

PRECISIONS, INFORMATION AND INSTRUCTIONS

PARA NORDIC

SOUTHERN HEMISPHERE

EDITION 2024/25

INTERNATIONAL SKI AND SNOWBOARD FEDERATION

Oberhofen, July 2024

PRECISIONS, INFORMATION AND INSTRUCTIONS SOUTHERN HEMSIPHERE 2024/2025

FIS Council Meeting: 4th June 2024

1) Introduction

This document presents the rule changes within the Para Nordic International Competition Rules (ICR), Rules for the Para Nordic Points and Para Nordic World Cup Points, Classification Rules and Regulations and Equipment Specifications following the approval of the proposals by the FIS Council on 4th June 2024.

All updated documents are now available on the FIS Website.

- 2) Fluor Ban Implementation to Continue Season 2024/2025 The full fluor wax ban is fully implemented for the 2024/2025 season. The testing will be carried out across all event levels in order to ensure fluor-free competitions.
- 3) Participation of Russian and Belarussian Athletes in FIS competitions The current FIS policy, which does not allow the participation of Russian and Belarusian athletes and officials at FIS competitions, will remain in effect until further notice.
- 4) Approved Rule Changes to the International Competition Rules All approved rule changes can be seen under <u>Annex 1 - International Competition Rules</u> <u>Para Nordic</u>
- 5) Approved Rule Changes to the Rules of the Para Nordic Points and Para Nordic World Cup Points

All approved rule changes can be seen under <u>Annex 2 - Rules of the Para Nordic Points</u> and Para Nordic World Cup Points

6) Qualification Regulations 2026 Paralympic Winter Games

The Qualification Regulations have been approved by the FIS Council and will be published once the IPC Governing Board also approves the document.

7) Classification Rules and Regulations

Several amendments have been made to the Para Nordic Classification Rules and Regulations to aid interpretation, correct mistakes, or include missing criteria. In addition, these amendments are not aimed at changing any criteria or methods of assessment that will impact on an athletes Sport Class, but to reflect the actual process carried out by a panel during Athlete Evaluation.

As approved at the previous meetings, the current Appendix Two: Athletes with Vision Impairment, and the new Appendix Four have now been removed, and the new Appendix Five will become Appendix Two.

The full amendments to the Classification Rules and Regulations can be seen together with the two new VI appendices under <u>Annex 3 - Para Nordic Classification Rules and Regulations.</u>

8) Approved Rule Changes to the Equipment Specifications for Para Snow Sports All approved rule changes can be seen under <u>Annex 4 – Equipment Specifications for</u> <u>Para Snow Sports</u>

Annex 1 – International Competition Rules Para Nordic

206.3 Member National Ski Associations

Each FIS affiliated National Ski Association that organises events in its country which are included in the FIS calendars, has the authority as the retains ownership of the event advertising rights to enter into contracts for their sale provided they enter into a Media Rights Centralisation Agreement (MRCA) for so long as that MRCA remains in full force and effect. In the case of FIS World Cup competitions these rights shall be defined in the Organiser Agreement upon approval of the FIS Council and considering the National Ski Associations responsibilities. In cases where a National Ski Association organises events outside its own country these FIS Advertising rules also apply.

If an NSA does not enter into an MRCA, FIS shall exclusively be entitled to enter into any agreement concerning the advertising rights of World Cup events awarded to that NSA.

208.1.2 Rights owned by the member National Ski Associations

Each FIS affiliated National Ski Association that organises events in its country which are included in the annual FIS calendars, has the authority as the <u>retains</u> ownership of the electronic media rights to enter into contracts for the sale of the electronic media rights on those events <u>provided they enter into a Media Rights Centralisation</u> <u>Agreement (MRCA) for so long as that MRCA remains in full force and</u> <u>effect</u>. In cases where a National Ski Association organises events outside its own country, these rules also apply, subject to bi-lateral agreement with the National Ski Association of the country where the event takes place.

If an NSA does not enter into an MRCA, FIS shall exclusively be entitled to enter into any agreement concerning the electronic media rights of World Cup events awarded to that NSA.

12201 FIS Para Nordic Calendar

The competition request must be submitted via the FIS Para Data Management System (FPDMS).

1220212201 FIS Para Nordic Race Licence

122021201.1 To compete at FIS Para Nordic sanctioned events and acquire Para Nordic points, an athlete must be internationally classified by FIS. Until an athlete has been Internationally (FIS) Classified, they will be designated N status (New). Athletes must be internationally classified to compete at Continental Cup, World Cup, World Championship or Paralympic Winter Games.

- 1220212201.1.1 If competing at a sanctioned lower level event an athlete with N Status must compete in the class with the highest factor of his/her category (B3, LW4, LW12).
- 1220212201.2 The FIS Para Licence will only be issued to athletes/guides who meet the requirements of the FIS Para Nordic minimum age limit requirements. In order to be eligible for FIS Para Nordic competitions, athletes/guides must have reached their 16th birthday before the end of the calendar year (1st January – 31st December) in which the season ends.
- 1220212201.3 In accordance with the IPC Classification Code, and general principles of classification, athletes will generally compete against athletes with the same Sport Class. In Para Nordic however, athletes in different Sport Classes are grouped together into three (3) different Categories as follows:

<u>Category</u>	Sport Classes
Vision Impaired	B1, B2, B3
Standing	LW2, LW3, LW4, LW5/7, LW6, LW8, LW9
Sitting	LW10, LW10.5, LW11, LW11.5, LW12

Athletes compete against other athletes from the same gender and category and the official results are determined as per art. 12317.

122023 Entries

For FIS Para Nordic WSC, WC and designated FIS Para Nordic competitions each NSA must submit its competition entries using the FIS Para Data Management System (FPDMS) online registration system (https://profile.fis-ski.com/login/https://db.ipc-services.org/fpdms/entries/index) according to the following dates:

- Entries by Number: 6 weeks prior to first competition
- Final Entries: 7 days prior to first competition
- Daily confirmation: 2 hours before team captains meeting or as directed by the jury.

- <u>1220312202</u>.1 A LOC may request preliminary entry information for planning and accommodation purposes separate from the online registration.
- 1220<u>2</u>3.2 Special entry timelines and procedures shall apply for the Paralympic Winter Games
- 1220312202.3 FIS may provide the LOC access to the online registration system to monitor entry data.

1220<u>34</u> Competition and Calendar Fees

1220<u>3</u>4.1 Race Entry Fee (Athletes and Guides)

The race entry fee is the amount that must be paid per athlete and guides to the LOC, for each race entered on the event competition programme. The race fee is based on the final entries. In cases athletes and/or guides are added after the final entries it is on the discretion of the LOC to charge for late entries.

The Race Entry Fee is non-refundable in the case that the Jury cancels the race.

The amount payable per athlete and per guide per race is as follows:

Competition	Race Fee
Paralympic Winter Games	N/A
FIS Para Nordic World Ski Championships	N/A
Para Nordic sanctioned competitions (WC and below)	25 CHF

1220412203.2 Calendar Fee (Organizing Committee)

An Organizing Committee must pay all competition calendar fees to FIS according to art. 202.1.2.6 or as per the hosting agreement.

