



9-12 MARCH 2023

MEDIA GUIDE

WELCOME

The press and media team in Holmenkollen wish you a warm welcome to the best skiing festival in the world. We are ready to receive about 350 athletes from 30 nations, journalists, photographers and commentators as well as several million TV viewers.

The events in Holmenkollen are part of the FIS World Cup in Ski Jumping, Nordic Combined and Cross-Country. An instant success in its first year, the intense and extreme RAW AIR Ski Jumping Tournament once again kicks off in Holmenkollen for its sixth edition, this time including the ladies for the fourth time. There is more information on RAW AIR on page 7.

The Nordic Combined events take place on Thursday, Saturday and Sunday (provisional competition round on Friday). There will be individual competitions for the Ski Jumping athletes (both Men and Women) on Saturday and Sunday (qualification on Friday).

The Cross-Country competitions starts with the traditional men's 50 km on Saturday, and the women's on Sunday. For the first time in the World Cup history the women will do the same distance as the men.

PROGRAM

THURSDAY 9 MARCH

18:15 Nordic Combined Women, Ski Jumping, Midtstubakken (HS106)

FRIDAY 10 MARCH

13:00 Nordic Combined Men, Provisional Competition Round, Holmenkollbakken (HS134)

17:00 Ski Jumping Men, RAW AIR, Qualification, Holmenkollbakken (HS134)

20:00 Ski Jumping Women, RAW AIR, Qualification, Holmenkollbakken (HS134)

SATURDAY 11 MARCH

09:30 Nordic Combined Men, Ski Jumping, Holmenkollbakken (HS134)

10:30 Cross-Country Men, 50 km, Free technique, Mass start

13:30 Nordic Combined Women, Cross-Country, 5 km

14:00 Nordic Combined Men, Cross-Country, 10 km

14:40 Ski Jumping Men, RAW AIR, Holmenkollbakken (HS134)

15:45 Youth Relay

18:00 Ski Jumping Women, RAW AIR, Holmenkollbakken (HS134)

SUNDAY 12 MARCH

09:00 Nordic Combined Men, Ski Jumping, Holmenkollbakken (HS134)

10:15 Cross-Country Women, 50 km, Free Technique, Mass start

11:30 Ski Jumping Men, RAW AIR, Qualification, Holmenkollbakken (HS134)

13:00 Ski Jumping Women, RAW AIR, Qualification, Holmenkollbakken (HS134)

13:45 Nordic Combined Men, Cross-Country, 10 km

14:15 Ski Jumping Women, RAW AIR, Holmenkollbakken (HS134)

16:30 Ski Jumping Men, RAW AIR, Holmenkollbakken (HS134)

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Facebook: [@holmekollenskifestival](https://www.facebook.com/holmekollenskifestival)

ACCREDITATION

ACCREDITATION LINK

To apply for accreditation to the World Cup Nordic in Holmenkollen, use the following link:

<https://app.rubic.no/Public/Projects/1203/Accreditation>

Deadline for applying is 2 March 2023.

ACCREDITATION CARDS

Accreditation cards can be picked up at Scandic Holmenkollen Park Hotel.

Opening hours	
Thursday 9 March	08:00 - 20:00
Friday 10 March	08:00 - 20:00
Saturday 11 March	08:00 - 17:00
Sunday 12 March	08:00 - 15:00

For media attending RAW AIR in both Oslo, Lillehammer and Vikersund:

International right holders (registered through Infront) and host broadcaster (NRK) can use the same RAW AIR-accreditation in Lillehammer and Vikersund as in Holmenkollen.

To apply for RAW AIR accreditation, use the following link:

<https://app.rubic.no/Public/Projects/1390/Accreditation>

More information about RAW AIR here: <https://www.rawair.com/>

ACCOMMODATION

If you would like to stay at the official press hotel, Scandic Oslo City, please use the booking link/code below. The hotel is located within walking distance from the metro station, Jernbanetorget.

<https://www.scandichotels.no/hotelreservation/select-rate?hotel=336&fromDate=2023-03-6&toDate=2023-03-11&room%5b0%5d.adults=1&bookingCode=BHOL060323>

Code: BHOL060323

Deadline for booking of room: 25 February (after this date please contact holmenkollen@gyro.no).

TRANSPORT

If you need transport from/to downtown Oslo to/from Holmenkollen, please send an e-mail to media@holmenkollen.com or contact the information desk in the Press Center.

PUBLIC TRANSPORT

Public transport is a fast and convenient way to get to the venue from downtown Oslo. Take metro line (T-bane) number 1 in the direction *Frognerseteren/Holmenkollen* from any metro station in the city center and get off at *Holmenkollen*. For more information, please see ruter.no/en.

PARKING

If you need a parking space, please contact media@holmenkollen.com.

PRESS CENTER

The Press Center is located right next to the finish line for the Cross-Country races. Here you will find a working area with free Wi-Fi access and refreshments.

Opening hours	
Thursday 9 March	10:00 - 20:00
Friday 10 March	10:00 - 22:00
Saturday 11 March	08:00 - 21:30
Sunday 12 March	07:45 - 20:30

RAW AIR

Both men's and women's jumping competitions in Holmenkollen are part of the RAW AIR Ski Jumping Tournament. RAW AIR takes place in three different cities in Norway. The RAW AIR tournament starts in Holmenkollen Friday 10 March, then it continues in Lillehammer and concludes in Vikersund with finals on Sunday 19 March.

Points for the overall tournament will be accumulated from all the competition days.

PROGRAM RAW AIR MEN AND WOMEN IN HOLMENKOLLEN

10 MARCH 17:00	2023	LO Qualifications Men
10 MARCH 20:00	2023	LO Qualifications Women
11 MARCH 14:40	2023	Individual Competition Men
11 MARCH 18:00	2023	Individual Competition Women
12 MARCH 11:30	2023	LO Qualifications Men
12 MARCH 13:00	2023	LO Qualifications Women
12 MARCH 14:15	2023	Individual Competition Women
12 MARCH 16:30	2023	Individual Competition Men

PHOTOGRAPHERS

PHOTO BIBS

The photo bibs will be available at the Info Desk in the Press Center from Thursday. There will be a deposit per bib which will be refunded upon returning the bib after the event. Please bring the bibs back no later than one hour after the end of the event. The photo bibs **MUST** be worn for the duration of the cross-country races.

