



RULES FOR THE FIS CROSS-COUNTRY WORLD CUP STAGE TOUR DE SKI

EDITION 2025/26

FIS Cross-Country World Cup Rules 2025/26

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1 **Organization of the FIS Cross-Country World Cup**

The regulations stated in the Organising Agreement signed by FIS, the hosting NSA and the OC, the Cross-Country World Cup Organizer Manual with all checklists, the ICR and this document of the Rules for the FIS Cross-Country World Cup are binding for all organizers of FIS Cross-Country World Cup events.

1.1 **FIS Event Management**

The management of the events is placed under the responsibility of the Organizing Committee (OC) and the FIS Cross-Country staff (FIS staff).

The FIS staff is responsible to follow and support the OC during all the preparation period, on site during the events and from the FIS Nordic Office in the FIS headquarter.

The OC must periodically inform the FIS staff about all major preparation steps and the FIS staff must inform the OC about impacting rule changes.

All important decisions will be taken after a joint discussion between the OC and the FIS staff.

FIS Cross-Country Staff:

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FIS Nordic Office

- Madeline Nappey – nordics@fis-ski.com

1.2 **Jury Members**

A Technical Delegate (TD) and an Assistant TD (TDA) from another nation than the hosting nation is appointed by FIS for every World Cup competition. An additional National TD is to be appointed by the National Ski Association (NSA) of the hosting nation.

The Jury members must arrive on site around 72 hours before the first race to get familiar with the conditions and preparations around the event.

The daily allowance for the Jury members must be paid according to ICR 304.1.1. Bank transfer fees and added value tax are covered by the OC. In case a nominated official must withdraw his/her participation due to sickness or force majeure, the OC is responsible for covering the already occurred expenses.

1.3 **Event Preparation Group**

In case of difficult snow conditions or any situation liable to jeopardize the organization of the events (such as health, security issues, etc.), the Event Preparation Group will be activated to decide possibilities to hold the events as planned or to make necessary changes (such as postponement, rescheduling of the event, etc.).

To maximize the possibility to organize World Cup events - and in close collaboration with all stakeholders (NSA's, rights holders, OC's, FIS Medical Committee, etc.) - the Event Preparation Group can adapt the competition

schedule, race formats, racecourse and - if necessary - the World Cup rules and World Cup calendars.

Decisions from the Event Preparation Group will be communicated by the FIS Race Director to the FIS General Secretary for approval.

The members of the Event Preparation Group are:

- FIS Cross-Country Staff
- One representative of the OC
- One representative of the hosting National Ski Association
- The chair of the FIS Cross-Country Committee
- One representative of the athletes

If necessary, the FIS Race Director can nominate an expert (such as FIS TD or FIS homologation inspector) to be sent on site to inform the event preparation group of the situation on site.

All the travelling and accommodation costs are covered by the OC.

In addition, the expert will receive a daily rate paid by the OC according to ICR 304.1.1.

A World Cup event can only take place if at least 7 nations from the top 10 nations (according to the Nation's Cup 2024/25) are eligible to participate.

1.4 Substitution, Cancellation, Postponement

If for any reason a FIS World Cup competition cannot take place, the FIS Race Director must be informed immediately by the OC and/or the National Ski Association. The Race Director then activates the Event Preparation Group who defines the necessary actions before communicating officially.

Depending on the circumstances, the competitions can be transferred to an alternate location, cancelled, or postponed to a later date in the season.

1.4.1 Alternate Location

In principle, a transferred competition shall be carried out in the same country. The involved NSA is responsible to coordinate and ensure the transfer of knowledge, information and finances to the new OC.

If that is not possible, the competition may be carried out in another country. In this case - and to reduce the cost of the organization - the new OC has the right to ask for the cancellation of the payments of the red group lists (art. 6).

If the decision to reschedule to a new location is taken later than 8 days before the event, the original OC must pay the travel costs to the teams entered at the date of the decision and be in charge for cancellation fees of the accommodation according to art. 6.

1.4.2 Cancellation

In the case of cancellation later than 8 days before the event and except in case of force majeure (storm, cold weather and unpredictable circumstances) the OC must pay the travel costs to the teams entered and willing to compete at the date of the cancellation according to art. 6.

1.5 Snow and Weather Conditions

1.5.1 Snow Control

The OC must regularly inform the FIS Race Director about snow conditions and preparations, especially during the last 3 weeks before the event.
A snow controller is nominated by the FIS Nordic Office for each World Cup stage and is responsible for sending a report to the FIS Nordic Office 15 days before the event.

The snow report needs to include information about guaranteed training courses available from 5 days before the event. The RD/RDA, Jury as well as the sports team from the OC will evaluate the training possibilities and inform the teams.

If the snow report is negative the FIS Race Director will coordinate the work of the Event Preparation Group as described in art. 1.3.

1.5.2 Snow Guarantee, Salting, Snow Transportation

The capacity of snow production, snow storage and ability to guarantee safe snow conditions in general must be taken into consideration when applying to host a World Cup.

Each World Cup venue must prepare and present a detailed plan for snow guarantee during the summer inspection.

In any case, the possibility to use salt on the courses and to transport snow from other locations must be checked and approved by the appropriate authorities. Enough salt must be available.

1.5.3 Extreme Weather Conditions

The OC is responsible to provide a local and professional weather forecast.
In case of extreme weather conditions expected during the event (official training and competition days), the Event Preparation Group will be activated to make decisions on the possibility to hold the events as planned or to make any necessary changes.

During this process a local weather expert must be provided by the OC and be available to give some inputs to the Event Preparation Group. The Jury will be consulted and represented by the FIS Race Director.

1.6 Medical Support Requirements

The OC is responsible for setting up an appropriate rescue service during all training and competition times. The medical support requirements for FIS event organizers are given in the ICR and in chapter one of the FIS Medical Guide.