These calendar fees are published in the Rules for the FIS Calendar, FIS Calendar and Registration Fees are available on the FIS Website: https://www.fis-ski.com/en/inside-fis/document-library/generalregulations.

12205 Publication of results

12205.1 In the event of a change in an athlete's sport classification following first appearance or as the consequence of a successful appeal, the unofficial results may be adjusted before official results are posted according to the IPC Classification Code Model of Best Practice for Sport Class Changes following First-Appearance. This policy can be found in Chapter 1.3 of Section 2 of the IPC Handbook.

1220612204 Prizes

- <u>1220612204</u>.1 At World Championships and Paralympic Winter Games medals will be awarded to the top three competitors in each event.
- <u>1220612204</u>.2 At World Cup competitions prizes, titles or diplomas, provided by the LOC, will be awarded to the top three competitors in each event.
- **12206**<u>12204</u>.3 For vision impaired categories, if the athlete skied with a guide, the guide will also be awarded the same medal, prize, title or diploma awarded to the athlete. Only one guide per athlete is entitled to receive the same medal, prize, title or diploma. In the event an athlete has more than one guide, the team manager must communicate the name to FIS and LOC representatives at the last Team Captains Meeting before the award ceremony.
- 1220612204.4 World Cup Trophies
- A World Cup Trophy for the winner and medals for the top three
 (3) (medals only for CC) ranked athletes/guides will be awarded in each category / discipline. A Nations Cup Trophy for the top ranked World Cup nation in a season.
- 1220612204.4.2 For VI Categories, if the athlete skied with a guide only one guide per VI athlete will be awarded per discipline and overall trophies. In the event an athlete has skied with more than one guide during the season, the team manager must communicate the name to FIS and LOC representatives at the last Team Captains Meeting before the award ceremony.
- **12206**12204.4.3 FIS and IBU will provide the Trophies and Medals.

1220712205 Team officials, coaches, service personnel, suppliers and firm's representatives

Team officials will be issued a personally numbered bib to be visibly worn in accredited areas at all WC and WSC competitions. Team officials are individually responsible for their bibs and a fee to be determined from time to time by FIS will apply for replacements in the event of lost bibs. Team bibs remain the property of FIS.

12300 Cross-Country Skiing and Biathlon Competitions

12300.1 FIS sanctioned competitions are governed by the following FIS publications: ICR - first section (200s), second section (12200s), third section (12300s), Homologation Guidelines, Jury Guidelines, FIS Para

Nordic Classification Rules and Regulations, Rules for the Para Nordic Points and Para Nordic World Cup Points, <u>FIS Para Snow Sports</u> <u>Equipment Specifications</u>, <u>FIS</u>Para Nordic World Cup and Championships Manual, Biathlon Range and Equipment Certification Manual and Biathlon Operations Manual approved by the <u>Para</u> <u>Snowsports</u>Sub Committee <u>Para Nordic</u> and/or FIS Council.

12302 The Competition Officials

- 12302.1 Appointment of the Competition Officials
- 12302.1.1 FIS, in consultation with IBU, appointed officials are:

At **Paralympic Winter Games** (PWG) and **World Championships** (WSC):

- FIS Para Nordic Race director Director (RD),
- FIS Technical Delegate (TD),
- TD Assistant Biathlon (TDA Bt)International Referee Shooting Range,
- FIS Assistant Technical Delegate Assistant Cross Country (TDA CC) (not applicable for PBT WSC),
- one Jury Member.
- OVR Race Administrator (only for PWG)International Referee Timing & Results (IR T&R),
- one or more International Referee <u>Material Control</u> Biathlon (IR Bt),
- the video controller, equipment controller, mixed zone/ceremony controller, start/finish and course referees may be appointed by the Sub Committee Para Nordic as required.
- o Adaptive Equipment Controller (Classification), IR
- FIS Equipment Controller

At World Cup (WC):

- FIS Para Nordic Race Director,
- o FIS Technical Delegate (TD),
- <u>FIS Assistant Technical Delegate Cross Country (TDA CC)</u>,
- International Referee Shooting Range (in case when Para Biathlon races are scheduled),
- International Referee <u>Material Control</u> Biathlon <u>(IR Bt) (in</u> <u>case when Para Biathlon races are scheduled).</u>
- o Adaptive Equipment Controller (Classification),

o FIS Equipment Controller

• FIS Classifiers as required

At Continental Cup (COC) and other FIS Competitions:

- FIS Technical Delegate (TD) (in cooperation with the regional TD coordinator)
- FIS Para Nordic Race Director may be present on COC as part of the Jury
- In case of Para Biathlon competitions: National Biathlon officials as determined by IBU
- 12302.1.2 NSA appointed officials are:
 - At WC competitions: National Assistant TD <u>(at events where only Para Cross-Country races are scheduled)</u>
 - At FIS Para Sanctioned Regional Competitions: <u>National</u> Assistant TD (at events where only Para Cross-Country races are <u>scheduled</u>) and other NSA and Biathlon NF appointed officials)a registered FIS TD

All NSA appointments are made in cooperation with the Sub Committee Para Nordic.

12303 The Jury and Its Duties

- 12303.1 Members of the Jury
- 12303.1.1 For all Paralympic Winter Games (PWG) and World Championships (WSC) the following will serve in the Jury:
 - The <u>FIS</u>TD, who is chair of the Jury (appointed by FIS)
 - The <u>FIS</u> Assistant TD (CC) (appointed by FIS)(not applicable for <u>PBT WSC</u>)
 - The Assistant TD (BT) International Referee Shooting Range (appointed by FIS)
 - FIS Para Nordic Race Director (appointed by FIS)
 - The Chief of Competition (subject to approval by the FIS Council)
 - Jury member appointed by the Sub Committee Para Nordic.
 - <u>Adaptive Equipment Controller (Classification) non voting Jury</u> <u>member</u>
 - FIS Equipment Controller if appointed, non voting Jury member

The FIS oOfficials mentioned above are appointed by the FIS Council on proposal by the Sub Committee Para NordicPara Snowsports Committee.

12303.1.2 For WC the Jury will consist of the following:

- The <u>FIS</u>TD, who is chair of the Jury (appointed by FIS)
- FIS Para Nordic Race Director (appointed by FIS)
- FIS Assistant Technical Delegate Cross Country (TDA CC)
- International Referee Shooting Range (in case when Para Biathlon races are scheduled)
- National <u>Assistant</u> TD, <u>BT or CC</u> (appointed by the <u>Para Nordic</u> <u>Sub Committee or NSA in cooperation with the national TD</u> <u>coordinator; at events where only Para Cross-Country races are</u> <u>scheduled</u>)
- The Chief of Competition
- Adaptive Equipment Controller (Classification) non voting Jury member
- FIS Equipment Controller if appointed, non voting Jury member
- International Referee Biathlon

In case that only Cross-Country races are held and no Para Biathlon IR is on site, or there is no National TD appointed a foreign Jury member will be appointed at the Team Captains Meeting.