PHOTO BRIEFING

There will be a photo briefing in the Press Center on Thursday, Friday and Saturday. Exact times will be communicated on location.

PHOTO POSITIONS

All information about photo zones will be given by the Chief of Photo in a briefing the Press Center Thursday, Friday and Saturday,

SKI JUMPING HILL

Please note that there has to be a safety distance of 2 meters before and after the wind measurement devices on the stairs on the sides of the ski jumping hill. Please follow the instructions of the distance measurers in regard to this.

TRACKS

On the track, the entire stadium is a clean zone and photo positions inside it are not available with the exception of the photo position communicated at the photo briefing. Crossing the ski track is not allowed except when accompanied by the photo service staff. Please follow the instructions of the security staff.

PHOTO OPPORTUNITY IN THE TOWER

It will not be possible to take pictures from the inrun tower.

CEREMONIES

For the ceremonies, photographers will be led into the finish area to take pictures. Please follow the instructions of the security staff and stay behind the indicated line for the duration of the ceremony.

COVID REGULATIONS FOR MEDIA

All media is required to follow the FIS Covid Testing Protocol which can be found here:

<https://www.fis-ski.com/en/inside-fis/covid-19-hub>

VENUE

HOLMENKOLLEN NATIONAL SKI ARENA

Holmenkollen National Ski Arena is among the most famous sports arenas in the world. It is one of Norway's most visited tourist attractions and includes the [Holmenkollen Ski Museum and Jump Tower](#), shops, a café and a ski simulator. It is the gateway to Nordmarka, a very popular recreational area for the inhabitants of Oslo. From the ski jump tower, 60 meters above the ground and 417 meters above sea level, you can experience a breathtaking view of Oslo and the fjord below.

The arena is Norway's national venue for Nordic skiing. Its ski jumping facilities comprise the well-known K120 Holmenkollen ski jumping hill as well as the K90 hill in Midtstulia. In Midtstulia, there are another four hills for children and beginners, with K points of K10, K20, K40 and K60, respectively. All the five jumping hills in Midtstulia have a plastic inrun and can be used all year round.

For cross-country skiers, there are about 5 km of slopes with asphalt surface for roller skiing. There is also a shooting range and the arena has hosted many biathlon world cup races as well as the biathlon World Championships in 1986, 2000 and 2016.

Holmenkollen was a venue of the Winter Olympics in 1952 and hosted the FIS Nordic World Ski Championships in 1930, 1966, 1982 and 2011.

STATS AND FACTS

HOLMENKOLLEN SKI JUMPING HILL

The ski jumping hill was rebuilt for the World Championships in 2011 and the new hill was officially opened on 3 March 2010. It claims to be the world's most modern ski jumping facility. The start house soars around 64 meters above the ground and the construction comprises 1,000 tons of steel.

- Holmenkollen is the world's most modern ski jump facility.
- The newest ski jump in the world.
- The first ski jump in the world with permanent wind protection inherent to its design and construction.
- The only steel ski jump in the world.
- Cabin lift to the very top of the ski jump for the benefit of competitors, judges, press and public alike.
- The ski jump has permanent wind protection as an integrated part of the inrun construction.
- New judges' grandstand, new royal grandstand and improved facilities for the public.
- Upgraded light and sound system.
- Spectator capacity: 30,000.

INRUN

- The total length is 96.95 meters.
- The steepest point is 36 degrees.
- The height of the takeoff is 3 meters.
- The width of the track/track bed is 2.77 meters.

DOWNHILL SLOPE

- The hill size is 134 meters – the K point is 120 meters.
- At the steepest point of the downhill slope the angle is 35.7 degrees, measured 105.6 meters from the takeoff.
- The angle at the hill size is 30.8 degrees.
- The width of the landing slope is 25.2 meters.
- The height difference from the edge of the takeoff to the K point is 59.1 meters.
- There are around 250 steps to the top.
- Holmenkollen ski jump is situated approximately 375 meters above sea level.

BUILDING MATERIALS

Tower/inrun construction in steel, grandstands in steel and concrete.

MIDTSTUEN

- The K point is 90 meters.
- The hill size are 106 meters.
- The hill has a plastic inrun. It can be used in the summer as well.
- There is a lift from the bottom to the foot of the tower.
- Spectator capacity: 15,000.

Sources: [Skiforeningen](#) and the municipality of Oslo.

FUN FACTS

- Holmenkollen is pronounced [' hɔlmən ' kɔləŋ].
- The Royal Family of Norway attends the Holmenkollen Skifestival every year and has its own grandstand in the arena called Kongetribunen (the King's grandstand).
- Holmenkollen Arena has hosted competitions since 1892.
- The first ski jump in Holmenkollen was made of snow and twigs.
- Large parts of the plot of the mystery novel "The Snowman" – particularly the book's final climactic scenes – are set in Holmenkollen, both the residential area and the ski jump.
- Holmenkollen Ski Jump Hill and Arena were built for the 2011 FIS Nordic World Ski Championships and opened 3 March 2010.
- Holmenkollen Ski Arena has installed the world's largest slush machines to produce top quality ski jumping hills. However – you can literally make yourself a huge shave ice by adding flavor!