2 Sport Regulations

2.1 World Cup Entry Requirements

2.1.1 Basic entry requirements

The quota is valid under the condition that every individual competitor has an active FIS code number and scored in the FIS Points List valid for the respective FIS Cross-Country World Cup competition:

Sprint World Cup:

150 FIS Points or less on the FIS Points list (Distance or Sprint) valid for the respective World Cup.

Distance World Cup:

150 Distance FIS Points and less on the FIS Points List valid for the respective World Cup.

2.1.2 Exception for the NSA's not carrying out a FIS World Cup

Each FIS affiliated National Ski Association not carrying out a FIS World Cup can register one (1) competitor per gender in the Distance competition if:

- they have scored 150 FIS Points (Distance or Sprint) on the FIS Points List valid for the respective World Cup.

or

- One (1) result equal or better than 100 FIS points (Distance or Sprint) at the U23 WSC or JWSC, WSC in the previous or current season.

2.1.3 Exceptions related to OWG qualification

Due to Qualification System for OWG Milano-Cortina 2026 athletes from NOCs without the basic quota are eligible to compete in the FIS Cross-Country World Cup 2025/26 period I under the following conditions:

- Competitors must have 800 FIS points and less in the FIS points list (distance or sprint) valid for the respective World Cup.
- Competitors can take part in all individual competitions in the World Cup period I, until they have reached the limit for the OWG basic quota (one result with 300 FIS points and less for men, 330 FIS points and less for women at one (1) individual competition).
- If an athlete reaches the result for the basic quota for the OWG then they can take part in other individual competitions during the respective World Cup weekend
- If an athlete reaches the result for the basic quota for the OWG then they can take part in another World Cup weekend only if they meet the general World Cup entry requirements (2.1.1).

2.1.4 Other exceptions

In exceptional circumstances (top athletes from Biathlon, Nordic Combined, athletes coming back after pregnancy, injury, etc.), athletes who did not reach the World Cup entry requirements can be allowed to start.

The respective NSA must apply in a written way to the FIS Nordic Office latest one week before the event. With taking all into consideration, the FIS Race Director will take the decision and will inform the OC and the Jury.

2.2 Athletes Start Quotas for Individual Events

Start quotas for FIS Cross-Country World Cup

Each nation has the right for a maximum of 10 start quotas for all World Cup stages.

This number includes:

- Basic nations quota (art. 2.2.1)
- Extra quota for Overall FIS World Cup (art. 2.2.3) and COC winner/leader (art. 2.2.4)
- National Group quota (art. 2.2.5)

Please check on the exceptions for stage events (art. 2.2.5 and art. 2.2.6).

In addition to the maximum quota of 10:

The host nation has the right to enter a maximum of two U23 athletes per gender. Please check definition of “U23 athlete” in ICR art. 341.1.3.

2.2.1 Basic Nations Quotas

The basic nations quotas are calculated according to the Team Cup standings 2024/25 (women and men) as follows:

Rank (Team Cup standing)	Nation Quota
1 - 8	6
9 – 12	5
13 – 16	4
17 - ...	3
Not ranked	Basic quota = 2

2.2.2 Basic Nations Quotas for 2025/26

Nation	Women		Men	
	Rank	Quota Q1	Rank	Quota Q2
AND	14	4	17	3
ARM		2	25	3
AUS	15	4	22	3
AUT	11	5	9	5
BUL		2		2
CAN	10	5	11	5
CHN	20	3	21	3
CZE	9	5	10	5
EST	12	5	14	4
ESP		2	18	3
FIN	4	6	4	6
FRA	8	6	2	6
GBR		2	12	5
GER	3	6	7	6
ITA	7	6	6	6
IRL		2	16	4
JPN	17	3	15	4
KAZ	18	3	23	3
KOR	21	3		2
LAT		2	20	3
NOR	1	6	1	6
POL	16	4	19	3
SLO	13	4	13	4
SUI	6	6	8	6
SVK		2	26	3
SWE	2	6	3	6
TPE	22	3		2
UKR	19	3	24	3
USA	5	6	5	6
Other NSAs – not ranked		Basic quota = 2		Basic quota = 2

2.2.3 Extra quota for Overall FIS World Cup leader or winners

The previous season's Overall FIS World Cup winners may start in addition to the calculated nations quotas during the 1st World Cup period in the following season.

The Overall FIS World Cup leaders at the end of each World Cup period have the right to start in World Cup competitions during the next World Cup period in addition to the basic nation's quotas.

2.2.4 Extra quota for COC leaders or winners

The Overall winners from the previous seasons COC have the right to start in the first World Cup period of the following season.

Competitors are only eligible to qualify through the Continental Cup in the geographical region of which their National Association is a member. If the winner or competitor(s) in the World Cup qualifying positions come from another continent, the personal start place(s) will be awarded to the best placed competitor(s) from the Continental Cup concerned.