12303.1.3 For other FIS Para Nordic sanctioned competitions the Jury will consist of the following:

- <u>The TD</u>, who is the chair of the jury (appointed by FIS in cooperation with the regional coordinator) the NF appointed FIS registered TD
- the chief Chief of competitionCompetition
- National Assistant TD CC or Biathlon official in cases of Para Biathlon races
- FIS Para Nordic Race Director (if present)

other NF appointed officials and/or coaches appointed at the Team Captains Meeting

- 12303.1.4 For all events <u>below World Cup</u> the Chief Classifier or their designate shall provide information and/or interpretations regarding classification matters to the Jury as required.
- 12303.2 Role of the Technical Delegate (TD), Assistant Technical Delegate (ATD) and Race Director (RD), at WC, WSC, PWG, and other FIS competitions.
- 12303.2.1 Authority

The TD is the delegate of FIS to the organizing body and is a guarantor for FIS that the competition is conducted in accordance with <u>FIS-the</u> <u>Para Nordic</u> Rules.

The TD must have a valid FIS Para TD license and must be able to speak and write in the English language. The TD has the responsibility to involve and utilize the FIS appointed assistant TD and the NSA appointed National TD in the preparation, the carrying out and the follow up of the competition. The TD is responsible for organizing the work of the jury.

- 12303.2.2 Appointment
- 12303.2.2.1 For PWG, WSC and WC the <u>Assistant</u> TD <u>Cross Country and the</u> <u>Jury Member</u> must possess a FIS Para TD licence.
- 12303.2.2.2 For FIS sanctioned National competitions and Continental Cups the TD must be a Para Nordic approved National TD, a Para Nordic TD candidate or Para Nordic licensed TD.
- 12303.2.2.3 For all PWG and WSC competitions the TD must be from another nation. For other international competitions, TDs from the same nation may be appointed. Competitions which appear regularly in the FIS Calendar shall have a foreign TD at least every four years.
- 12303.2.2.4 For PWG, WSC and WC competitions the TDs are appointed by the FIS Para Snowsports Committee based on the nominations prepared by the FIS Para Nordic Race Director in consultation with the Sub-Committee Para Nordic and the Cross-Country Sub-Committee for Rules & Control. For other international competitions the TDs are appointed by the regional TD coordinators. For PWG and WSC the appointments must be confirmed by the FIS Council. For WC (where only Para Cross-Country races are scheduled), COC and FIS Competitions the NSA must appoint a National Assistant TD who is supervised and instructed by the TD.
- 12303.2.2.5 Persons holding a position of responsibility for a Nations Team are not permitted to be nominated for the position of a TD or Jury member for PWG, or WSC and WC.

- 12304.2.1 Reimbursement applies as follows:
 - For PWG special regulations apply.
 - At WSC for the TD, Assistant TD CC (not applicable for BT WSC), Assistant TD BTInternational Referee Shooting Range, Jury member, IR Timing & Results, IR BiathlonInternational Referee Material Control Biathlon, IR Classification, further officials as required
 - At WC for the TD, <u>Assistant TD CC, International Referee</u> Shooting Range (in case when Para Biathlon races are scheduled), and the National TD assistant (in case when only Para Cross-Country races are scheduled), <u>International Referee</u> Material Control Biathlon IR Biathlon(in case Para Biathlon races are scheduled), FIS Classifiers as required,
 - at other international competitions for the TD and National Assistant TD,
 - includes official site inspection and homologation visits.
- 12310.2.2.1 Classical technique includes the <u>diagonal Diagonal</u> stride <u>techniques</u>, <u>the</u> double poling with or without diagonal kick, herringbone <u>or half</u> <u>herringbone</u> without a gliding phase and turning techniques.
- 12310.2.2.3 In Para competitions, athletes with lower limb impairments that make diagonal stride and herringbone technique impossible in steep uphills, may use an adaptive half herring bone technique with one ski gliding in the direction of travel and one ski pushing without a gliding phase.
- 12310.2.2.4 Turning techniques comprise of steps with the inner ski and pushes with the outer ski in order to change skiing direction. The sections of the course where turning techniques are allowed must be clearly marked.
- 12311.1 Fundamental Characteristics
- 12311.1.1 Cross-Country and Biathlon courses must be laid out so that they provide a technical, tactical and physical test of the competitors' qualifications. The degree of difficulty should be in accordance with the level of the competition. The course should be laid out as naturally as possible to avoid any monotony, with rolling undulating sections, climbs, and downhill sections.

Rhythm should not be broken by too many sharp changes in direction or steep climbs. The downhill sections must be laid out so that they create a challenge to the competitors. At the same time, it should be possible to ski the course even under fast conditions.

See the <u>Para Nordic Homologation Guide and</u> FIS Cross-Country Course and Venue Design Guidelines.

- 12311.2.1 All FIS Para Nordic competitions should be carried out on homologated courses. Exceptions are: popular competitions, Roller Skiing competitions, substitute courses if approved by the Jury and lower-level competitions (Continental Cup and below) if approved by FIS office and the jury, where the courses meet homologation criteria but where homologation is not yet available. The details on homologation procedure are described in the FIS Cross-Country Homologation Manual and the FIS Para Nordic Homologation Guide.
- 12311.2.2 In competitions designed for Para Nordic sport promotion it is possible to use courses outside of the homologation standards providing they have been approved by the Sub Committee Para Nordic.
- 12312.9.1 In the immediate vicinity of the stadium at PWG, <u>and WSC and WC</u>, a controlled (with fences or manual control) team preparation area with wax cabins must be installed. The cabins must be heated and well ventilated using forced air exchangers. Additional rules may apply for PWG, WSC, and WC.
- 12314.7 Leg and Sit Ski <u>Bib</u> Numbers
- 12314.7.1 For <u>Para Mass Start</u>, Pursuit, Individual Sprint competitions (heats only) it is required to affix bib <u>number</u>s to the standing competitor's legs or side of the sit ski that is closest to the finish line camera.
- 12314.7.2 For Team Sprint and Relay competitions it is required to affix bibs numbers to the finishing competitor's leg or side of the sit ski that is closest to the finish line camera.
- <u>12314.7.3</u> Bib numbers are required for all entered athletes on both legs and sides of the sit ski for all Biathlon Competitions.
- 12314.7.3 Sit-skiers must display start numbers on both sides of the sit ski. On both sides of the sit ski must be a flat part of 15 x 15cm where the start bib sticker can be fixed.
- 12316.7 During the PWG, WSC, and WC photo finish cameras must be used. If the photo-finish cannot decide the ranking, the competitors remain tied.
- 12317.1.7.3.1 Qualification: If two athletes have the same result in the qualification round (calculated time in hundreds of a second) and none of them qualifies for the next round they shall be ranked on the same place in the result list and shall get the same amount of WC points.