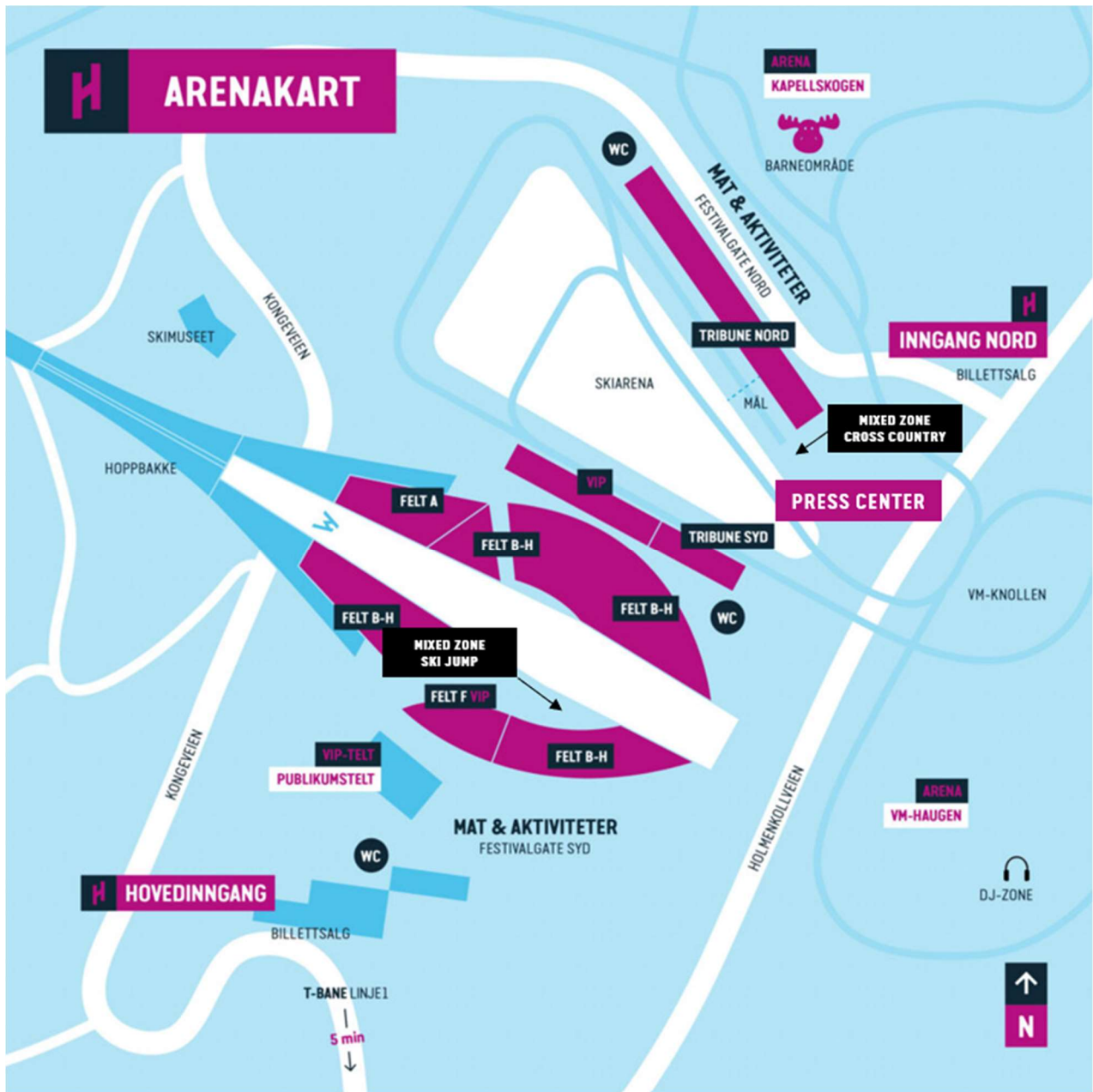
VISIT OSLO

Useful links:

- [VisitOSLO's Media Kits](#)
- [VisitOSLO's image and video bank](#)
- [Oslo's top 10 attractions](#)
- [Accommodation in Oslo](#)
- [Winter in Oslo](#)
- [Oslo Green Guide](#)
- [Oslo for foodies](#)
- [Sauna Life by the Oslo Fjord](#)
- Find VisitOSLO on [Facebook](#), [Instagram](#), [YouTube](#) and [Vimeo](#)

Any questions or want more information regarding Oslo? Contact media@visitoslo.no.

