Mass Start: impact on the final result or bonus sprint?

- Impact only on the bonus sprint
  - Competition Suspension: Relegated out of the bonus
  - Written reprimand

- Impact on the Final Result or Dangerous behavior
  - DSQ
Sprint Heats: impact on the final result or bonus sprint?

- Impact only on the heat result
  - Competition Suspension: Ranked Last in the heat
  - Written reprimand

- Impact on the Final Result or Dangerous behavior
  - DSQ