If two athletes have the same result in the qualification round (calculated time in hundreds of a second) and both or only one of them

qualifies for the next round the following order of "tie breakers" shall be used:

- 1. Calculated time: All available digits of the calculated time shall be used
- 2. Points (current season, at first competition previous season)
- 3. Highest number of individual wins (current season, at first competition previous season)
- 4. 4. Best result (current season, at first competition, previous season)
- 12317.2.4 When the 15 minutes protest period has expired, or if all protests have been resolved, or if there are no protests or requests for additional checking, the Jury will make results official. The competition secretary and the TD sign the official result list and certify that it is correct.
- 12317.2.8 If changes are made to an athlete's Sport Class during competition (e.g. following Observation Assessment, IF Protest etc.), these changes come into effect from the next race in which the athlete is entered. A Sport Class change will not occur between different phases of the same race (e.g. Qualification and Finals). Results achieved by the athlete before the Sport Class change comes into effect remain valid.
- 12323.2.4 During the sprint <u>finalsheats (from semi-final to final)</u>, no waxing of skis is allowed. For exceptions see 12335.13.
- <u>12323.2.5</u> Technique: classic or free (to be decided by the Sub Committee Para Nordic, see also art. 12310.3.2.1)
- 12323.2. $\underline{65}$ The course must be sufficiently wide (6 12 m) and without sharp corners, so that the conditions are equal for all competitors.
- 12323.2.<u>76</u> Finish

In classical technique (for all) there shall be 4 corridors with 4 tracks.

In free technique, there shall be $\frac{43}{2}$ corridors ($\frac{34}{2}$ m wide). The corridors shall be separated by $\frac{2}{2}$ classic tracks for the sit skiers. The jury can modify the lay-out of the finish if needed.

- 12323.3.6 Heats: Semi-finals and Finals (Quarterfinals may be used where time and numbers of athletes permit)
- 12323.6.3 For PWG<u>, and WSC and WC</u> new bibs and copies of start lists for the heats must be handed out at the same time. The bibs are assigned according to the ranking in the qualification.

Athletes will keep the same bibs for the final.

12323.3.6.4 Start lanes:

Classic style: 6 tracks start corridors with tracks, the start is monitored by video.

Free technique: <u>6 start corridors, the start is monitored by</u> <u>video.Minimum 3 lanes (4m wide). At each lane 2 officials control the</u> <u>start procedure.</u>

- 12323.3.6.5 Athletes are responsible for leaving at the right time. Start times for each heat will be posted in the start area. Each athlete may be provided with a sticker to be placed on their arm, glove or leg with their exact start time to use as reference at the start.
- 12323.3.6.9 <u>The starting positions are chosen by the athletes according to the following order:</u>

Lane choice is determined by:

Semi-finals – qualification times (rankings) are used.

Finals – rankings from the semi-finals and qualification are used.

_If fewer than 6 start lanes are available, and athletes are permitted to start in the same lane, lane choice is determined by:

Semi-finals – qualification times (rankings) are used.

Finals - rankings from the semi-finals and qualification times are used.

- 12323.4.2 If the competitor does not start or ski the entire course in each heat the competitor will be ranked in the last position of these semi-finals/final.
- <u>12323.4.2</u> If in the same round there is a false start, a DNS and or a DNF the order of ranking shall be: DNF, false start, DNS.In the Qualification and Finals, competitors with IRM (RAL, DNF, DNS or NPS) are listed

according to their ranking in their respective heat and their qualification times, below the competitors without IRM.

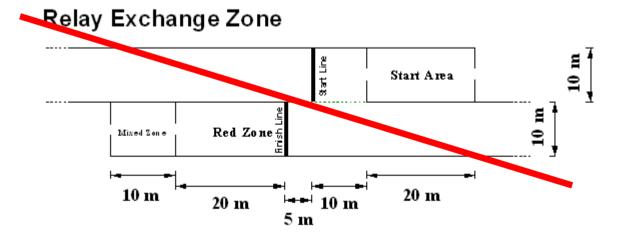
- 12323.5.2 Due to the timeline pressure of running successive heats it is not possible to allow protests during quarterfinals (if used) and semifinals. Protests will only be accepted after the finals.
- 12323.5.3 During quarter- and semi-finals, ICR art. 224.7 does not apply.
- 12324.3.2 Start numbers will be assigned to teams (using the modified percentage: LW 10-12 minus 12%, women minus 15% of the athletes starting in the first leg). Athletes with the higher percentage will be assigned the lower bib numbers. In cases where more than one athlete has the same percentage the lower bib number will be assigned to the athlete with the lower points. At PWG and WSC the placing in the previous PWG and WSC will determine the starting order of the first team, with the remaining teams assigned as above.

12324.3.4 Relay Exchange Zone

The exchange zone for Team Relay or Team Sprint should be a minimum of 10 m wide and 15 m in length.

The exchange zone must be clearly marked with a line at the beginning of the zone. When the front binding of the arriving competitor reaches this exchange line the corresponding team mate is allowed to depart the exchange zone. No physical contact between the competitors is required.

The relay exchange zone should be clearly marked and roped off and located on flat or smoothly rising ground near to the start and finish



12328 Biathlon 10 km Pursuit Competition

12200.1.1.1 Course	Sit Ski	Standing
LW + B women	2.0 km	2.0 km
LW + B men	2.0 km	2.0 km
Loops	5	5

12328.5.1 LW athletes are responsible themselves for leaving at the right time.

Each athlete will be provided with a sticker with their exact start time touse as reference at the start.

B-Class athletes will be held by a team member or an official (onrequest of the team) with a hand of the official on the shoulder of the athlete until they can start. If there is a need (eg B-Class), athletes may be held by a team member or an official (on request of the team) with a hand on the shoulder of the athlete until they can start.

12328.8 Results (order of finish in real time): see ICR art. 12317

WC points will be awarded according to the final result list.

12329 Biathlon Sprint Pursuit Competition

12329.1 Definition

In the Para Biathlon Sprint Pursuit the competition begins with a first race (qualification), organized as an interval start. After the first race, selected athletes compete in the second race (final) using the format of Para Biathlon Pursuit Start. Both races take <u>part-place</u> on the same day.

12329.4.5 LW athletes are responsible themselves for leaving at the right time.

The official shows the athlete the exact start time on a sticker attached to the hand of the official. B-Class athletes will be held back by a teammember or by an official (on request by the team) with a hand of the official on the shoulder of the athlete until they can start. If there is a need (eg B-Class), athletes may be held by a team member or an official (on request of the team) with a hand on the shoulder of the athlete until they can start.

12329.4.8 Early start in the second race:

A time penalty of minimum 30 seconds (Jury decision) will be imposed at the end of the competition if the athlete doesn't return and cross to the start line<u>and start</u> again. By doing this, the athlete has to make sure not to interfere with the other athletes. In case of interference while returning to the start line, the competitor must stop the competition and will be ranked <u>at asthe</u> last of this second race.

12331.5.4 LW athletes are responsible themselves for leaving at the right time.

The official shows the athlete the exact start time on a sticker attached to the hand of the official. B-Class athletes will be held back by a team member or by an official (on request by the team) with a hand of the official on the shoulder of the athlete until they can start. If there is a need (eg B-Class), athletes may be held by a team member or an official (on request of the team) with a hand on the shoulder of the athlete until they can start.

12331.5.8 Early start in the second race:

A time penalty of minimum 30 seconds (Jury decision) will be imposed at the end of the competition if the athlete doesn't return and cross to the start line <u>and start</u> again. By doing this, the athlete must make sure not to interfere with the other athletes. In case of interference while returning to the start line, the competitor must stop the competition and will be ranked <u>at asthe</u> last of this second race.