VENUE MAP



COMPETITION AND COURSE MAP

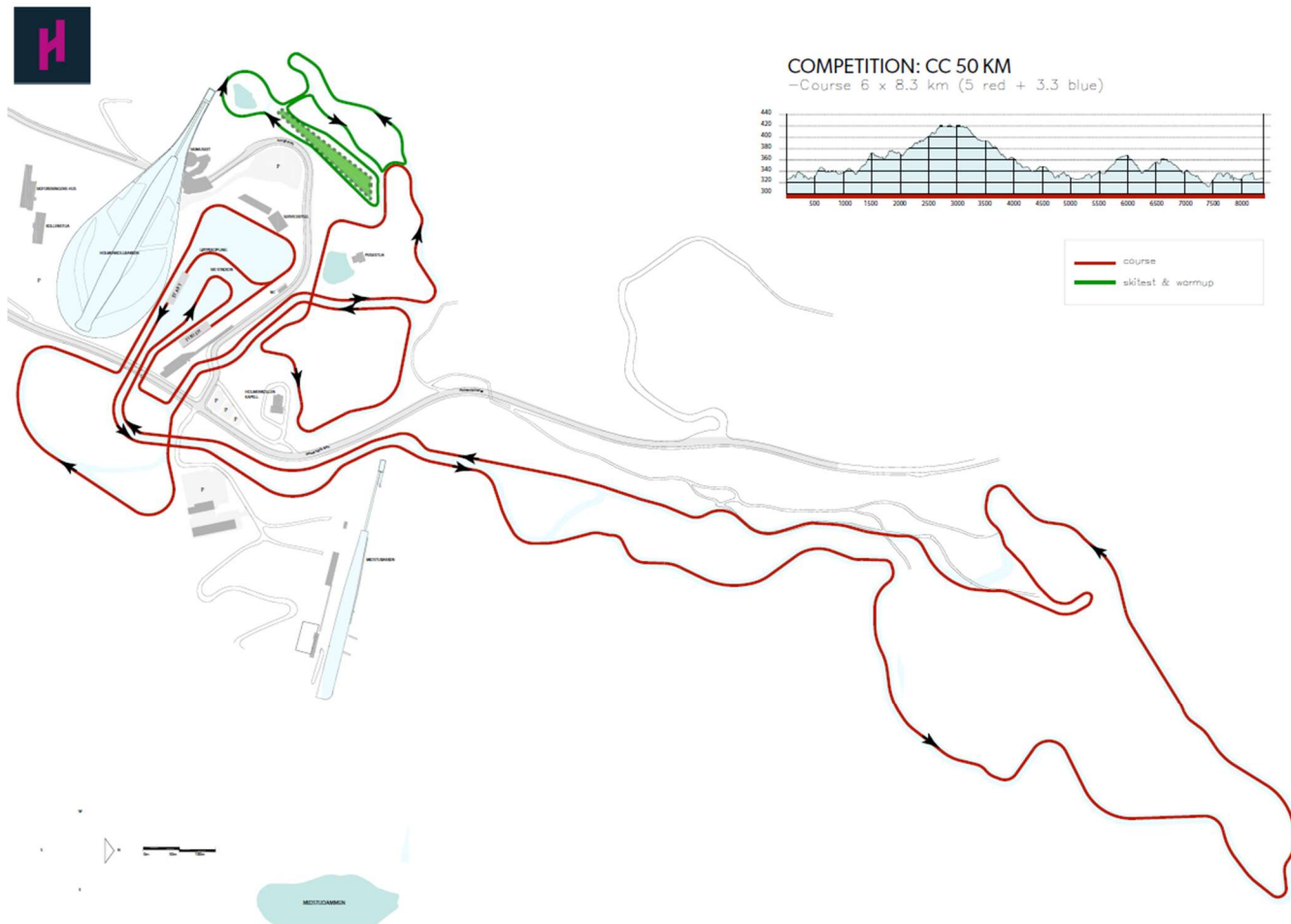
CROSS-COUNTRY

50 km Men and Women, Free Technique (6 x 8.3 km)

Men: Saturday 11 March 10:30

Women: Sunday 12 March 10:15

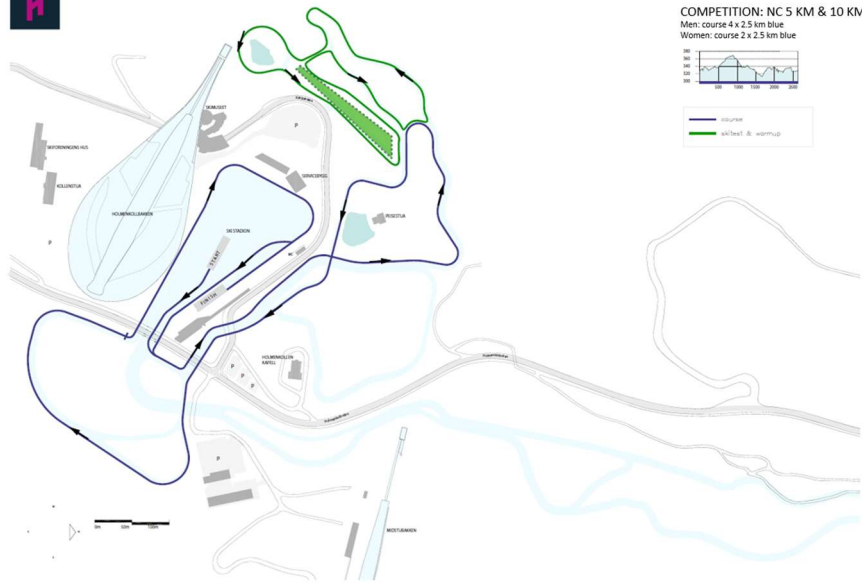
The men's and women's 50 km race are in free style and consists of 6 laps of 8.3 km. There is a bonus sprint at Frogneseteren on all laps. A new uphill at Seterbakken was added in 2016, ensuring that the total climb is at the FIS maximum of 200 m for the 50 km, making it the toughest 50 km on the World Cup circuit.



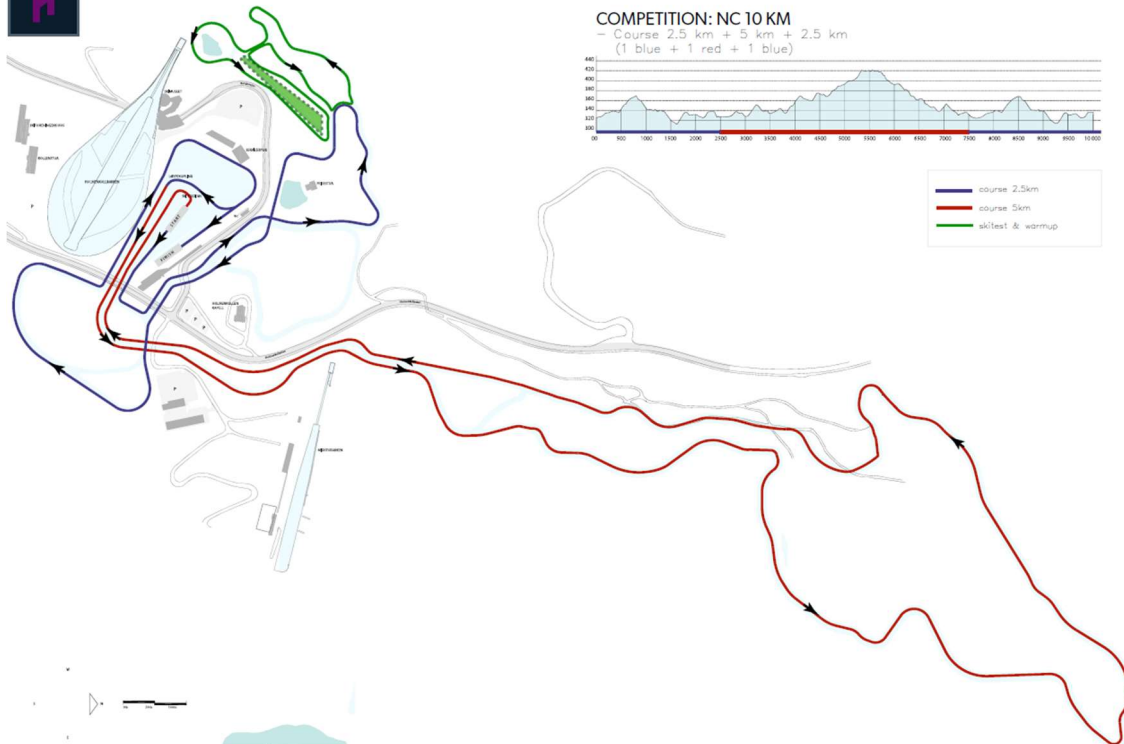
NORDIC COMBINED

Women: Saturday 11 March 13:30 (2 X 2,5 km)

Men: Sunday 12 March 13:45 (4 x 2,5 km)



Men: Saturday 11 March 14:00 (2,5 km + 5 km + 2,5 km)



A BRIEF HISTORY OF SKIING EVENTS IN HOLMENKOLLEN

THE FIRST SKI-JUMPING COMPETITION

The first skiing jumping competition in Holmenkollen took place in 1892². As was usual at the time, the skiers had to master both cross-country skiing and ski jumping. The competition consisted of an 18 km cross-country race on Saturday 30 January and a ski-jumping competition on 31 January. The event had been moved from Husebybakken, further down the hill, due to lack of snow. However, the conditions for the cross-country race were poor in Holmenkollen as well, and the fall rate on the ski jump was as high as 73%. Nevertheless, 12,000 spectators came to witness the events. The ski jump was constructed from branches and covered in snow. The longest jump was recorded at 21.5 meters.

