of each event and of the general classification are called up in the following order:

- third, second and first - for each of the events presented

**D.5**      *Winners*

The winners whose names have been called out shall remain at both sides of the podium, the women on one and the men on the other side, thus avoiding a back and forth by the same competitor called several times.

**D.6**      *General classification*

- third and second
- winner of the respective Continental Cup

**D.7**      *Presenting the prizes*

The Continental Cup and the medals are presented by the FIS President or his representative.

**E.      Transport**

**E.1**      *Use of uphill transport*

*Nor-Am Cup: refer NAC.2.4.3, Far East Cup: refer FEC.2.3.5; Australia New Zealand Cup: refer ANC.7*

Competitors and officials are entitled to tickets or identity cards which permit them to use the uphill transport servicing the training and race courses without payment.

During training and racing, priority should be given to the racers, coaches and officials on the appropriate uphill transport.

**F. Payment of expenses/Support for Teams**

*See art 7. of the Continental Cup rules (Section A and Section B).*

For teams qualified for accommodation arranged by the Organisers, the following guidelines are applicable.

Special arrangements can be made if agreed with the teams in advance.

**F.1 Expenses for the FIS Coordinator**

Accommodation and meals for the named FIS Coordinator and Equipment Controller are to be covered by the Organisers for the duration of their assignment.

**G. Accommodation**

**G.1 Lodging**

Lodging for the racers and coaches should be provided in rooms with a maximum of 2 beds with bath or shower. In exceptional cases also 3-bed rooms with bath or shower may be offered, but such solution should lead to a reduction in price.

**G.2 Food and beverages**

Food must be healthy and plentiful and must correspond to the needs of highly competitive athletes. The meals must meet at least the following guidelines:

Breakfast: Bread, butter and jam, coffee or tea with milk. Choice of eggs, cheese, sausages and different kinds of cereals  
Lunch: Soup or appetiser, 200 g meat (steak, etc.), poultry or fish, in agreement with the teams. Vegetables or other side dishes, cheese, fruit or desserts, ½ litre mineral water per person.  
Dinner: Same as lunch

**G.3 Mealtimes**

The hotel must adapt itself to the needs of the schedule which depends on the training and competition programme. For instance, for Slalom and Giant Slalom events, in general, breakfast is served very early in the morning. For Downhill, daily training is over at approx. 2.30 p.m. and the hotel must be able to serve hot meals on the return of racers and coaches. The Organiser is responsible for informing the hotel management of the agreement with regard to accommodation and food and of the daily programme, including any changes.

**H. Ski Rooms**

The Organisers are responsible for making adequate ski preparation and storage facilities available to all nations. These must be heated, ventilated and secure.

This responsibility is met by provision of facilities per nation; Organisers are not required to provide facilities per company or per regional/national team.

(The recommended ski room size depends on the number of athletes and servicemen).



**I. Warm-up courses / forerunners**

*I.1 Warm-up courses*

The Organiser should provide the teams well prepared courses, similarly prepared to the race course, for warming-up and training; these courses must be fenced-off. One of these courses should be at their disposal for the whole day if possible.

*I.2 Forerunners*

The Organiser should organise sufficient (up to 6-10) qualified forerunners for Downhill and Super-G, and 3-4 forerunners for Slalom and Giant Slalom.

**J. Technical details**

*J.1 Pre-event control of snow conditions on the race courses*

In the event that there is not enough snow on the race course, the OC must cancel the event(s). An expert appointed by the FIS shall make a decision in agreement with the Organising Committee.

Cancellation deadlines:

- for Downhill, Super-G and AC: 10 days prior to the race
- for Slalom and Giant Slalom: 6 days prior to the race
- for Australia / New Zealand Cup: 15 days prior to the race

*J.2 Rescue service*

The Organiser is responsible for providing a race doctor. Together with the Organiser, he must provide competent first aid and immediate evacuation of injured persons, by helicopter when necessary.

*J.3 Intermediate timing*

At Downhill events the Organisers are requested to provide two intermediate timing points with published times. If the OC does not put at disposal 2 intermediate times, the team of the organising country must provide 2 intermediate times for all the teams. Decision about positions and necessary protection will be taken by the jury.

*J.4 Video control*

Video control of the entire course is compulsory at all European Cup slaloms. All other Continental Cup slaloms should try to work towards this objective.

*J.5 Water injection beam*

Organisers of EC and NAC Slalom races are under obligation to have available at least one water injection beam.

**K. Accreditation / Armbands**

Accreditation and armbands must be handed out to the teams and officials according to art. 606 of the ICR, respecting art. 603.4.6.3. The official accreditations issued by FIS entitle the right to accreditation at an event, but not necessarily automatic entrance onto the course.

**L. General**

The ICR, the Continental Cup rules section A and section B and other supplementary directives must be strictly followed.