- 12332.3.2.1 Sight apparatus (For LW classes)
 - 1. No corrective lens must be fixed on the rifle, on the rise, etc. The shooter competitor can wear corrective glasses.
 - 2. Any sight apparatus containing neither lens, nor lens system, is authorized. Orthochromatic filters (color) <u>maycan</u> be adapted on the tunnel of the rise.
 - 3. Telescopes are forbidden on rifles.
 - A prism or a mirror, except magnifying lenses, can be used in the case of a right-handed <u>shooter-competitor</u> with the link eye and vice versa.
- 12332.9.3 Cross-firing and Target Hit by Another Competitor

If the target on which a competitor is shooting is fired on by another shootercompetitor, the incorrect shooter competitor must be stopped immediately. If no target plates have fallen, the correct competitor may

continue shooting. If a target plate has been hit, the target must be reset immediately, and the competitor then continues shooting.

12332.9.3.2 If competitors cross-fire onto a target not in their shooting lane, and no other competitor is shooting on that target, the mistake should be pointed out to them by a range official immediately after discovering the mistake by saying "Cross-Fire" loudly. The competitor has the right to shoot all remaining shots onto the correct target. However, hits on the wrong target will not be scored. Only those of the competitor's hits that are on the correct target will be scored.

If a competitor cross-fire onto a target not in their shooting lane, and no other competitor is shooting on that target, he shall be allowed to continue without disturbance. The competitor's hits will be only those which are on the correct target.

12332.9.4.1 Own Error

If, however, competitors make an error such as cross-firing or selecting a target that has been used and not reset, they themselves will be held responsible and no time adjustment will be made. If a competitor makes an error such as cross-firing or selecting a target which has been used and not reset, he is responsible, and no time adjustment will be made.

12333.2.2 Classification:

All rules and guidelines related to classification as set forth by the FIS Para Nordic Classification Rules and published on the FIS Para Nordic website apply. This includes the use or prohibition of <u>equipment and/or</u> adaptive equipment as described for specific sport classes.

12333.2.3 Adaptive Equipment

During Para Nordic sanctioned competitions all competitors must comply with the FIS Para Snowsports Equipment Specification.

12333.2.<u>4</u>3 B1 Athletes

- 12333.2.4 During FIS Para Nordic sanctioned competitions all competitors in class B1 must wear their own opaque shades or glasses approved through the FIS Adaptive Equipment Inventory. The glasses must be worn so that no light can be seen by the competitor (inside must be black).
- 12334.3 The role of the guide is to be responsible for the safety of the vision impaired competitor and assist the athlete to follow the rules. He/she may lead or follow the vision impaired competitor in the same track or ski alongside the parallel track providing he/she does not obstruct another skier. (Obstruction rule 12335.9 also applies for guides)

- violates any of the following shooting safety regulations:
 - 1. Shooting shall be permitted only on the shooting range, during officially authorized times. It is forbidden to make movements with a rifle which might endanger persons, or which may be perceived by others as dangerous.
 - 2. The rifle muzzle must be over the forward edge of the shooting ramp (= firing line) from the beginning to the end of the shooting stage.
 - 3. At all times, the competitor shall be responsible for the safety of his/her actions and rifle.
- 12338.2.2 Competitors who receive a second written reprimand in the same season will be automatically disqualified. Written reprimands given during the season are not valid in the WSC and PWG periods. Written reprimands given during WSC or PWG are valid until the end of the season. If a competitor has two reprimands on file after games (one prior to WSC or PWG and one during WSC or PWG), then the next two written reprimands will each automatically result in disqualification. Written reprimands are applicable for the respective sport only (PCC or PBT), a list per sport is maintained and available under the Para Nordic document website.
- 12338.2.5 In Sprint and Team sprint competition, if an infraction leads to disqualification and that infraction caused another competitor (or team) not to advance to the next round, the Jury may allow the competitor (or team) to proceed into the next round. In this case the competitor or team concerned will start in the least favorable start position.
- 12338.2.56 Competitors disqualified in Sprint heats at Sprint competitions will keep their qualification result and will not be disqualified from qualification result list.

Annex 2 - Rules of the Para Nordic Points and Para Nordic World Cup Points

1.2 Factor-Value

The factor is 600 for all Biathlon and Cross-Country competitions. The factor is evaluated every second year based on the last two years competition results in PWG, WSC and World Cups.

Factor	Competition Format
Factor 800	All competitions with below exception.
Factor 2800	For competitions using courses that do not meet the homologation norms for elevation profiles and for all Para Roller Ski competitions.

2.2 Changes of schedule/competition siteSchedule Changes, Moving Site Location and Cancellation

Changes in the race schedule, i.e. shifting the race to another date, cancellation of the competition or any other significant changes in the race program must be communicated immediately to the FIS Para Nordic Office as well as to the National Ski Federations and to the Technical Delegate (TD) assigned to the competition. In special case if the competition will be carried out on a non-homologated substitute course, the Technical Delegate (TD) has to confirm the norms of the course according to ICR article 12311. If for any reason a World Cup, WSC or PWG competition cannot be held on the planned homologated course and must be held on an alternate course approved by the jury, the competition will be considered as valid for race points evaluation. In case of changing of the original schedule or competition site the Sub Committee Para Nordic will decide about the status of the race.

3.3 Re-registrations after Medical Absence (illness, studies, pregnancy etc.)

When a competitor injured <u>himself_themselves</u> and applies for the single penalty, the National Ski Association must apply to FIS Para Nordic as soon as possible for the approval of a single penalty and submit a medical certificate. If approved, the revised points will equal their previous points value (from valid list at time of leaving) plus a penalty. The penalty is equal to 22 % of the previous points and must be minimum 4 points and maximum 26 points.

9.3.1.2 The points of the top five competitors are considered and the three best values are added and divided by 3.75. This is the race penalty. The points shall be rounded to two decimals.

10.1 Formula

P = (F * Tx/To) - F or P = ((Tx/To) - 1)*F

P = Race Points

To = Result=Calculated Time of the winner in seconds

Tx = Result= Calculated Time of the classified competitor in seconds

F = Factor = 600 for all races F - Value (Factors to be used, see Article 1.2)

12.4

A minimum number of five ranked athletes on the result list per category and gender is required to award World Cup points. In cases that the minimum cannot be achieved no World Cup Points will be awarded.

In circumstances where there are fewer than five ranked athletes, points can be awarded according to <u>T</u>the following table will be used to determine the number of World Cup points awarded depending on number of finishers:

Annex 3 – Para Nordic Classification Rules and Regulations

Classifiers

3.7 A Classifier is a person authorised as an official and certified by FIS<u>or by the</u> International Blind Sports Association (IBSA) to conduct some or all components of Athlete Evaluation as a member of a Classification Panel.