Following NSAs can qualify for COC quota through their Continental Cup:

AUSTRALIAN NEW ZEALAND CUP (ANC)

AUS, NZL

EASTERN EUROPE CUP (EEC)

KAZ

FAR EAST CUP (FEC)

CHN, IRA, JPN, KOR, MGL, PRK, TPE, UZB

NORTH AMERICAN CUP (NAC)

CAN

FESA CUP (FESA)

AND, AUT, CZE, ESP, FRA, GER, ITA, LIE, SLO, SUI

SCANDINAVIAN CUP (SCAN)

DAN, EST, FIN, GBR, IRL, ISL, LAT, LTU, NOR, SWE

SLAVIC CUP (SC)

HUN, POL, SVK, UKR

SOUTH AMERICAN CUP (SAC)

ARG, BRA, CHI

SOUTH EAST EUROPE CUP (SEE)

ALB, BIH, BUL, CRO, GRE, MDA, MKD, MNE, ROU, SRB, TUR

USA SUPER TOUR (UST)

USA

The leaders (women and men) of all COC Cups at the following dates have the right to start in World Cup competitions during the next World Cup period:

1 st World Cup Period 2025/26	COC Winners season 2024/25
2 nd World Cup Period 2025/26	Leaders on 22 nd December 2025
3 rd World Cup Period 2025/26	Leaders on 12 th January 2026
4 th World Cup Period 2025/26	Leaders on 23 th February 2026

A valid list of these qualified athletes will be published on the FIS website. Each COC Coordinator is responsible to send the names of the qualified athletes to the FIS Nordic Office (nordics@fis-ski.com) within the following deadlines:

1 st World Cup Period 2025/26	1 st November 2025
2 nd World Cup Period 2025/26	23 rd December 2025
3 rd World Cup Period 2025/26	13 th January 2026
4 th World Cup Period 2025/26	24 th February 2026

These additional quotas are nominative, the athletes cannot be substituted if they cannot start due to force majeure.

The athletes must reach the World Cup entry requirements (see art. 2.1).

The winners or the current leaders (1 person per gender) of all listed COC will get reimbursement according to art. 6.

In case of a tie, the spot will be awarded according to the following principle:
If two or more competitors score the same number of points, the spot will be given to the competitor who has:

- a) the highest number of individual COC wins
- b) the best results (e.g. most 2nd places, most 3rd places, etc.)

If the competitors are still equal, they will all get an additional quota.

In case of cancellation of COC events:

If no event could be organized in the 2024/25 season (there is no COC winner) the relevant COC will lose its right for additional quota for the 1st World Cup period.
If no event can be organized before the start of the 2nd World Cup period (Tour de Ski) but the COC has winners (woman and man) from 2024/25, the winners from the previous season have the right to start during the 2nd World Cup period.

If no event can be organized before the start of the 3rd World Cup period, the relevant COC will lose its right for the additional COC quota for the 3rd World Cup period.

If no event can be organized before the start of the 4th World Cup period, the relevant COC will lose its right for the additional COC quota for the 4th World Cup period.

2.2.5 National group quota

The organizing country has the right to enter a maximum of 10 additional competitors as “national group” (except Tour de Ski where a maximum 5 competitors per organizing nation applies).

If a competition is transferred to another country, the right for a national group quota of maximum 10 additional athletes is transferred to the new country. The original country will keep the right for an additional quota of maximum 5 athletes.

Notice: Please check art. 2.2 (maximum number of athletes from the same nation).

FIS Cross-Country World Cup Lake Placid (USA)

USA and CAN have the right to use national group quota at FIS Cross-Country World Cup in Lake Placid (USA).

2.2.6 Start quotas for stage events (FIS Tour de Ski)

Each nation has right for a maximum of 10 start quotas per gender.
This number includes:

- The basic start quota “nation quota” (art. 2.2.1)
- World Cup Overall and COC leaders extra quota (art. 2.2.3 and art. 2.2.4)
- National Group quota (art 2.2.5)
- The 20 best athletes (women and men) according to the current Sprint World Cup standing before the start of the stage event.

In addition to the maximum quota of 10:

The host nation has the right to enter a maximum of two U23 athletes per gender.

2.2.7 Quota exception for Team Competitions

Each nation has the right to enter 4 athletes per gender in all individual competitions if there will be a Relay or Team Sprint during the same World Cup stage (even if their basic quota is lower than 4). This will not apply for the organizing nation (due to the national group quota).

2.3 Starting Order World Cup Individual Events

2.3.1 Seeded group

The seeded group is defined as the top 15 competitors registered to compete according to the current Distance or Sprint World Cup standing.

The current Overall World Cup leader is added as one extra athlete if not already included.

Please check specifics on the starting order for the “Stage Events” (see enclosure).

2.3.2 Starting order for Mass start

For mass start competitions (including Skiathlon) the Overall World Cup leader is always assigned the first start position, followed by the competitors of the seeded group (art 2.3.1), who are assigned the next start positions in order of their current Distance World Cup standing.

Following the seeded group, all other competitors will be assigned start positions according to their FIS Distance points (sorted by points).

Lastly a group for those with no FIS Distance points is drawn.

2.3.3 Starting order for individual Sprint

The seeded group is defined as the 15 best athletes registered to compete: the Overall World Cup leader and the rest according to the current Sprint World Cup Standing.

Please check specifics on the starting order for the “Stage Events” (see enclosure).

Groups for qualification round

The athletes registered to compete will be assigned to 3 groups as follows:

Group 1: seeded group (art. 2.3.1)

Group 2: the 15 best athletes after the seeded group according to the FIS Sprint points

Group 3: the rest of the registered athletes

If less than 60 athletes are registered to compete, the number of athletes assigned to group 1 and 2 will be reduced accordingly.

Starting order for qualification round

The start list will be established as follows:

Group 1 and group 2:

Seeded athletes will start each second start number and the athletes assigned to group 2 will start between them (according to their FIS Sprint points in reverse order).

Seeded athletes choose even numbers, athletes from group 2 are set to odd numbers.

During the Team Captains Meeting, the start numbers for seeded athletes will be determined by draw.

Group 3:

After the seeded group, the athletes will start according to their FIS Sprint points.

Heat selection for the quarterfinals

The qualified athletes will be responsible for choosing their quarterfinal heat.

The athletes will choose according to the following order:

11th to 1st position, followed by 12th to 30th position from the qualification round.

The bib distribution will be organized in the finish area and all athletes must be present. Except, in case of a force majeure (certified by the Medical Responsible and rescue service of the OC).

