

## FIS Para Cross-Country Skiing Relay Competition Example Relay Team Composition

Version 2022

- Mixed Relay: the combined percentage of each team must be 335% or less, calculated by summing the individual percentages of the athlete in each leg with reductions of 15% per leg for female athletes and 12% per leg for sit ski athletes (female sit ski athlete: minus 27%). There must be at least onewoman taking part.
- 12324.1.3 Open Relay: the combined percentage of each team must be 375% or less, calculated by summing the individual percentages of the athlete in each leg with reductions of 15% per leg for female athletes and 12% per leg for sit ski athletes (female sit ski athlete: minus 27%).
- Each team may consist of 2, 3 or 4 athletes. For examples of possible team compositions see "Examples for composition of relay teams" published on the FIS website in the rules section.

## **Examples Calculation of percentages:**

Each team may consist of 2, 3 or 4 athletes. If the athletes are A, B, C and D, the following compositions are possible:

	No of athletes:		2	3	3	3	4	
	1 leg		Α	Α	Α	Α	Α	
	2 leg		В	В	В	В	В	
	3 leg		Α	Α	С	С	С	
	4 leg		В	С	Α	В	D	
Mixed Relay –	Maximuı	m 335%						
GER	1 leg	Wicker	W	LW10.5	87-15	-12	60	
	2 leg	Maier	W	LW8	96-15		81	
	3 leg	Walter	W	B2	99-15		84	
	4 leg	Volkert	M	B2	99		99	Total 324
SWE	1 leg	Perottosdotter	W	LW9	88-15		73	
	2 leg	Modin	M	B1	88		88	
	3 leg	Perottosdotter	W	LW9	88-15		73	
	4 leg	Modin	M	B1	88		88	Total 322
NOR	1 leg	Marthinsen	W	LW12	100-1	5-12	73	
NOR	•	Ulset		LW12	87	5-12	87	
	2 leg	Marthinsen	M W	LW12	100-1	E 12	73	
	3 leg		M		100-1	J-12	73 100	Total 333
	4 leg	Bye	IVI	B3	100		100	i utal 333



CAN	1 leg	Fortier	М	LW11.	5 96-12	85					
	2 leg 3 leg	Weldon Gourbounova	W W	B2 B3	99-15 100-15	84 82					
	4 leg	Weldon	W	B2	99-15	84	Total 335				
Open Relay – Maximum 375%											
FRA	1 leg	Daviet	M	LW2	93	93					
1101	2 leg	Clarion	M	B1	88	88					
	3 leg	Daviet	M	LW2	93	93					
	4 leg	Clarion	M	B1	88	88	Total 362				
UKR	1 leg	Iurkovska	W	LW12	100-15-12	70					
Orac	2 leg	Reptyukh	M	LW8	96	96					
	3 leg	Utkin	M	B3	100	100					
	4 leg	Lukyanenko	M	B3	100	100	Total 366				
CHN	1 leg	Cheng	M	LW6	90	90					
	2 leg	Du	M	LW5/7	90	90					
	3 leg	Liu	M	LW8	92	92					
	4 leg	Zou	М	LW6	95	95	Total 367				