In the early days in Holmenkollen, the competition consisted of the combination of cross-country skiing and ski jumping, and it was not until 1933 that a special ski-jumping event was introduced. In 1901, a 30 km cross-country race was added to the program, only to be replaced by a 50 km event the following year. Slalom and downhill racing were introduced for the first time in 1947, with giant slalom being added in 1951. The slalom event was organized in Rødkleiva (Oslo) and the giant slalom and downhill events in Norefjell (county of Buskerud).

After the war, in 1946, the ski jumping event attracted vast crowds, exceeding 100,000 for the first time. The biggest crowd was present for the Olympic ski jumping event in 1952. 120,000 spectators surrounded the arena, which is still the biggest crowd to have been present.

THE STORY OF THE 50 KM

According to the book "Femmila" by Thor Gotaas¹, the first cross-country ski race of the modern times was a 5 km mass start held in Tromsø (in Northern Norway) in 1843.

THE FIRST 50 KM RACE

Only in the 1880s, the real long races started in Trondheim and Kristiania (the name of Oslo at the time). On 7 February 1888, the first ever 50 km competition was held in Nordmarka. Why just 50 km? It was a round number. Moreover, it was a much farther distance than any other Norwegian ski race, but still manageable compared to other races, like the 220 km race in Jokkmokk in Sweden in 1884.

The race started near Majorstuen station. The first part was a climb and then the trail crossed fields, meadows and woods, but it did not continue a long way into Nordmarka as it would do later.

For the next decade, there was no more 50 km races in Norway, the common distance was about 15 km. But in 1902, a 50 km race took place in Nordmarka for the first time, and according to Gotaas it is the oldest skiing competition in the world. Norwegian skiing needed a new annual attraction. And it had to be a strenuous test of character, also to match the endurance of the Swedes and Finns when it came to skiing. In 1902, the natural thing to do was to ski a 25-kilometer-lap from Frognerseteren twice. A two-lap-race was practical because of the refreshment stations and in case someone would not be able finish.

Up until 1910, there were only a few participants in the 50 km race. After a promising start in 1903 when 52 signed up, also quite a number of Swedes, the number of skiers taking part was less than 20 for a few years. In 1908, only 7 men finished. The distance was considered long and tough. It took some time for the 50 km to find its form, but most years until after the second world war the course was one round in Nordmarka.

THE TWO TIMES 25 KM ERA

The 25 km lap was first used in 1951. Ahead of the World Championships in Oslo in 1966, a new course was laid, and from then till the next World Championships, in 1982, the course was the same two laps in Nordmarka. For the 1982 race, the lap was shortened slightly because it was found to be farther than 25 km. The new turning point was Glåmene and the race was now exactly 50 km. The 50 km continued in the same 25 km lap up to and including 1997.

THE IDEA BEHIND THE COURSE

There was an essential idea behind the 50 km races in Holmenkollen in the early days: It was to be the most difficult test of skiing skills, power and endurance. For this reason, the contest had to take place in the nature, far into the

forest, away from roads and inhabited areas, out of the town and deep into Nordmarka. The toughest skier was to be found and that demanded that he was tested against the various features of nature.

Moreover, there had to be a structure to the course. A long climb had to be followed by an easier part. The course should change like a symphony on snow, and variation was the key. And for this purpose, Nordmarka was perfect. It rises and lowers, marshlands are followed by water, and after a steep area there is a flat part. With its possibilities and limitations, Nordmarka left its distinct mark on the course and the race. It was meant to be difficult, it was meant to be hard. The point of it all was to overcome the features of nature.

For years, the course changed each year and was kept secret not to give anyone the advantage of being able to train on the exact course. The course team worked in secret and it gave great status to be part of the group that set the course.

MASS START

There were skiing competitions in Finland and Sweden as well, most commonly 60 km or 90 km, but in a very different terrain. In Finland, the slopes often crossed lakes and rivers, whereas in Sweden they preferred roads. Another difference was that in Sweden and Finland the prevailing competition style was mass start whereas in Norway they used interval start.

As of 1982, the Holmenkollen cross-country competitions have been part of the FIS World Cup. From 2010, the 30 km and 50 km races in Holmenkollen have been mass starts.

FEMALE COMPETITORS

With the introduction of the slalom event, female competitors were able to join the Holmenkollen skiing event for the first time. The first official cross-country competition for women, a 10 km race, took place in 1954. This was to be the only women's event until 1966 when as part of the world championships the distances of 5 km, 10 km and 3x5 km relay were contested. The 20 km race in Holmenkollen was introduced in 1981, and since 1988 (except for 1989-1994), the 30 km has been part of the program. In 2023 the women will do a 50 km race for the first time.

In 2001, the first female ski jumping event was held in the Midtstuen ski jumping hill.

References:

1. Gotaas, Thor. (2013). *Femmila. Skisportens manndomsprøve*. Oslo: Gyldendal Norsk Forlag.
2. The Skiforeningen website. [History](#).

