



RULES FOR THE FIS NORDIC COMBINED CONTINENTAL CUP (LADIES)

EDITION 2018/2019

RULES FIS CONTINENTAL CUP NORDIC COMBINED LADIES 2018-2019

Legend: COCNC-L = Continental Cup Nordic Combined Ladies

1. Calendar Planning as well as Entry and Appointment of the Competitions

1.1 Continental Cup Nordic Combined

- 1.1.1 Each National Ski Association is entitled to apply to the Committee for Nordic Combined for COCNC-L competitions by the pre-established deadline.
- 1.1.2 The application has to be made two years in advance and on the official FIS entry form. The application form must show the expiration date of the hill and course certificate.
- 1.1.3 Only one COCNC-L competition can be carried out on the same date.
- 1.1.4 The last COCNC-L event in a competition season is carried out as the COCNC-L final. In connection with the COCNC-L final the overall COCNC-L prize-giving ceremony will take place.
- 1.1.5 The official timing and data provider will present a flat rate for their services for all the COCNC-L organisers:
- | | |
|--------------------------|-----------|
| - USA / Russia / Oversea | EUR 9'000 |
| - Scandinavia | EUR 8'000 |
| - Middle Europe | EUR 7'000 |
- If COCNC Men and Ladies competitions are hosted together at the same place the flat rate for the official timing and data provider shall be payed only once.
- This flat rate price includes the following:
- Basic equipment package from Ewoxx as in the last seasons
 - Travel expenses for the Ewoxx team
 - Overweight baggage cost for Ewoxx

All Nations participating in COCNC-L competitions without hosting any Nordic Combined World Cup or COC events will pay their contribution after the conclusion of the COC season.

1.2 Appointment of the COCNC-L events

- 1.2.1 The Nordic Combined Committee examines:
- the suitability of the hill and course in question for COCNC-L competitions by means of the valid certificate
 - the accommodation capacity and the spectator appeal of the competition site
 - the standard of the race organisation
 - maximum hill size (HS) being used for COCNC-L competitions is Normal Hill (NH) size.
- 1.2.2 According to the result of this evaluation and the proposed dates the Nordic Combined Committee establishes a provisional COCNC-L competition schedule for the upcoming two years. The final COCNC-L competition calendar for the current season requires the approval of the FIS Council.

1.3 Cancellations

In the event that the selected competition site cannot be used, the respective National Ski Association must cancel the event(s) and this must be done at the latest eight (8) days before the competition.

1.4 Waxing Cabins and Changing Area

The Organizing Committee is obliged to put necessary waxing cabins as well as a separate changing area at disposal without any additional costs for the user.

2. Participation Right for COCNC-L Competitions

2.1 Only competitors with a FIS-Code are allowed to be entered.

Each National Ski Association has full responsibility for the qualification of its competitors for COCNC-L competitions and for their ability to handle the jumping hills being used.

2.2 Allowed to start are:

- Competitors, who are born in 2003 and earlier.
- Each National Ski Association can enter, for a COCNC-L event, a maximum of five (5) athletes.
- The host nation has the right to enter an additional National Group of four (4) athletes
- If more than four (4) COCNC-L competitions are planned to be carried out in one country, the host nation is only entitled to enter a National Group in a maximum of 4 competitions per competition season.

3. COCNC-L Evaluation

3.1 Individual competitions

1 st place = 100 points	16 th place = 15 points
2 nd place = 80 points	17 th place = 14 points
3 rd place = 60 points	18 th place = 13 points
4 th place = 50 points	19 th place = 12 points
5 th place = 45 points	20 th place = 11 points
6 th place = 40 points	21 st place = 10 points
7 th place = 36 points	22 nd place = 9 points
8 th place = 32 points	23 rd place = 8 points
9 th place = 29 points	24 th place = 7 points
10 th place = 26 points	25 th place = 6 points
11 th place = 24 points	26 th place = 5 points
12 th place = 22 points	27 th place = 4 points
13 th place = 20 points	28 th place = 3 points
14 th place = 18 points	29 th place = 2 points
15 th place = 16 points	30 th place = 1 point

3.1.1 In case of equality in points between competitors each athlete receives the points corresponding to the rank (the following place is omitted).