4 Classifier Competencies, Training and Certification

- 4.1 A Classifier will be authorised to act as a Classifier if that Classifier has been certified by FIS or by IBSA as having the relevant Classifier Competencies.
- 4.2 FIS <u>and/or IBSA must</u> provide training and education to Classifiers to ensure Classifiers obtain and/or maintain Classifier Competencies.
- 4.3 FIS must specify and publish Classifier Competencies in a manner that is transparent and accessible. The Classifier Competencies must include that a Classifier has:
 - 4.3.1 a thorough understanding of these Classification Rules;
 - 4.3.2 an understanding of Para Nordic, including an understanding of the technical rules of the sport;
 - 4.3.3 an understanding of the <u>IPC Athlete Classification</u> Code and the International Standards; and
 - 4.3.4 a professional qualification(s), level of experience, skills and/or competencies in order to act as a Classifier for FIS. These include that Classifiers must either:
 - a) be a certified health professional in a field relevant to the Eligible Impairment category which FIS at its sole discretion deems acceptable, such as a physician or physiotherapist for Athletes with a Physical Impairment or an ophthalmologist or optometrist for Athletes with a Vision Impairment; or
 - b) have an extensive coaching or other relevant background in the particular sport(s); or a recognised and reputable academic qualification which encompasses a requisite level of anatomical, biomechanical and sport-specific expertise, which FIS at its sole discretion deems to be acceptable.
- 4.4 FIS have a process of Classifier Certification by which Classifier Competencies are assessed. This process includes:
 - 4.4.1 a process for the certification of Trainee Classifiers;
 - 4.4.2 quality assessment for the period of certification;
 - 4.4.3 a process for handling substandard performance, including options for remediation and/or withdrawal of certification; and
 - 4.4.4 a process for Re-certification of Classifiers.
- 4.5 FIS must specify tThe Entry-Level Criteria applicable to persons who wish to become Trainee Classifiers can be found within the FIS Para Nordic Classifier Pathway, available on the FIS website. FIS will provide Entry-Level Education

to Trainee Classifiers.

4.6 FIS must provide Continuing Education to Classifiers for the purposes of Certification and Re-certification.

5 Classifier Code of Conduct

- 5.1 The integrity of Classification depends on the conduct of Classification Personnel. <u>The FIS Universal Code of Ethics defines the rules of conduct of</u> the officials, competitors, and partners of the FIS. The Code applies to persons officiating as a Competition Technical Delegate, International Technical Official, Judge or in a similar role, which includes Classification Personnel: <u>https://www.fis-ski.com/en/inside-fis/governance/ethics;</u> FIS has therefore adopted a set of professional conduct standards referred to as the 'Classifier Code of Conduct'_
- 5.2 All Classification Personnel must comply with the <u>FIS Universal Code of</u> <u>EthicsClassifier Code of Conduct</u>.
- 5.3 Any person who believes that any Classification Personnel may have acted in a manner that contravenes the <u>FIS Universal Code of Ethics Classifier Code</u> of <u>Conduct</u> must report this to <u>the FIS Ethics and Compliance Officer</u>.
- 5.4 If FIS receives such a report, it will investigate the report and, if appropriate, take disciplinary measures.
- 5.5 FIS has discretion to determine whether or not a Classifier has an actual, perceived and/or potential conflict of interest.

6 General Provisions

- 6.1 FIS has specified in these Classification Rules the process, assessment criteria and methodology whereby Athletes will be allocated a Sport Class and designated a Sport Class Status. This process is referred to as Athlete Evaluation.
- 6.2 Athlete Evaluation encompasses a number of steps and these Classification Rules therefore include provisions regarding:
 - 6.2.1 an assessment of whether or not an Athlete has an Eligible Impairment for the sport;
 - 6.2.2 an assessment of whether an Athlete complies with Minimum Impairment Criteria for the sport; and
 - 6.2.3 the allocation of a Sport Class (and designation of a Sport Class Status) depending on the extent to which an Athlete is able to execute the specific tasks and activities fundamental to the sport. (with the exception for athletes with Vision Impairment, where the current assessment criteria is not yet sport specific and does not include a requirement that the Athletes are assessed in respect of the 'extent to which the Athlete is able to execute the specific tasks and activities fundamental to the sport')

Assessment of Eligible Impairment

- 7.5 An Athlete must supply FIS <u>Skiing</u> with <u>all relevant evidence/information</u> necessary to assist in verifying the existence of one or more Underlying Health Condition(s) that the Athlete wishes to be assessed by FIS as the basis for their Classification. Diagnostic Information that must be provided as follows:
 - 7.5.1 The relevant <u>Athlete's</u> National Body must submit a Medical Diagnostics Form to FIS, upon completing the registration of an Athlete in FPDMS, <u>at</u> <u>minimum six (6) weeks prior to Athlete Evaluation</u>.
 - 7.5.2 The Medical Diagnostics Form must be completed in English and dated and signed by a certified medical doctor.
 - 7.5.3 The Medical Diagnostic Form must be submitted with supportive Diagnostic Information if as required by FIS.
- 7.6 FIS may require an Athlete to re-submit the Medical Diagnostics Form (with necessaryor supportive Diagnostic Information) if FIS at its sole discretion considers the Medical Diagnostic Form and/or the Diagnostic Information to be incomplete or inconsistent.
- 7.7 If FIS requires an Athlete to provide Diagnostic Information it may consider the Diagnostic Information itself, and/or may appoint an Eligibility Assessment Committee to do so.
- 7.8 The process by which an Eligibility Assessment Committee is formed and considers Diagnostic Information is as follows:
 - 7.8.1 The Head of Classification will notify the relevant National Body that Diagnostic Information must be provided on behalf of the Athlete. The Head of Classification will explain what Diagnostic Information is required, and the purposes for which it is required.
 - 7.8.2 The Head of Classification will set timelines for the production of Diagnostic Information.
 - 7.8.3 The Head of Classification will appoint an Eligibility Assessment Committee. The Eligibility Assessment Committee must, if practicable, be comprised of the Head of Classification and at least two other experts with appropriate medical qualifications. All members of the Eligibility Assessment Committee must sign confidentiality undertakings.
 - 7.8.4 If the Head of Classification believes that he or she does not hold the necessary competencies to assess the Diagnostic Information, he or she will not participate in the review of the Diagnostic Information, but will assist the Eligibility Assessment Committee.
 - 7.8.5 Wherever possible all references to the individual Athlete and the source(s) of the Diagnostic Information should be withheld from the Eligibility Assessment Committee. Each member of the Eligibility Assessment Committee will review the Diagnostic Information and decide whether such information establishes the existence of an Eligible Impairment.

14 Observation in Competition

- 14.10 If an Athlete has been assigned the tracking code OA subsequent to the initial phases of Athlete Evaluation, but OA does not occur due to various circumstances including, but not limited to:
 - a) The Athlete fails to start (DNS)
 - b) The race is called off due to exceptional circumstances (e.g., inclement weather)
 - c) The Athlete starts but the panel cannot conduct a substantive assessment (e.g., the Athlete falls early in the race)

the Classification Panel shall determine whether to allocate a Sport Class Status of Review, Review with a Fixed Review Date (next season) or designate the Athlete as Classification Not Completed (CNC) as per the guidelines outlined in Article 10 of these regulations.