PREVIOUS RESULTS IN HOLMENKOLLEN

CROSS-COUNTRY

WOMEN – 30 km

Year, Date, Format	Winner	Runner up	Third Place
2022 – 5 March C – Mass Start	Therese Johaug, NOR	Krista Pärmäkoski, FIN	Jonna Sundling, SWE
2020 – 7 March F – Mass Start	Frida Karlsson, SWE	Therese Johaug, NOR	Ebba Andersson, SWE
2019 – 10 March C – Mass Start	Therese Johaug, NOR	Natalia Nepryaeva, RUS	Ebba Anderson, SWE
2018 – 11 March C – Mass Start	Marit Bjørgen, NOR	Jessica Diggins - USA	Ragnhild Haga - NOR
2017 – 12 March C – Mass Start	Marit Bjørgen, NOR	Krista Pärmäkoski, FIN	Kerttu Niskanen, FIN
2016 – 7 February C – Mass Start	Therese Johaug, NOR	Ingvild Flugstad Østberg, NOR	Anne Kyllönen, FIN
2015 – 15 March F – Mass Start	Marit Bjørgen, NOR	Therese Johaug, NOR	Astrid Urenholdt Jakobsen, NOR
2014 – 9 March C – Mass Start	Marit Bjørgen, NOR	Therese Johaug, NOR	Kerttu Niskanen, FIN
2013 – 17 March F – Mass Start	Therese Johaug, NOR	Justyna Kowalczyk, POL	Yulia Tchekaleva, RUS
2012 – 11 March C – Mass Start	Marit Bjørgen, NOR	Justyna Kowalczyk, POL	Therese Johaug, NOR
2011 – 5 March F – Mass Start	Therese Johaug, NOR	Marit Bjørgen, NOR	Justyna Kowalczyk, POL
2010 – 13 March F – Mass Start	Marit Bjørgen, NOR	Kristin Størmer Steira, NOR	Therese Johaug, NOR
2008 – 8 March F	Valentina Shevchenko, UKR	Charlotte Kalla, SWE	Claudia Nystad, GER
2007 – 17 March C	Aino Kaisa Saarinen, FIN	Virpi Kuitunen, FIN	Petra Majdic, SLO
2006 – 11 March F	Julija Tchepalova, RUS	Katerina Neumannova, CZE	Evi Sachenbacher Stehle, GER
2005 – 12 March C	Marit Bjørgen, NOR	Katerina Neumannova, CZE	Virpi Kuitunen, FIN
2004 – 28 February F	Julija Tchepalova, RUS	Sabina Valbusa, ITA	Valentina Shevchenko, UKR

2003 – 8 March C	Bente Skari, NOR	Annmari Viljanmaa, FIN	Aino Kaisa Saarinen, FIN
2002 – 16 March F	Stefania Belmondo, ITA	Kristina Smigun, EST	Gabriella Paruzzi, ITA
2001 – 10 March C	Larissa Lazutina, RUS	Bente Skari, NOR	Olga Savialova, RUS
2000 – 11 March C	Olga Danilova, RUS	Larissa Lazutina, RUS	Kaisa Varis, FIN

MEN – 50 km

Year, Date, Format	Winner	Runner up	Third Place
2022 – 6 March C – Mass Start	Martin Løwstrøm Nyenget, NOR	Sjur Røthe, NOR	Dirdrik Tønseth, NOR
2020 – 8 March F – Mass Start	Alexander Bolshunov, RUS	Simen Hegstad Krüger, NOR	Emil Iversen, NOR
2019 – 9 March C – Mass Start	Alexander Bolshunov, RUS	Maxim Vylegzhanin, RUS	Andrey Larkov, RUS
2018 – 10 March C – Mass Start	Dario Cologna - SUI	Martin Johnsrud Sundby - NOR	Maxim Vylegzhanin – RUS
2017 – 11 March C – Mass Start	Martin Johnsrud Sundby, NOR	Iivo Niskanen, FIN	Alexander Bessmertnykh, RUS
2016 – 6 February C – Mass Start	Martin Johnsrud Sundby, NOR	Niklas Dyrhaug, NOR	Maxim Vylegzhanin, RUS
2015 – 14 March F – Mass Start	Sjur Røthe, NOR	Dario Cologna, SUI	Martin Johnsrud Sundby, NOR
2014 – 8 March C – Mass Start	Daniel Richardsson, SWE	Martin Johnsrud Sundby, NOR	Alexander Legkov, RUS
2013 – 16 March F – Mass Start	Alexander Legkov, RUS	Martin Johnsrud Sundby, NOR	Ilya Chernousov, RUS
2012 – 10 March C – Mass Start	Eldar Rønning, NOR	Dario Cologna, SUI	Martin Johnsrud Sundby, NOR
2011 – 6 March F – Mass Start	Petter Northug, NOR	Maxim Vylegzhanin, RUS	Tord Asle Gjerdalen, NOR
2010 – 13 March F – Mass Start	Petter Northug, NOR	Pietro Piller Cottrer, ITA	Vincent Vittoz, FRA
2008 – 8 March F	Anders Södergren, SWE	Lukas Bauer, CZE	Remo Fischer, SUI
2007 – 17 March C	Odd-Bjørn Hjelmeset, NOR	Tobias Angerer, GER	Frode Estil, NOR
2006 – 11 March F	Anders Södergren, SWE	Giorgio Di Centa, ITA	Tom Reichelt, GER
2005 – 12 March C	Andrus Veerpalu, EST	Jens Filbrich, GER	Odd-Bjørn Hjelmeset, NOR

2004 – 28 February F	Rene Sommerfeldt, GER	Fulvio Valbuso, ITA	Lukas Bauer, CZE
2003 – 8 March C	Andrus Veerpalu, EST	Andreas Aukland, NOR	Andrei Noutrikhine, RUS
2002 – 16 March F	Thomas Alsgaard, NOR	Kristen Skjeldal, NOR	Pietro Piller Cottler, ITA
2001 – 10 March C	Per Eloffsson, SWE	Anders Aukland, NOR	Frode Estil, NOR
2000 – 11 March C	Harri Kirvesniemi, FIN	Mikhail Ivanov, RUS	Michail Botvinov, AUT

