



Lillehammer Olympic  
Legacy Sports Centre



Lillehammer Olympic Legacy Sports Centre  
and Norwegian Ski Federation presents:



## Lillehammer International Nordic Combined Camp

### 16th to 20th of September 2023

#### THE CAMP EXPERIENCE

**For athletes:** Ski jumping (at Lysgaardsbakken K90/K123), motor skills Nordic Combined, roller ski workout, sessions with top athletes, nutrition, Olympic values workshops and teamwork sessions.

**For coaches:** One dedicated session for coaches each day.

#### Meet the champions:



##### Gyda Westvold Hansen

- First World Cup winner for women in 2021
- Three gold medals in world championships



##### Jarl Magnus Riiber

- Four gold medals in Planica 2023
- Four-time World Cup winner
- Athlete of the year in nordic sports in 2019

Photo: NSF Kombinert

#### PRACTICAL INFORMATION

- **Age group:** From 16 years and older (Born 2007)
- **Accommodation:** Participants will be accommodated at the Birkebeineren Hotel & Apartments, which is located inside the Olympic Park.
- **Food:** All meals (breakfast, lunch, dinner) will be served at Birkebeineren Hotel.
- **Transport:** Each participant arranges and pays for their transport to and from Lillehammer. Once in Lillehammer, there is no need for additional transportation, all Camp activities are within walking distance.

#### PRICE AND PAYMENT INFORMATION

- Cost per participant 3 600 NOK / 360 €
- Covers all training, meals, accommodation, and camp t-shirt.
- Payment is due two weeks after final confirmation of the camp.

#### REGISTRATION

- Please find the registration form here: <https://bit.ly/3ZNuPuh>
- Registration deadline: 31.05.23
- A Maximum number of participants (athletes): 35. we aim to include as many nations as possible, and we will with more than 35 signed-up athletes emphasize participants from different nations.
- Questions? Contact us: [m.staavi@olympiatoppen.no](mailto:m.staavi@olympiatoppen.no)/  
[svendsrud.linda@outlook.com](mailto:svendsrud.linda@outlook.com)

#### CAMP ORGANIZATION

- The Lillehammer International Nordic Combined Camp is organized by the Lillehammer Olympic Legacy Sports Center in cooperation with the Norwegian Ski Federation.
- Norwegian Ski Federation guidelines are followed. Strictly no alcohol is permitted during the Lillehammer International Nordic Combined Camp.

#### About the Lillehammer Olympic Legacy Sport Center

Lillehammer Olympic Legacy Sports Centre aims to give young athletes, coaches & leaders the possibility to develop their skills inside wintersports. The center is located in Lillehammer and was established after the Youth Olympics in Lillehammer in 2016.