If an athlete is not present at time of the bib distribution, the athlete will lose their right to choose their quarterfinal and will receive the last available spot. If several athletes are not present at time of the bib distribution, the athletes will receive the available spots in the order of their qualification results and in the order of the quarterfinal heats (quarterfinal 1 will be completed first, the quarterfinal 2, 3, 4 and 5).

2.3.4 Starting order for Interval start (Distance races)

The seeded group is defined as the 15 best athletes registered to compete: the Overall World Cup leader and the rest according to the current World Cup Distance Standing.

Please check specifics on the starting order for the "Stage Events" (see enclosure).

Groups for Interval start competitions

The athletes registered to compete will be assigned to 4 groups as follows:

Group 1: seeded group (art. 2.3.1)

Group 2: the 30 best athletes women and the 40 best athletes men after the seeded group according to the FIS Distance points

Group 3: the 15 best athletes after group 2 according to the FIS Distance points

Group 4: the rest of the registered athletes

If less than 60 women and 70 men are registered to compete the number athletes assigned in Group 2 will be reduced accordingly.

Grouping order for Interval start competitions

The start list will be established as follows:

Group 2:

From the first start number to the beginning of the seeded group, the athletes will start according to their FIS Distance points in reverse order (higher FIS points start first)

Group 1 (seeded group) and group 3:

The seeded athletes will start each second start number, and the athletes assigned to group 3 will start between them (according to their FIS Distance points in reverse order).

During the Team Captains Meeting, the start numbers for seeded athletes will be determined by a draw.

Group 4:

After the seeded group, the athletes will start according to their FIS Distance points.

2.4 Athletes Start Quotas for Team Competitions

Each nation has the right to enter two (2) teams. Mixed teams (different nations) are allowed for all National Ski Associations.

General World Cup entry requirements for team competitions as per art. 2.1.1. are:

- For Relay: 150 Distance FIS Points and less in the FIS points list valid for the respective World Cup
- For Team Sprint: 150 FIS Points or less in the FIS Points list (Distance or Sprint) valid for the respective World Cup

Mixed gender Relay

Each team consists of 2 women and 2 men.

Each athlete will race 5 km in the order: Man / Woman / Man / Woman

2.4.1 Team Sprint: Number of teams qualified for the final

For World Cup Team Sprint competitions, the top 15 teams from qualification will advance to the final.

2.4.2 In case of a tie

In case of a tie, the teams will be ranked according to their team total FIS points. If a tie remains, then the positions are determined by a draw. If a tie remains, then the positions are determined by a draw.

2.5 Staff Quota

A maximum number of team officials is fixed for each NSA (valid for all World Cup competitions incl. stage events). The quota is calculated according to the nation's quotas (art. 2.2.1):

Number of athletes Q = Q1+Q2	Staff Quota
12	22
11	18
10	16
9	14

Number of athletes Q = Q1+Q2	Staff Quota
8	12
7	10
5 - 6	8
Basic = 4	6

Teams are not allowed to enter additional team officials.

The OC will organize accommodation (according to art. 5) and transportation (according to art. 5.2 - airport/venue and hotels/venue) only for people included in the staff quota.

The teams will receive World Cup training bibs according to their staff quota, see art. 2.6.

2.5.1 Calculation Staff Quota 2025/26

Nation	Quota Women Q1	Quota Men Q2	Total athletes Q = Q1+Q2	Staff Quota
AND	4	3	7	10
ARM	2	3	5	8
AUS	4	3	7	10
AUT	5	5	10	16
BUL	2	2	4	6
CAN	5	5	10	16
CHN	3	3	6	8
CZE	5	5	10	16
EST	5	4	9	14
ESP	2	3	5	8
FIN	6	6	12	22
FRA	6	6	12	22
GBR	2	5	7	10
GER	6	6	12	22
ITA	6	6	12	22
IRL	2	4	6	8
JPN	3	4	7	10
KAZ	3	3	6	8
KOR	3	2	5	8
LAT	2	3	5	8
NOR	6	6	12	22
POL	4	3	7	10
SLO	4	4	8	12
SUI	6	6	12	22
SVK	2	3	5	8
SWE	6	6	12	22

TPE	3	2	5	8
UKR	3	3	6	8
USA	6	6	12	22
Other NSA	Basic quota = 2	Basic quota = 2	Basic quota = 4	6

2.6 Training Bibs

2.6.1 Use of training bibs

Bibs will be used to control access to the field of play and the race course. The bibs will be provided by FIS Staff and it is mandatory to use them and follow the instructions from the Jury. The bibs must be readable from the back and the front. The size, shape and design cannot be changed.

2.6.2 Number of bibs

Each team will receive 2 types of bibs (Course and Team) according to their Nation Cup ranking 2024/25. The following table allocation will be used:

Rank Nations Cup 2024/25	Course	Team
1 – 20	4	Staff quota – 4
Other NSAs ranked	2	Staff quota – 2
Not ranked	Decided by RD	Staff quota-1
National Group		10

It is not allowed to use bibs from another nation. The user must be accredited for the same nation as the nation code written on the bib.

SRS bibs are only to be used by SRS companies; no cooperation with teams is permitted.

2.6.3 Additional course bibs for female staff members

A maximum of two (2) additional course bibs are made available to each nation that are reserved for women only.

The bibs are intended to encourage nations to develop and appoint female coaches and technicians in the World Cup.

FEMALE STAFF MEMBERS	NUMBER OF EXTRA BIBS
NOR	2
KOR	1
SUI	2
SLO	2
USA	2
CZE	1

AUT	1
GER	2
AUS	2
CAN	2*
AND	1
SWE	2

2.6.4 Additional course bibs for cooperations between nations

A maximum of two (2) additional course bibs are made available to the nations signing a cooperation agreement (max 2 bibs per cooperation agreement, regardless of the number of cooperating nations).