NORDIC COMBINED

MEN

Year, Date, Format	Winner	Runner up	Third Place
2022 – 6 March Gundersen LH HS134/10.0 km	Jarl Magnus Riiber, NOR	Mario Seidl, AUT	Jens Lurås Oftebro, NOR
2022 – 5 March Gundersen LH HS134/10.0 km	Jarl Magnus Riiber, NOR	Johannes Lamparter, AUT	Jens Lurås Oftebro, NOR
2020 – 7 March Gundersen LH HS134/10.0 km	Jarl Magnus Riiber, NOR	Fabian Riessle, GER	Ilkka Herola, FIN
2019 – 9 March Gundersen LH HS134/10.0 km	Jarl Magnus Riiber, NOR	Ilkka Herola, FIN	Espen Bjoernstad, NOR
2018 – 10 March Gundersen LH HS134/10.0 km	Akito Watabe - - JPN	Fabian Riessle - GER	Mario Seidl - AUT
2017 – 11 March Gundersen LH HS134/10.0 km	Akito Watabe, JPN	Eric Frenzel, GER	Björn Kircheisen, GER
2016 – 6 February Gundersen LH HS134/10.0 km	Jarl Magnus Riiber, NOR	Akito Watabe, JPN	Eric Frenzel, GER
2015 – 14 March Gundersen LH HS134/15.0 km	Akito Watabe, JPN	Johannes Rydzek, GER	Alessandro Pittin, ITA
2014 – 8 March Gundersen LH HS134/10.0 km	Johannes Rydzek, GER	Magnus Hovdal Moan, NOR	Francois Braud, FRA
2013 – 16 March Gundersen LH HS134/15.0 km	Jason Lamy Chappuis, FRA	Eric Frenzel, GER	Wilhelm Denifl, AUT
2013 – 15 March Gundersen LH HS134/10.0 km	Eric Frenzel, GER	Akito Watabe, JPN	Yoshito Watabe, JPN

2012 – 10 March Gundersen LH HS134/10.0 km	Bryan Fletcher, USA	Mikko Kokkslien, NOR	Taihei Kato, JPN
2012 – 10 March Gundersen NH HS106/10.0 km	Akito Watabe, JPN	Mikko Kokkslien, NOR	Bernhard Gruber, AUT
2011 – 2 March Gundersen LH HS134/10.0 km	Jason Lamy Chappuis, FRA	Johannes Rydzek, GER	Eric Frenzel, GER
2010 – 14 March Gundersen LH HS134/10.0 km	Jason Lamy Chappuis, FRA	Felix Gottwald, AUT	Magnus Hovdal Moan, NOR
2008 – 9 March Compact Sprint HS128/7.5 km	Petter L. Tande, NOR	Mario Stecher, AUT	Bernhard Gruber, AUT
2008 – 8 March Gundersen HS128/15.0 km	Bernhard Gruber, AUT	Christoph Bieler, AUT	Ronny Ackermann, GER

SKI JUMPING

MEN

Year, Date, Format	Winner	Runner up	Third Place
2022 – 6 March HS134	Daniel Andre Tande, NOR	Anze Lanisek, SLO	Stefan Kraft, AUT
2022 – 5 March HS134	Marius Lindvik, NOR	Markus Eisenbichler, GER	Robert Johansson, NOR
2020 – 9 March* HS134	Peter Prevc, SLO	Markus Eisenbichler, GER	Stephan Leye, GER
2019 – 10 March HS134	Robert Johansson, NOR	Stefan Kraft, AUT	Peter Prevc, SLO
2018 – 11 March HS134	Daniel Andre Tande, NOR	Stefan Kraft, AUT	Michael Hayboeck, AUT
2017 – 12 March HS134	Stefan Kraft, AUT	Andreas Wellinger, GER	Markus Eisenbichler, GER
2016 – 7 February HS134	<i>Cancelled due to weather conditions</i>		
2015 – 14 March HS134	Severin Freund, GER	Peter Prevc, SLO	Rune Velta, NOR
2014 – 9 March HS134	Severin Freund, GER	Anders Bardal, NOR	Kamil Stoch, POL
2013 – 17 March HS134	Gregor Schlierenzauer, AUT / Piotr Zyla, POL		Robert Kranjec, SLO
2012 – 11 March HS134	Martin Koch, AUT	Severin Freund, GER	Robert Kranjec, SLO
2011 – 3 March HS134	Gregor Schlierenzauer, AUT	Thomas Morgenstern, AUT	Simon Ammann, SUI
2010 – 14 March HS134	Simon Ammann, SUI	Adam Malysz, POL	Andreas Kofler, AUT
2008 – 9 March HS128	Gregor Schlierenzauer, AUT	Tom Hilde, NOR	Bjørn Einar Romøren, NOR
2007 – 18 March HS128	Simon Ammann, SUI	Martin Koch, AUT	Matti Hautamäki, FIN
2007 – 17 March HS128	Adam Malysz, POL	Andreas Küttel, AUT	Anders Bardal, NOR
2006 – 12 March HS128	Adam Malysz, POL	Thomas Morgenstern, AUT	Andreas Kofler, AUT
2005 – 13 March HS128	Matti Hautamäki, FIN	Bjørn Einar Romøren, NOR	Michael Uhrmann, GER
2004 – 14 March K115	Roar Ljøkelsøy, NOR	Simon Ammann, SUI	Bjørn Einar Romøren, NOR
2003 – 9 March K115	Simon Ammann, SUI	Florian Liegl, AUT/ Roar	

		Ljøkelsøy, NOR	
2002 – 17 March K115	Simon Ammann, SUI	Sven Hannawald, GER	Adam Malysz, POL
2001 – 11 March K115	Adam Malysz, POL	Stefan Horngacher, AUT	Martin Schmitt, GER
2000 – 12 March K115	Sven Hannawald, GER	Ville Kantee, FIN	Janne Ahonen, FIN

* 8 March: The RAW AIR competitions on Sunday were cancelled due to the weather conditions and moved to Lillehammer where the next competition in the tournament was going to take place 10 March. The cancelled competitions were carried through 9 March.

MEN'S TEAM

Year, Date, Format	Winner	Runner up	Third Place
2020 - 7 March HS134	Norway	Germany	Slovenia
2019 – 9 March HS134	Norway	Japan	Austria
2018 – 10 March HS134	Norway	Poland	Austria
2017 – 11 March HS134	Austria	Germany	Poland
2016 – 6 February HS134	Slovenia	Norway	Japan
2011 – 5 March HS134	Austria	Norway	Slovenia
2003 – 8 March K115	Austria	Finland	Germany
1996 – 15 March K120	Austria	Norway	Germany

WOMEN

Year, Date, Format	Winner	Runner up	Third Place
2022 – 6 March HS134	Sara Takanashi, JPN	Ursa Bogataj, SLO	Yuki Ito, JPN
2022 – 5 March HS134	Silje Opseth, NOR	Nika Kriznar, SLO	Sara Takanashi, JPN
2020 – 9 March HS134	Sara Takanashi, JPN	Maren Lundby, NOR	Silje Opseth, NOR
2019 – 10 March HS134	Daniela Iraschko-Stolz - AUT	Juliane Seyfarth, GER	Katharina Althaus, GER
2018 – 11 March HS134	Maren Lundby, NOR	Daniela Iraschko-Stolz - AUT	Yuki Ito – JPN
2017 – 12 March HS134	Yuki Ito, JPN	Sara Takanashi, JPN	Maren Lundby, NOR
2016 – 4 February HS134	Sara Takanashi, JPN	Maren Lundby, NOR	Irina Avvakumova, RUS