3.1.2 A minimum of five (5) National Ski Associations must participate if a COCNC-L competition is to count for the COCNC-L evaluation.

3.1.3 **Continental Cup Standing**

The COCNC-L points of all individual competitions of the current season will be counted for the COCNC-L overall winner.

In case of an equality of points in the COCNC-L standings the better ranking order of the different competitions will be used to decide the ranking. If the competitors are still equal, the starting order will be drawn.

3.1.4 The current leader of COCNC-L overall evaluation receives the " COCNC-L Leader bib" (the colour is green / RAL6018), which she is allowed to keep. The "COCNC-L Leader bib" has to be worn by the leader at the COCNC-L event, at the official winner's ceremony and in all official trainings.

The leader bib has to be provided by the OC.

3.1.5 The leg bibs have to be provided by the OC.

3.2 **Team Competition and Team Sprint**

3.2.1 **Team Competition**

1st place = 400 points
2nd place = 350 points
3rd place = 300 points
4th place = 250 points

5th place = 200 points
6th place = 150 points
7th place = 100 points
8th place = 50 points

3.2.2 **Team Sprint**

1st place = 200 points
2nd place = 175 points
3rd place = 150 points
4th place = 125 points

5th place = 100 points
6th place = 75 points
7th place = 50 points
8th place = 25 points

3.2.3 In case of equality of points of teams, each team obtains the points corresponding to the rank. The following place is omitted.

3.2.4 At least five (5) National Ski Associations must participate if a COCNC-L Team Competition is to count for the COCNC-L Nations Cup.

3.2.5 **Starting order in Team Competition/Team Sprint**

The starting order will be based on the reverse order of the actual Continental Cup Nations standings.

3.2.6 **COCNC-L Nation Cup**

The sum of the points of all competitors from one nation of all COCNC-L competitions of the current season – including the points of the Team Competition/ Team Sprint – will be taken into consideration for the COCNC-L evaluation per nation.

In case of an equality of points in the COCNC-L nation's evaluation, the better ranking order of the different competitions (Individual, Team Competition and Team Sprint) will decide.

4. **Competition Mode and Starting Order**

4.1 The COCNC-L competitions have to be carried out according to ICR art. 540 and 541 (individual competitions) with the following supplements:

4.1.1 For the competition round in Ski Jumping the number of competitors will be divided into three groups. The number sequence of the groups is as follows:

- Group I-A of the organising country
- Group I and II (athletes without COCNC-L points)
- Group III (athletes with COCNC-L points)

The starting order within the group will be determined as follows:

- Group I-A: draw or seeding
- Group I and II: draw
- Group III: reverse order of the actual COCNC-L standings. As soon as athletes appear in the COCNC-L standings they are seeded in group III according to their ranking. For the first COCNC-L competition of the season, the final COCNC-L standing of the past season is decisive.

4.1.1.1 Course length Individual Gundersen: 5 km

4.1.2 The COCNC-L Team Competition and Team Sprint have to be carried out according to the ICR rules art. 542 and 543 with the following supplements: Each nation can start with one (1) Team in Team Competition. For the Team Sprint competition two (2) Teams per Nation are qualified. The distribution of points will be carried out only for one Team per Nation.

4.1.2.3 **Provisional competition round (PCR)**

The Jury is entitled to decide if a PCR takes place.

Addition: The provisional competition round will be carried out according to the regulations of a competition round. The scores can be used as a result for the start of the CC race only if the actual competition round Ski Jumping cannot be carried out. This score can be used only one time as a maximum for a weekend. If the PCR will be used all athletes starting in the PCR can start at the Cross-Country race.