Allocation of additional course bibs for cooperations between nations will be done twice (2) during the season.

First, before the start of the FIS Cross-Country World Cup season, number of additional course bibs for cooperation will be allocated. Allocation of additional bibs for the “big team” will be based on the number of World Cup weekends (at least 1 per weekend, one gender) the “smaller team” took part in the season 2024/25:

Second, after the last World Cup of Period III, a recalculation will be done to update the cooperation between teams. Number of available bibs will be based on the same percentages of attendances. The allocation will remain valid for the rest of the World Cup season.

World Cup participation of the small team*	Number of available bibs
39% and less World Cup participation	1 bib for events when the small team is present
40% - 59% World Cup participation	1 bib for the entire season – no limitation 1 bib for events when the small team is present
60% and more World Cup participation	2 bibs for the entire season – no limitation

*If more than 2 teams have cooperation, the best World Cup participation will be considered

Calculation of World Cup attendance 2024/25

	Natio ns	Ru ka	Lilleham mer	Dav os	T o u r d e s k i	Les Rouss es	Enga din	Cog ne	Fal un	Trondhe im	O sl o	Tal lin	La hti	To tal	%	Number of bibs
24/25	AUS	1	1	1	1	1	1	1		1	1	1	1	11	92 %	2 Perman ent
	AND	1	1	1	1	1	1		1	1	1	1	1	11	92 %	2 Perman ent
	ARG			1				1	1	1	1	1	1	7	58 %	1 Tempor ary
	ESP	1		1	1	1	1	1	1	1	1	1	1	11	92 %	2 Perman ent
	EST	1	1	1	1	1	1	1	1	1	1	1	1	12	10 0%	2 Perman ent
	GBR	1	1	1	1	1	1	1	1	1	1	1	1	12	10 0%	2 Perman ent
	HUN	1	1	1	1	1	1	1	1	1	1		1	11	92 %	2 Perman ent
	KOR		1							1	1		1	4	33 %	1 Tempor ary
	LIE			1			1			1				3	25 %	1 Tempor ary
	POL		1		1	1		1	1	1	1	1	1	9	75 %	2 Perman ent
	SVK	1	1	1				1		1				5	42 %	1P + 1T
	TBC													0	0%	1 Tempor ary
	THA				1	1		1		1	1	1	1	7	58 %	1 Tempor ary
	BUL	1	1	1					1	1				5	42 %	1P + 1T
	TPE			1			1			1	1			4	33 %	1 Tempor ary

The bibs are intended to encourage nations to cooperate or bigger nations to support smaller nations on the World Cup.

The agreement between nations must be officially declared to the FIS Nordic Office (nordics@fis-ski.com) by 15th September and approved by the FIS Cross-Country Committee (during FIS autumn meetings).

For the 2025/26 World Cup season the following partnerships are approved:

COOPERATING NATIONS	NUMBER OF EXTRA BIBS	
	PERMANENT	TEMPORARY
NOR + GBR	2	
AUT + HUN	2	
USA + AUS	2	
CZE + POL + SVK + POR	2	
FRA + AND	2	
SWE + BEL + BUL + TPE	1	1
ITA + ESP + LAT + ARG	2	
FIN + EST	2	
SUI + LIE		1
CAN + KOR*		1

**Pending confirmation from CAN*

2.6.5 Access to the race course

The type of bibs and the course opening times will be defined by the Jury for testing and warming-up from one day before the first race until the end of the last competition. A preliminary plan is available in the FIS Event Program and a more detailed version will be communicated to the teams two days before the first race (evening).

On competition days, the race course will in principle be open from 3 hours before the first race until 5 minutes before the start.

Restrictions might be decided by the Jury according to the snow conditions and specific course situations (for example at City Sprints).

3 World Cup Points and Rankings

3.1 World Cup Points

3.1.1 World Cup points individual competitions

The first 50 athletes will get the following World Cup points in all individual competitions:

1 st place =	100 points	26 th place =	30 points
2 nd place =	95 points	27 th place =	28 points
3 rd place =	90 points	28 th place =	26 points
4 th place =	85 points	29 th place =	24 points
5 th place =	80 points	30 th place =	22 points
6 th place =	75 points	31 st place =	20 points
7 th place =	72 points	32 nd place =	19 points
8 th place =	69 points	33 rd place =	18 points
9 th place =	66 points	34 th place =	17 points
10 th place =	63 points	35 th place =	16 points
11 th place =	60 points	36 th place =	15 points
12 th place =	58 points	37 th place =	14 points
13 th place =	56 points	38 th place =	13 points
14 th place =	54 points	39 th place =	12 points
15 th place =	52 points	40 th place =	11 points
16 th place =	50 points	41 st place =	10 points
17 th place =	48 points	42 nd place =	9 points
18 th place =	46 points	43 rd place =	8 points
19 th place =	44 points	44 th place =	7 points
20 th place =	42 points	45 th place =	6 points
21 st place =	40 points	46 th place =	5 points
22 nd place =	38 points	47 th place =	4 points
23 rd place =	36 points	48 th place =	3 points
24 th place =	34 points	49 th place =	2 points
25 th place =	32 points	50 th place =	1 point

Bonus World Cup points in Mass Start races

The first 10 athletes will get the following World Cup points at the defined bonus positions as mentioned below:

1 st place =	15 points	6 th place =	5 points
2 nd place =	12 points	7 th place =	4 points
3 rd place =	10 points	8 th place =	3 points
4 th place =	8 points	9 th place =	2 points
5 th place =	6 points	10 th place =	1 point

For these World Cup points to be awarded, the competitor must complete the competition (reach the finish line).