14.1014.11 Observation in Competition Assessment must take place during First Appearance in accordance with the provisions of 14.5. All Athletes will however continue to be observed throughout the season, and if FIS considers an Athlete may have been allocated an incorrect Sport Class, FIS may raise a Protest in accordance with the provisions of Articles 23 and 24.

Appendix One

Athletes with Physical Impairment

1 Eligible Impairment Types

The following Physical Impairment types are eligible in Para Nordic under the following conditions:

- An athlete must be affected by at least one (1) of the Impairment Types as listed in the first column of the table: and
- The Impairment must result directly from a permanent Underlying Health Condition, examples of which are included in the second column.

The process for assessing whether an athlete has or does not have an Underlying Health Condition leading to an Eligible Impairment is outlined under Article 7 of these Rules.

2 Minimum Impairment Criteria (MIC)

2.1 The MIC defines how severe an Athletes Impairment must be in order to be eligible for Para Nordic.

Eligible Impairment	Upper Limb	Lower Limb
Impaired Muscle Power	Unilateral: Lack of functional grip, being defined as loss of muscle power in one upper limb with max score of 2 in finger	Unilateral: Loss of muscle power in one lower limb, resulting in: A maximum of 70 points; AND

Limb	flexion, finger extension and thumb opposition.	At least loss of 10 points in the <u>affected leg; AND</u> At least one muscle group in <u>the affected leg (below the</u> <u>knee) must have a maximum</u> <u>score of 2</u> Unilateral:
Deficiency	Loss of upper limb below the elbow, at or proximal to all metacarpophalangeal joints. Congenital deficit with the length of the affected limb longer than the length of the humerus of the unaffected limb. Dysmelia of one hand, resulting in lack of functional grip for Nordic Skiing.	Loss of limb through or above the ankle joint; or A congenital defect with the length of the affected limb shorter than the length of the unaffected limb at the level of the ankle. Bilateral: Loss of both limbs at minimum proximal to metatarsals; or A congenital deficit resulting in the absence of forefoot structure.
Leg Length Difference	<u>N/A</u>	Leg length difference between both legs of at least 7cm.
Hypertonia <u>Ataxia</u> <u>Athetosis</u>	<u>Unilateral:</u> <u>Affecting one upper limb</u> <u>below the elbow.</u>	Unilateral: <u>Ataxia in one lower limb observed</u> <u>during at least one of the coordination</u> <u>tests for lower extremities, as</u> <u>presented under 3.6.1.</u> <u>Clearly evident athetosis observable</u> <u>in one lower limb (below the knee) as</u> <u>presented under 3.7.1.</u> <u>Hypertonia affecting one leg (below</u> <u>the knee)</u>
Impaired Passive Range of Movement	Unilateral: Maximum of 5 degrees of flexion or extension in the elbow, with no ability to exert force when poling on the affected side.	Unilateral: Equivalent activity limitation to the loss of limb through or above the ankle joint

23 Assessment Methodology

2.33.3 Athletes must attend an Evaluation Session with their competition ski equipment and accessories (for example, sit-ski, strapping and padding, orthoses, prostheses, <u>skis</u>, poles and boots), and be prepared to demonstrate seated position in sit ski with all strapping secured in place.

- 6.37.3 General Considerations for the sitting Sport Classes
 - 6.3.17.3.1 Athletes meeting the lower limb MIC may choose to compete sitting. If they choose to compete sitting they will be allocated LW12 unless they demonstrate neurologic weakness of the trunk and/or the lower extremities, at which time they will be more thoroughly examined to determine the most appropriate Sport Class allocation competing in sitting Sport Classes LW10 -12 must meet at least the criteria of LW4.
 - 6.3.27.3.2 Athletes meeting the lower limb MIC meeting the criteria of a standing or a sitting Sport Class must choose between sitting or standing at the time of their first International cClassification by the Classification Panel at an event officially approved by FIS.
 - 6.3.3<u>7.3.3</u> The Athlete may request to review of the choice to compete sitting or standing in accordance with Article 16.5 of these Rules.
 - 6.3.4<u>7.3.4</u> An Athlete may also request review of the choice if there is a clear medical justification for changing, in which case a Medical Review Request must be completed.
 - 6.3.5 Athletes who demonstrate neurologic weakness of the trunk and/or the lower extremities will be evaluated to determine which sitting Sport Class they most appropriately fit within.
 - 6.3.67.3.5 The Athlete will not be permitted to have his lower limbs outside of the sit-ski at any time during the Competition.

Appendix Two

Athletes with Vision Impairment

1 Eligible Impairment Types

Eligible Impairment	Examples of Heath Conditions
Athletes with Vision Impairment	Examples of an Underlying Health
have reduced or no vision	Condition that can lead to Vision
caused by damage to the eye	Impairment include retinitis pigmentosa
structure, optical nerves or	and diabetic retinopathy.
optical pathways, or visual	
cortex of the brain.	

2 Eligibility Criteria

Minimum Impairment Criteria for Athletes with a Vision Impairment have been setbased on the Athlete's corrected vision. (The difference in approach for Athletes with-Vision Impairment must be seen within the historical context of Classification forthese Athletes, which is an assessment with 'best correction' as used in the contextof medical diagnostics for visual acuity.)

2.1 To be eligible to compete in Sport Classes B1-B3 in FIS Para Nordic, the Athlete must meet <u>both</u> of the criteria below:

- The Athlete must have at least one of the following Impairments:
- impairment of the eye structure;
- impairment of the optical nerve/optic pathways;
- impairment of the visual cortex
 - The Athlete's Vision Impairment must result in a visual acuity of less than or equal to LogMAR 1.0 or a visual field restricted to less than 40 degrees diameter.
- 2.2 It is the responsibility of the Athlete and NPC to provide sufficient evidence of the Athlete's Vision Impairment. This must be done by way of submitting medical diagnostic information completed by an ophthalmologist as described in the Article 7.5 of these Rules.
- 2.3 The medical diagnostic information must comprise the completed Medical Diagnostics Form (available on the FIS Para Nordic website) and additional medical documentation as indicated on the Medical Diagnostics Form. Failure to present with complete medical diagnostic information may lead to Athlete Evaluation being suspended in accordance with Article 10 of these Rules.
- 2.4 Medical Diagnostic Information must be typewritten and submitted in English and may not be older than 12 months prior to the date of Evaluation Session.

Appendix Four

Athletes with Vision Impairment – Implementation of the new

classification system

1 Preamble

1.1 This Appendix sets out provisions for the implementation of the new classification system for athletes with Vision Impairment. These provisions will apply from 01 July 2023 to 30 June 2024 (inclusive).

1.2 These provisions concern:

- New Athletes with Vision Impairment entering the sport of Para Nordic from 01 July 2023;
- All active Athletes currently competing in Para Nordic with Sport Class B1, B2 or B3;
- Athletes with Vision Impairment classified NE in Para Nordic.

