

FIS Cross Country Nation Rankings 2024-2025

The FIS Cross Country Nation ranking is calculated for each gender and is based on all the individual and team competitions held at World Cups (WC), World Championships (WSC), Junior World Championships (JWSC) and U23 World Championships (U23WSC) during the 2024-2025 season.

The FIS Cross Country Nation ranking will be calculated for each gender by cumulating:

- The scores of each nation's 3 best competitors for the individual competitions
- The score of each nation's best team for the team competitions (for mixed team competitions, the score will count for both genders).

The nations will be ranked according to their total number of points scored during the 2024-2025 season (1st place for the country with the highest number of points, etc). In case of a tie (if two or more nations have the same number of points), the nations will be ranked according to the highest number of first places and then the best results (most 2nd places, most 3rd places, etc). If a tie still remains, then the positions are determined by a draw.

The following points tables will be used:

1. Individual competitions

The individual scores of each nation's 3 best competitors will be awarded. **In case of a tie,** each competitor receives the points for that placing.

1.1 World Cup, World Championships and OWG

1st to 3rd	Decreasing by 10 points from 200 to 180
4th to 20th	Decreasing by 5 points from 175 to 95
21st to 30th	Decreasing by 2 points from 90 to 72
31st to 100th	Decreasing by 1 point from 70 to 1
101th and higher	1 point

1.2 U23 World Championships

1st to 3rd	Decreasing by 5 points from 100 to 90
4th to 30th	Decreasing by 2 points from 88 to 36
31th to 65th	Decreasing by 1 point from 35 to 1
66th and higher	1 point

1.3 JWSC

1st to 3rd	Decreasing by 5 points from 80 to 70
4th to 25th	Decreasing by 2 points from 68 to 26
26th to 50th	Decreasing by 1 point from 25 to 1
51th and higher	1 point

2. Team competitions

The score of each nation's best team will be awarded.

In case of a tie, each team receives the points for that placing.

2.1 World Cup, World Championships and OWG

1st to 3th	Decreasing by 25 points from 400 to 350
4th to 15th	Decreasing by 15 points from 325 to 160
16th to 30th	Decreasing by 10 points from 150 to 10
31th and higher	5 points

2.2 U23 and Junior World Championships

1st to 3th	Decreasing by 20 points from 200 to 160
4th to 10th	Decreasing by 10 points from 150 to 90
11th to 25th	Decreasing by 5 points from 80 to 10
26th and higher	5 points