Bonus World Cup points in Mass Start races will count for the Distance and Overall World Cup.

If an athlete is ranked in the top 10 in an intermediate sprint and does not finish the competition, the positions and bonus points in the intermediate sprints remain the

same for the other athletes. There is no reallocation of the points that were earned by the athlete who did not finish. In case of disqualification (DSQ) the competitor will lose bonus World Cup point, which were earned in that specific competition.

In all Mass Start races the additional bonus positions should be implemented as follows (special rules apply for the FIS Tour de Ski):

Race length	Number of bonus positions
until 10 km	1
11 - 20 km	2
30 km	4
50 km	4

Bonus positions in FIS Tour de Ski

See FIS Tour de Ski rules for bonus positions.

3.1.2 Stage events incl. FIS Tour de Ski

The following World Cup points will be awarded after the last stage according to the FIS Tour de Ski Final standing and will count for the overall and the discipline World Cup standings.

1 st place =	300 points	26 th place =	90 points
2 nd place =	285 points	27 th place =	84 points
3 rd place =	270 points	28 th place =	78 points
4 th place =	255 points	29 th place =	72 points
5 th place =	244 points	30 th place =	66 points
6 th place =	225 points	31 st place =	60 points
7 th place =	216 points	32 nd place =	57 points
8 th place =	207 points	33 rd place =	54 points
9 th place =	198 points	34 th place =	51 points
10 th place =	189 points	35 th place =	48 points
11 th place =	180 points	36 th place =	45 points
12 th place =	174 points	37 th place =	42 points
13 th place =	168 points	38 th place =	39 points
14 th place =	162 points	39 th place =	36 points
15 th place =	156 points	40 th place =	33 points
16 th place =	150 points	41 st place =	30 points
17 th place =	144 points	42 nd place =	27 points
18 th place =	138 points	43 rd place =	24 points
19 th place =	132 points	44 th place =	21 points
20 th place =	126 points	45 th place =	18 points
21 st place =	120 points	46 th place =	15 points
22 nd place =	114 points	47 th place =	12 points
23 rd place =	108 points	48 th place =	9 points
24 th place =	102 points	49 th place =	6 points
25 th place =	96 points	50 th place =	3 points

In addition, the following daily World Cup points will be awarded after each stage and will count for the Overall and the Discipline World Cup standings (World Cup points for Sprint qualification and for Sprint final result will count for the Sprint World Cup, all other stages will count for the Distance World Cup):

1 st place = 50 points	16 th place = 15 points
2 nd place = 47 points	17 th place = 14 points
3 rd place = 44 points	18 th place = 13 points
4 th place = 41 points	19 th place = 12 points
5 th place = 38 points	20 th place = 11 points
6 th place = 35 points	21 st place = 10 points
7 th place = 32 points	22 nd place = 9 points
8 th place = 30 points	23 rd place = 8 points
9 th place = 28 points	24 th place = 7 points
10 th place = 26 points	25 th place = 6 points
11 th place = 24 points	26 th place = 5 points
12 th place = 22 points	27 th place = 4 points
13 th place = 20 points	28 th place = 3 points
14 th place = 18 points	29 th place = 2 points
15 th place = 16 points	30 th place = 1 point

3.1.3 World Cup points in individual Sprint races

Sprint qualification

The first 10 athletes in the Sprint qualification will get the following World Cup points:

1 st place = 15 points	6 th place = 5 points
2 nd place = 12 points	7 th place = 4 points
3 rd place = 10 points	8 th place = 3 points
4 th place = 8 points	9 th place = 2 points
5 th place = 6 points	10 th place = 1 point

Bonus World Cup points in Sprint qualification will count for the Sprint and Overall World Cup.

3.1.4 World Cup points for a tie

Each competitor receives the points for that ranking. Example: Three-way tie for 12th place. All three competitors get 22 points; the competitor gets 16 points for the 15th place.

3.2 FIS Cross-Country World Cup Winners

3.2.1 Overall FIS Cross-Country World Cup winner

The winner of the Overall FIS Cross-Country World Cup is the athlete, male and female, who scores the highest number of World Cup Distance and Sprint points and the final ranking of the “Stage” events for the Overall World Cup.

3.2.2 FIS Distance World Cup

The winner of the FIS Distance World Cup is the competitor, male and female, who scores the highest number of World Cup Distance points in the final scoring in all individual Distance competitions.

3.2.3 FIS Sprint World Cup

The winner of the FIS Sprint World Cup is the competitor, male and female, who scores the highest number of World Cup Sprint points in the final scoring in all individual Sprint competitions.

3.2.4 FIS U23 Standing

The winner of the U23 Standing is the competitor, male and female, who scores the highest number of World Cup Distance points, World Cup Sprint points and the final ranking of the "Stage" Events for the Overall World Cup.

Please check definition of "U23 athlete" in ICR art. 341.1.3.

3.2.5 Tiebreaker

If two or more competitors score the same number of points in the final evaluation, the winner is the competitor who has:

- a) the highest number of individual World Cup wins
- b) the best results (i.e. most 2nd places, most 3rd places, etc.)

If the competitors are still equal, two (or more) World Cups will be awarded.