5. COCNC-L Prizes

5.1 Prize Money

The Organising Committee must provide prize money of at least the following amount in Swiss (CHF) per competition:

Individual Competition: CHF 1'500, divided between the top 6 athletes:

1 st place =	CHF 500.--
2 nd place =	CHF 400.--
3 rd place =	CHF 300.--
4 th place =	CHF 150.--
5 th place =	CHF 100.--
6 th place =	CHF 50.--

Team competition: CHF 1'500, divided between the top 3 teams:

1 st place =	CHF 800.--
2 nd place =	CHF 500.--
3 rd place =	CHF 200.--

Team Sprint: CHF 1'500, divided between the top 3 teams:

1 st place =	CHF 800.--
2 nd place =	CHF 500.--
3 rd place =	CHF 200.--

- 5.2 FIS Continental Cup Trophy**
The COCNC-L overall winner receives the Continental Cup trophy.
The first six (6) competitors receive FIS COC medal.
- 5.3 FIS Nations Continental Cup Trophy**
The winner of the FIS Nations Continental Cup receives the FIS Nations Continental Cup Trophy.
- 5.4 Provision of Awards**
The trophies and the medals will be provided by the FIS.
- 5.5 Presentation**
The Continental Cup trophies and the medals shall only be awarded at the COCNC-L final.
- 6. Payment of COCNC-L Expenses**
- 6.1** Every COCNC-L organiser must take over the following costs for each participating National Association according to the following key:
When organizing COCNC-L only
- three (3) athletes per nation (except National Group)
 - one (1) official per nation
- 6.1.1 COCNC Men and Ladies competition together in the same place**
- Every COCNC organiser must take over the following costs for each participating National Association according to the following key:
- COCNC-M
- four (4) athletes per nation (except National Group)
 - one (1) official per nation and
- COCNC-L
- two (2) athletes per nation
 - one (1) official per nation
- 6.1.2 Accommodation**
Room and full pension in a good hotel in the competition resort for the duration of the event, beginning one night before the first official training resp. the following night after the last competition.
For competitors and officials not included in the quota, the Organising Committee has to provide for competitors and officials accommodation and meals at least 25% below the normal price at the place of question, whereby CHF 125,- is the maximum price.
An invitation and information packet must be sent by the organiser to each National Ski Association. Participating teams must enter their competitors prior to the published entry deadline. By doing so, secure their required number of booked reservation.
For booked room reservation not used, the organiser has the right to demand a cancellation fee from the resp. National Ski Association.
By no means is the organiser or the hotel manager allowed, without agreement of the team captain, to demand the vacating of the rooms on the day of the competition.

6.1.3 **Transportation**

The organizer has to provide and take over a shuttle service between the accommodation and the competition site.

6.2 The reimbursement of expenses for travel and accommodation for the TD, the TD Assistant and the foreign Jumping Judge has to be paid according to ICR art. 505.3

7. **Media Service**

Each COCNC-L organiser must get in touch with his national "press agency" before the competition season and make sure that, immediately after the COCNC-L competition, the COCNC-L result list or at least the COCNC-L ranks will be distributed by this agency.

The press-/media service has to be organised and performed according to the recommendations and guidelines of the International Ski Federation as well as the International Association of Ski Journalists (AIPS).

8. **Rescue Service - Medical Support Requirements**

The Organizer is responsible for setting up and operating during all competition times (training and competitions) an appropriate rescue service. The Medical Support Requirements for FIS Event Organizers are set forth in the ICR, art. 221.6 as well as chapter 1 of the FIS Medical Guide (containing Medical Rules and Guidelines).

9. **COCNC-L Report**

The TD is responsible for the report on the COCNC-L competition (see art. 503.1.5.3). Immediately after the competition ends the report shall be completed and submitted. The report is available online.

10. **Coordination**

The FIS nominates a COCNC-L Coordinator who must possess a TD-license for Nordic Combined. The COCNC-L Coordinator reports to the Nordic Combined Race Director. FIS will also appoint an Equipment Controller for each COCNC-L event.

The respective organiser has to pay for accommodation, board and travel expenses of the COCNC-L Coordinator and the Equipment controller.