2015 – 13 March HS134	Sara Takanashi, JPN	Sarah Hendrickson, USA	Taylor Henrich, CAN
2014 – 8 March HS134	Sara Takanashi, JPN	Katja Pozun, SLO	Yuki Ito, JPN
2013 – 17 March HS134	Sarah Hendrickson, USA	Sara Takanashi, JPN	Jaqueline Seifriedsberger, AUT
2012 – 9 March HS106 (Midtstubakken)	Sarah Hendrickson, USA	Sara Takanashi, JPN	Anette Sagen, NOR
2011 – 25 February HS106 (Midtstubakken) World Ski Champ	Daniela Iraschko, AUT	Elena Runggaldier, ITA	Coline Mattel, FRA

* 8 March: The RAW AIR competitions on Sunday were cancelled due to the weather conditions and moved to Lillehammer where the next competition in the tournament was going to take place 10 March. The cancelled competitions were carried through 9 March.

HILL RECORDS

MEN

Year	Name	Country	Meters
1892	Arne Ustvedt	Norway	21.5
1893	Sverre Ingemann	Norway	22.0
1894	Jonas Holmen	Norway	22.5
1894	Iver Dahl	Norway	23.0
1896	Kristian Tandberg	Norway	24.0
1897	Eivind Roll	Norway	25.0
1897	Morten Hansen	Norway	25.5
1902*	Reidar Gjølme	Norway	29.5
1909	Leif Berg	Norway	31.0
1911*	Tore Viker	Norway	33.0
1914*	Paul Braaten	Norway	33.5
1914	Johs. Thomassen	Norway	34.0
1914	Ole Grimsby	Norway	35.0
1917*	Gregorius Gravli	Norway	35.5
1917	Hans O. Oset	Norway	36.0
1917	Inge Roll	Norway	37.5
1918*	Ivar S. Dahl	Norway	38.0
1918	Josef Henriksen	Norway	42.0
1922	Narve Bonna	Norway	43.5
1922	Jacob Tullin Thams	Norway	46.0
1928*	Harald Sørensen	Norway	47.0
1928	Hans Vinjarengen	Norway	47.5
1928	Alf Andersen	Norway	48.0
1929	Roar Hellum	Norway	48.5
1929	Bjarne Rosen	Norway	49.5
1929	Arvid Smedsrud	Norway	50.0
1930	Olaf Ulland	Norway	50.5
1930	Knut Kobberstad	Norway	51.0
1930	Reidar Andersen	Norway	52.0
1938	Trygve Gundersen	Norway	54.5

1939*	Harry Lagert	Norway	55.0
1939	Thorstein Skinnarland	Norway	57.0
1939	Magnar Fosseide	Norway	58.0
1939	Ole Jansen	Norway	58.0
1939	Tore Fossbekk	Norway	59.0
1939	Einar Burdal	Norway	59.5
1939	Sven Selånger	Sweden	62.0
1940*	Reidar Karlsen	Norway	65.5
1940	Sigurd Haanes	Norway	66.0
1940	Jens Østby	Norway	68.0
1940	Kolbjørn Skjæveland	Norway	68.5
1947*	Olav Stavik	Norway	70.0
1947	Hans Kaarstein	Norway	71.0
1959*	Otto Leodolter	Austria	71.5
1962	Tormod Knutsen	Norway	73.5
1962	Yosuke Eto	Japan	78.0
1962	Toralf Engan	Norway	78.5
1962	Toralf Engan	Norway	80.5
1963*	Gene Kotlarek	USA	81.5
1963	Torbjørn Yggeseeth	Norway	84.5
1964	Veikko Kankkonen	Finland	85.0
1964	Veikko Kankkonen	Finland	87.0
1965	Lars Grini	Norway	89.0
1968	Gjert Andersen	Norway	89.0
1968	Bjørn Wirkola	Norway	91.0
1969	Topi Mattila	Finland	92.0
1976	Karl Schnabel	Austria	96.5
1977	Thomas Meisinger	East-Germany	98.5
1980*	Tom Levorstad	Norway	105.0
1980	Ole Bremseth	Norway	108.5
1981	Primoz Ulaga	Yugoslavia	109.5
1985	Heiko Hunger	East-Germany	110.5
1992*	Jon Inge Kjørum	Norway	113.5

1993	Steinar Solhaug	Norway	114.5
1994	Mario Stecher	Austria	126.5
1997	Håvard Lie	Norway	127.0
1999*	Olav Magne Dønnem	Norway	131.0
2000	Sven Hannawald	Germany	132.5
2005	Andreas Widhölzl	Austria	134.0
2006	Tommy Ingebrigtsen	Norway	136.0
2010*	Rune Velta	Norway	141.0 ¹
2010	Andreas Kofler	Austria	139.5
2011	Anders Jacobsen	Norway	142.5 ¹
2011	Andreas Kofler	Austria	141.0
2019	Robert Johansson	Norway	144

* larger hill

¹ "unofficial" record

Bryhn, Rolf. (2019, 13. mars). Holmenkollbakken: Bakkerekorder menn. I Store norske leksikon. https://snl.no/Holmenkollbakken%2FBakkerekorder_menn.

WOMEN

Year	Name	Country	Result
2000	Helena Olsson	Sweden	101.0
2001	Daniela Iraschko	Austria	110.0
2002	Anette Sagen	Norway	116.0
2004	Anette Sagen	Norway	127.5
2005	Anette Sagen	Norway	128.0
2013	Sarah Hendrickson	USA	133.5
2013	Sara Takanashi	Japan	134.0
2016	Maren Lundby	Norway	136.5
2016	Sara Takanashi	Japan	137.5

Bryhn, Rolf. (2019, 16. desember). Holmenkollbakken: Bakkerekorder kvinner. I Store norske leksikon. https://snl.no/Holmenkollbakken_-_bakkerekorder_kvinner.