3.3 FIS Nations Cup

The individual scores of each country's 3 best competitors will be added and to this sum each country's Relay & Team Sprint scores will be added for a final total for the Nations Cup. The Relay & Team Sprint competitions are scored as follows:

1 st place = 200 points	16 th place = 30 points
2 nd place = 160 points	17 th place = 28 points
3 rd place = 120 points	18 th place = 26 points
4 th place = 100 points	19 th place = 24 points
5 th place = 90 points	20 th place = 22 points
6 th place = 80 points	21 st place = 20 points
7 th place = 72 points	22 nd place = 18 points
8 th place = 64 points	23 rd place = 16 points
9 th place = 58 points	24 th place = 14 points
10 th place = 52 points	25 th place = 12 points
11 th place = 48 points	26 th place = 10 points
12 th place = 44 points	27 th place = 8 points
13 th place = 40 points	28 th place = 6 points
14 th place = 36 points	29 th place = 4 points
15 th place = 32 points	30 th place = 2 points

Only one (the better) men's team per nation and one (the better) women's team per nation will count for each event. This applies also for the mixed teams (mixed nations).

For mixed Relays and Team Sprints (women and men) the same rules and point-giving system as above will be used.

Competitors and teams will get points for their rank in the competition.

Teams composed of members from different nations shall not be eligible to score points in the FIS Nations Cup.

The winner of the Nations Cup is that country with the highest number of points calculated by adding the men's and women's FIS World Cup points (incl. Sprint).

3.3.1 Tiebreaker

If two or more nations have the same number of points the winner is that country which has the highest number of first places and then the best results (most 2nd places, most 3rd places, etc.).

3.4 Prize Money

All prize money is stated in EUR and listed per gender and competition. The prize money is declared without VAT.

The payment of the prize money must be done electronically by bank transfer latest seven (7) working days after the last competition or after receiving the information of the respective athlete's bank account, taking into consideration local tax laws.

The conversion from CHF, EUR or USD to the currency of the athletes bank account will be based on the daily rate of the athletes bank. There will be no compensation for an unfavourable exchange rate. Potential bank charges due to the transfer or due to exchange of currency are not getting compensated or off-set.

A one-time late payment charge of CHF 999 will apply for LOC's from the 31st day after the last competition or receiving the bank information for each late payment to each individual athlete. Excluded from this is a delay due to wrong or missing bank account information as provided by the athlete.

NSAs are responsible for entering the personal bank information for each athlete using the athlete registration module in the FIS member section.

Organizers must send receipts of paid prize money to the athlete, stating the original amount, deducted income tax as well as exchange rate if used.

3.4.1 Amount of Prize Money

Daily prize money per individual competition

For each individual competition, the daily prize money is at least EUR 64'550. Thereof, EUR 52'910 will be paid by the LOC and EUR 11'640 will be reimbursed by FIS to the NSA account.

Season pot allocation per individual competition

Per individual competition, FIS and each LOC will contribute a total of EUR 7'937 to the season pot. EUR 2'646 per competition will be paid by the LOC and EUR 5'291 per competition will be paid by FIS.

Daily prize money per team competition

For each team competition, the daily prize money is at least EUR 51'640. Thereof, EUR 42'328 will be paid by the LOC and EUR 9'312 will be reimbursed by FIS to the NSA account.

Season pot allocation per team competition

Per team competition, FIS and each LOC will contribute a total of EUR 6'878 to the season pot. EUR 2'646 per competition will be paid by the LOC and EUR 4'233 per competition will be paid by FIS.

In the case of a tie result, both amounts of prize money will be added, divided by two and each athlete or team gets 50%.

Calculation and distribution for the prize money of the Tour de Ski can be found in the Tour de Ski Rules.

3.4.2 Daily Prize Money split

Individual Events

EUR 64'550 per competition is distributed between Top-20 as follows:

1 st	15'000 €	11 th	1'600 €
2 nd	11'000 €	12 th	1'300 €
3 rd	7'000 €	13 th	1'200 €
4 th	5'000 €	14 th	1'100 €
5 th	4'000 €	15 th	1'000 €
6 th	3'000 €	16 th	900 €
7 th	2'800 €	17 th	800 €
8 th	2'600 €	18 th	700 €
9 th	2'400 €	19 th	600 €
10 th	2'050 €	20 th	500 €

Team Events

EUR 51'640 per competition is distributed between Top-10 as follows:

1 st	16'000 €	6 th	3'000 €
2 nd	11'000 €	7 th	2'000 €
3 rd	7'000 €	8 th	1'400 €
4 th	5'000 €	9 th	1'200 €
5 th	4'000 €	10 th	1'040 €

3.4.3 Overall World Cup Season Prize Money split

If a competition must be cancelled, the prize money amount and allocation will be adapted.

The overall prize money has also to be paid if a competition is moved in another country.

Overall World Cup ranking

EUR 222'000 per gender is distributed between Top-20 as follows:

1 st	55'000 €	11 th	4'200 €
2 nd	40'000 €	12 th	3'800 €
3 rd	30'000 €	13 th	3'100 €
4 th	20'000 €	14 th	2'500 €
5 th	15'000 €	15 th	2'200 €
6 th	12'000 €	16 th	1'800 €
7 th	9'500 €	17 th	1'600 €
8 th	7'300 €	18 th	1'400 €
9 th	5'500 €	19 th	1'100 €
10 th	5'000 €	20 th	1'000 €

3.4.4 U23 final season ranking

Per gender, each winner of the U23 ranking at the end of the season receives **EUR 6'000**.

3.5 FIS World Cup Rewards

3.5.1 World Cup leader bibs

If an athlete leads several standings at the same time, he/she wears the higher ranked bib during the race.

- The leader of the Overall World Cup wears the yellow bib.
- The leaders of the Sprint and Distance World Cups wear the red bib of their respective discipline.
- The leader of the U23 ranking wears the green U23 bib.

The current leading teams of the FIS World Cup Team ranking wear the leader bib. Naturally, only one - the first - team will wear it.

3.5.2 FIS World Cup globes

- The Overall World Cup winners receive the big FIS World Cup crystal globe.
- The Distance and the Sprint World Cup winners receive each a small FIS World Cup crystal globe.
- Separate FIS trophies for the „Tour de Ski“ are awarded.
- The U23 trophy is awarded per gender.
- One FIS World Cup Nation crystal globe is awarded for the most successful Nation (women and men combined).
- Two FIS World Cup Team crystal globes are awarded for the most successful teams per gender.

