

**INTERNATIONAL SKI FEDERATION**

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## FIS FACT SHEET

### FIS Anti-Doping Programme Season 2018-2019

This FIS Fact Sheet provides an update on FIS Anti-Doping Activities at the outset of the 2018/19 season. The upcoming season with FIS World Championships highlighting the successful cooperation between the FIS and National Anti-Doping Organisations (NADOs) since In-Competition Testing at World Championships is traditionally carried out by the national anti-doping partners.

#### 1. Out-of-Competition Testing Programme

The main focus of the FIS Anti-Doping Programme is on unannounced out-of-competition testing, with a strong emphasis on collecting blood samples for the athlete biological passport (ABP). The regular internal and external reviews of the passports are a key activity to be able to adapt individual testing programmes depending on laboratory results and other factors.

The FIS Anti-Doping programme has shown that it works. FIS strongly believes that the very few adverse analytical findings confirms that the FIS anti-doping programme, initiated in 2001 by Bengt Saltin, has changed the behaviour of skiers with their full focus on natural performance. The FIS anti-doping programme has evolved from only catching the skiers who cheat, to protecting the skiers who don't.

The International Testing Pool in the six FIS Olympic disciplines currently consists of 312 athletes, and the testing frequency and analysis types is taking the requirements and recommendations from various standards and technical documents from the World Anti-Doping Agency (WADA) into consideration, which is an obligatory element to keep in compliance with the rules.

FIS continues to invest in long-term storage of urine as well as blood samples for later re-analysis as the scientific knowledge and new-accredited analysis methods are available.

## 2. Overview FIS Out-of-Competition Testing April – November 2018

	Urine	Blood tests	ESAs (urine/blood)	Blood passport
Cross-Country	235	110	170	268
Nordic Combined	45	16	18	55
Ski Jumping	43	6	16	
Alpine Skiing	172	58	61	157
Freestyle	20	8	3	
Snowboard	9	2		
<b>Total</b>	<b>524</b>	<b>200</b>	<b>268</b>	<b>480</b>

## 3. What enhancement did FIS make in 2018 - independent testing programme for Russian athletes

In 2017, FIS was approached by the Russian Skiing Federation to assist them in implementing a thorough independent anti-doping test programme before the Olympic Winter Games in PyeongChang. The aim of the programme was to ensure that every Russian skier participating in the Games could demonstrate they were tested independently of the Russian Ski Association, according to highest international standards.

By applying an independent anti-doping programme planned, carried out and managed by FIS and an appointed specialist anti-doping testing agency to all the Russian skiers competing at FIS World Cup level and of course PyeongChang 2018, as well as many other athletes including emerging youngsters, could ensure that every Russian skier was tested out-of-competition enough times applying the right timing and analyses. More than 400 samples were collected over a period of eight months. Blood and urine steroid profiles were established and evaluated by external experts.

## 4. Update to the FIS Anti-Doping Rules – Reduction of Quota Places

The FIS Council approved an update to the FIS Anti-Doping Rules 2019 following the recommendation issued by the International Olympic Committee (IOC) to establish rules to reduce quota spots due to repeated anti-doping rule violations.

This measure underlines the “FIS no-tolerance policy” to doping and demonstrates leadership in this extremely important area and serves as another preventative tool. The new rule reads as follows:

*12.3.1.2 If Four (4) or more violations of these Anti-Doping Rules (other than violations involving Article 2.4) are committed by Athletes or other Persons affiliated with a National Ski Association within a 12-month period in testing conducted by FIS, or other Anti-Doping Organisation, the following reduction of quotas places at the Olympic Winter Games, FIS World Championships and FIS World Cup will apply:*

<i>Number of violations (ADRV)</i>	<i>Reduction of quota places</i>
<i>4 (four) to 6 (six)</i>	<i>Next OWG and next WSC: reduction of 2 (two) quota places in the discipline and gender concerned; Next World Cup season: reduction of/by 2 (two) in the discipline and gender concerned.</i>
<i>7 (seven) to 11 (eleven)</i>	<i>Next OWG and next WSC: reduction of 4 (four) quota places in the discipline and gender concerned; Next World Cup season: reduction of/by 4 (four) in the discipline and gender concerned.</i>
<i>12 (twelve) and more</i>	<i>Next OWG and next WSC: reduction of 6 (six) quota places in the discipline and gender concerned; Next World Cup season: reduction of/by 6 (six) in the discipline and gender concerned.</i>

## 5. In-Competition Testing Programme at FIS World Cups

The FIS conducts in-competition testing at select FIS World Cup events, as defined in the FIS Anti-Doping Rules. A large proportion of In-Competition Testing involves joint efforts with many National Anti-Doping Organisations (NADOs), having started with a cooperation at the Nordic World Cup kick-off in Ruka (FIN) with the Finnish Anti-Doping Agency (FINCIS), followed with the Norwegian Anti-Doping Agency (ADNO) in Lillehammer (NOR).

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The overall investment by FIS in its Anti-Doping programme during the 2018/2019 season is budgeted with the same amount as in the previous season and amounts to approximately CHF 1.5 million. This includes both the in- and out-of-competition testing programmes and various preventive, informational and educational efforts. Testing on athletes in the FIS disciplines by National Anti-Doping Agencies is not included in this investment.

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### About FIS

FIS is the governing body for international skiing and snowboarding, [founded in 1924](#) during the first Olympic Games in Chamonix, France. Recognized by the International Olympic Committee (IOC), FIS manages the Olympic disciplines of [Alpine Skiing](#), [Cross-Country Skiing](#), [Ski Jumping](#), [Nordic Combined](#), [Freestyle Skiing](#) and [Snowboarding](#), including setting the international competition rules. Through its 131 member nations, more than 7'000 FIS ski and snowboard competitions are staged annually. Specific initiatives are undertaken by FIS to promote snow activities as a healthy leisure recreation, [notably for the young](#). For more information, please visit [www.fis-ski.com](http://www.fis-ski.com).