2 Implementation timeline

- 2.1 The new Vision Impairment criteria, as set out in Appendix Five of these Rules, will be implemented for competition from 01 July 2024.
- 2.2 For the 2023/24 season, the criteria as specified in Appendix Two of these Rules will remain in place for competition. However, to support the implementation of the new system, athletes will be classified throughout the 2023/24 season in accordance with the criteria as set out in Appendix Five but with no legal effect for season 2023/24.
- 2.3 From the beginning of the 2024/25 season (01 July 2024), Appendix Two will be replaced by Appendix Five, and this Appendix Four will no longer apply.

3 Implementation Process

- 3.1 Athletes with Vision Impairment entering the 2023/24 season with a Sport Class Status of New, Review or Review with a Fixed Review Date of 2023 (or earlier) will proceed to an Evaluation Session with a Classification Panel and will be allocated a Sport Class in accordance with the criteria as set out in Appendix Two, and a Sport Class in accordance with the criteria as set out in Appendix Five.
- 3.2 Athletes with Vision Impairment entering the 2023/24 season with a Sport Class Status Review with a Fixed Review Date of 2024 (or later) or Confirmed will proceed to an Evaluation Session with a Classification Panel and will be allocated a Sport Class in accordance with the criteria as set out in Appendix Five only.
- 3.3 Athletes with Vision Impairment previously allocated Not Eligible (NE) Confirmed may proceed to an Evaluation Session with a Classification Panel in the 2023/24 season and will be allocated a Sport Class in accordance with the criteria as set out in Appendix Five only.
- 3.4 On 01 July 2024, all Sport Classes and Sport Class Statuses allocated in accordance with the criteria as set out in Appendix Five will be applied to the FIS Para Nordic Classification Master List. All B1 – B3 Sport Classes, together

with the Sport Class Statuses allocated with those Sport Classes, will be archived in the FIS Para Snow Sports Data Management System (FPDMS).

- 3.5 On 01 July 2024, athletes who have not been allocated a Sport Class by a Classification Panel in accordance with the criteria as set out in Appendix Five will be allocated Sport Class NS3 and Sport Class Status New in the Classification Master List.
- 3.6 From 01 July 2024, all new athletes entering Para Nordic, or athletes with a Review or a Review with a Fixed Review Date will be classified in accordance with the criteria currently set out in Appendix Five.

4 Assessment Methodology

- 4.1 All Athlete Evaluation and Sport Class allocation must be based on the assessment of visual acuity in the eye with better visual acuity when wearing the best optical correction.
- 4.2 Depending on an Athlete's visual acuity, visual acuity is tested using the LogMAR chart for distance visual acuity testing with Illiterate "E" and/or the Berkeley Rudimentary Vision Test.
- 4.3 Athletes who compete using any corrective devices (e.g. glasses, lenses) must attend classification with these devices and their prescription.
- 4.4 An Athlete found to be using corrective devices during Competition that were not declared during Evaluation Session may be subject to further investigation of Intentional Misrepresentation (see Article 32).
- 4.5 Athletes must declare any change in their optical correction to FIS before any Competition. If the Athlete has a Sport Class Status Review with Fixed Review Date or Confirmed, the Athlete's Sport Class Status will be changed to Review. The Athlete will then undergo Athlete Evaluation prior to the next Competition under the provisions of these Rules. Failure to do so may result in an investigation of Intentional Misrepresentation (see Article 32).
- 4.6 Any Athlete Support Personnel accompanying the Athlete during the Evaluation Session must remain out of sight of the visual acuity charts during assessment.
- 4.7 Under the current provisions set out in this Appendix, Observation in Competition does not apply to Athletes with Vision Impairment.
- 4.8 FIS will inform the local organising committee of the equipment and room requirements for the assessment of Athletes with Vision Impairment after the Classification Panels have been appointed. It is the local organising committee's responsibility to provide all equipment required by FIS.
- 4.9 Failure to provide all equipment required by FIS may result in the Classification decisions not being accepted by FIS.

5 Assessment Criteria for the Allocation of a Sport Class and the Designation of Sport Class Status

- 5.1 Sport Class B1
 - Visual acuity is poorer than LogMAR 2.60.
 - All Athletes (with the exception of those with prosthesis in both eyes) shall be required to wear opaque goggles for each individual and relay event for the full duration of the event. Athletes whose facial structure will not support goggles shall be required to cover the eyes with an opaque covering.

5.2 Sport Class B2

- Visual acuity ranges from LogMAR 1.50 to 2.60 (inclusive), and/or
- the visual field is constricted to a radius of less than 10 degrees diameter.

5.3 Sport Class B3

- Visual acuity ranges from LogMAR 1.40 to 1 (inclusive), and/or
- the visual field is constricted to a radius of less than 40 degrees diameter.

Annex 4 - Equipment Specifications for Para Snowsports

3.2.2.1 Ski length

Minimum: height of skier minus 100 mm

3.5.2.2 Pole length (not applicable for athletes competing in the sit-ski category)

The maximum pole length must not exceed the competitor's height, nor measure below the hips (measurements are taken by placing the tip of the pole on the ski in front of the binding).

7.1.1 FIS, through its appointed officials, -will monitor the use of technology and equipment prior to <u>and/</u>or at FIS Para Nordic Sanctioned Competitions to ensure that it conforms to the principles outlined in the IPC Policy on Sport Equipment. This may include, but will not be limited to, the assessment of:

7.2.1.2 The maximum allowable height difference <u>between the athlete's seat surface</u> (is 40cm between the top of the unloaded seat cushion (at the point <u>at which where</u> the athlete's ischial tuberosity is positioned, during competition conditions, on the <u>seat surface/seat cushion</u>) and the top of the ski (the point on the ski, not including the binding, vertically aligned below the athlete's ischial tuberosity) is 40cm. -(see graphic below) contacts the seat surface) and the top of the ski.

7.2.1.3 Individual exceptions / allowances in the 40 cm seat height limit will be considered by FIS Para Nordic / Classification, on a case by case basis if the athlete experiences sit ski fitting limitations due to large stature/ large body proportions/ long lower extremity length. All ,Exception Requests' must be sent to ParaNordic@fisski.com as per the deadlines outlined under 7.1.2.

7.2.1.34 The sit-ski athlete shall be seated on the sit-ski at all times during the race, meaning that the athlete's ischial tuberosit<u>iesy</u> shall remain in contact with the seat<u>throughout all competition</u>.

7.2.1.45 To prevent movement of the ischial tuberosity off the seat, <u>it is expected</u> that the <u>athlete's</u> upper thigh (proximal femur) / or hip must be strapped <u>securely</u> to the seat <u>at a point as proximal to the hip joint as possible</u>, using a non-flexible material <u>and a stable securing feature</u>.

7.2.1.6On both sides of the sit ski there must be an area of at least 15cm x15cm where the bib number sticker can be clearly displayed.

7.3.2 At any IPC Games<u>and</u>, FIS Para Nordic Sanctioned Competition<u>s</u>, the FIS Para Nordic Technical Delegate shall be entitled to prohibit the use of any

equipment prohibited by these Regulations. In every case of a suspected breach the FIS Para Nordic Technical Delegate must report the matter to FIS Para Nordic. Upon receiving such a report FIS Para Nordic must refer the matter to the FIS Medical and Scientific Director. Any further investigation and/or action will be determined by the FIS on a case by case basis.