

FIS NORDIC COMBINED CONTINENTAL CUP 2019/20

| | | Men | | Women | |
|--------------------|-----|----------------------------------|-------------------|-------------------|------------------|
| Date | Day | Site, Nation | Hill, Event | Site, Nation | Hill, Event |
| I. Period | | | | | |
| 13.12. | Fri | Park City, USA | HS 100, 5 k, IG | Park City, USA | HS 100, 5 k, IG |
| 14.12. | Sat | Park City, USA | HS 100, 10 k, MS | Park City, USA | HS 100, 5 k, MS |
| 15.12. | Sun | Park City, USA | HS 100, 10 k, IG | Park City, USA | HS 100, 5 k, IG |
| 19.12. | Thu | Oberwiesenthal, GER | HS 106, 10 k, IG | | |
| 20.12. | Fri | Oberwiesenthal, GER | HS 106, Team | | |
| II. Period | | | | | |
| 10.-19.01. | | YOG, Lausanne, SUI | | | |
| 17.01. | Fri | Klingenthal, GER | HS 140, 5 k, IG | | |
| 18.01. | Sat | Klingenthal, GER | HS 140, 10 k, MS. | | |
| 19.01. | Sun | Klingenthal, GER | HS 140, 10 k, IG | | |
| 25.01. | Sat | Rena, NOR | HS 109, 10 k, IG | Rena, NOR | HS 109, 5 km, IG |
| 26.01. | Sun | Rena, NOR | HS 109, 10 k, IG | Rena, NOR | HS 109, 5 km, IG |
| III. Period | | | | | |
| 01.02. | Sat | Planica, SLO | HS 138, 10 k, IG | | |
| 02.02. | Sun | Planica, SLO | HS 138, 10 k, IG | | |
| 08.02. | Sat | | | Otepää, EST* | HS 97, 5 km IG |
| 09.02. | Sun | | | Otepää, EST* | HS 97, 5 km IG |
| 14.02. | Fri | Eisenerz, AUT | HS 109, 10 k, IG | Eisenerz, AUT | HS 109, 5 km, IG |
| 15.02. | Sat | Eisenerz, AUT | HS 109, Mixed T. | Eisenerz, AUT | HS 109, Mixed T. |
| 16.02. | Sun | Eisenerz, AUT | HS 109, 10k, IG | Eisenerz, AUT | HS 109, 5 km, IG |
| 28.02.-08.03. | | JWSC, Oberwiesenthal, GER | | | |
| IV. Period | | | | | |
| 07.03. | Sat | Lahti, FIN | HS 130, 10 k, IG | | |
| 08.03. | Sun | Lahti, FIN | HS 130, 10 k, IG | | |
| 13.03. | Fri | Nizhny Tagil, RUS | HS 97, 5 k, IG | Nizhny Tagil, RUS | HS 97, 5 km, IG |
| 14.03. | Sat | Nizhny Tagil, RUS | HS 97, 10 k, MS | Nizhny Tagil, RUS | HS 97, 5 km, MS |
| 15.03. | Sun | Nizhny Tagil, RUS | HS 97, 15 k, F | Nizhny Tagil, RUS | HS 97, 5 km, IG |

Youth Olympic Winter Games, Lausanne (SUI), 10.-19.01.2020

FIS Nordic Junior World Ski Championships, Oberwiesenthal (GER), 28.02.-08.03.2020

*) with World Cup