3.5.3 FIS World Cup medals

The 1st, 2nd and 3rd finishers of the standings receive a FIS World Cup crystal medal.

3.5.4 FIS Nations Cup / Team Cup

The trophies and medals will be provided by FIS. The FIS World Cup Trophy and all other awards will be given at the World Cup Finals.

4 Season Accreditation and FIS Entry System

4.1 Applying for season accreditation

In preparation for the season, National Ski Federations and SRS must register all team members into the FIS Accreditation system. The timeframe to register for the season accreditation is until 5th August 2025.

The FIS season accreditation and FIS season parking stickers which are provided by the FIS staff must be accepted by the OC and implemented into their accreditation system.

4.2 FIS Online Entry System

From 16th August, team members can be entered to the FIS Online Entry System which is a three-step based system with the following deadlines:

- 1. The Preliminary Entry (art. 4.2.1) closes 8 weeks (56 full days) before the respective competition.**
- 2. The Entry (entry by name, art. 4.2.2) closes 8 days before the respective competition.**
- 3. The Final Competition Entry (art. 4.2.3) closes 2 hours before the TCM of the respective competition.**

Important: All deadlines must be followed so that the OC receives the information on time and can provide all services accordingly.

4.2.1 Preliminary Entry

Preliminary entries are mandatory for all teams SRS and service provider (also for teams booking their accommodation by themselves) at all World Cup stages (including Tour de Ski stages).

The preliminary entry counts as a booking unless otherwise stated by the team.

Preliminary entries will be used by the OC for:

- Accommodation (number of needed beds)
- Wax cabin order
- Transportation capacity
- Other special requests

Cancellation or changes are possible until the day before the first competition under the respective cancellation rules and fees (art. 4.2.4). Preliminary entries past the deadline can only be accepted if the OC has the capacity. Additional costs may apply.

4.2.2 Entries by name

Entries by name can be made as soon as preliminary entries have been sent. It is mandatory for all teams, SRS and service providers. The entry counts as a booking unless otherwise stated by the team.

Entries will be used by the OC for:

- Additionally needed accreditations
- Room allocation
- Detailed transportation schedule
- Catering plans

Cancellation or changes are possible until the day before the first competition on the respective cancellation rules and fees (art. 4.2.4).

4.2.3 Final Competition Entries

The final competition entries for each competition must be done until 2 hours before the Team Captains meeting in the FIS online entry system.

4.2.4 Cancellation rules

Teams and SRS companies must use the FIS Online Entry System for accommodation reservation according to the following deadlines:

Latest 8 weeks before the first competition:

Teams and SRS must provide the team size with number of rooms and special requests to the OC by filling out the Preliminary Entries.

Until 13 days before the first competition:

Teams and SRS can change their bookings by adapting the Entries. Cancellation (entire team or only some rooms) is free of charge for 25% of the rooms booked

Between 13 days until 8 days before the first race:

Teams and SRS have to provide their final entry to the OC latest 8 days before the first competition. The OC has the right to charge a cancellation fee between 13 days and 8 days before the first race with a size tolerance of -10% (cancellation free of charge for 10% of the rooms booked).

Between 8 days and until the end of the events (departure date chosen by the team):

The OC has the right to charge a cancellation fee, if they are unable to fill rooms reserved by teams.

The amount of cancellation fees must be announced for each venue in the event program on the FIS website.

The cancellations fees (hotel, wax cabin, power for truck) will be carefully checked by the OC together with the FIS Staff. If a hotel room and/or a wax cabin can be re-allocated, no cancellation fee applies.

The offset of Nation Support will be evaluated on a case-by-case basis and a determination will be made through mutual agreement between the OC, FIS staff and the nation in question.

It is in the responsibility of the teams/SRS to cancel their rooms if they do not need it, as the preliminary entry counts as a booking.

NSA's who are not using the FIS competition online entry system and do not respect the deadlines are losing their rights for World Cup prices and/or conditions.

5 Accommodation, Hospitality and Transportation

5.1 Accommodation

Teams must be informed about their accommodation as soon as their preliminary entry has been received by the OC. This information includes name of hotel, cancellation fees, hotel facilities (parking, gym, etc.) and catering conditions.

The price for additional single and double rooms must be published in the Event program.

5.1.1 Duration of provided accommodation

Each OC shall offer all teams (quota applies) and SRS members accommodation and catering as stated at art. 5.1.3.

The duration counts from at least 5 nights before the first competition until at least the morning after the last competition.

Stage events

For stage events, the OC together with the FIS Staff can set-up mandatory arrival and departure dates for each competition venue.

5.1.2 Hotel requirements

For all team member, SRS within the quota and service provider according to agreements, accommodation to the following standards must be provided:

- Each OC must offer rooms at a 3-star hotel level, double room basis, including full board and non-alcoholic beverages for at least 5 nights before the first competition until at least the morning after the last competition.
- Dinner should be served in a separate location if the accommodation is busy with external guests otherwise.
- The distance between the hotel and the competition site cannot exceed a 30-minute drive. All accommodation situated further than a 30-minute drive needs to be approved by the FIS Staff.
- Parking, internet connection and gym access must be available free of charge.
- Hotels must be informed by the OC that flexibility is requested concerning mealtimes, depending on the starting times and event schedule.
- Hotels must be informed by the OC that late checkout is usually requested by the teams. Teams have right for late checkout for at least 40% of the rooms without any additional cost.

A full description of the organizational part for accommodation is available in the OC Manual.

5.1.3 Accommodation price

The conditions apply to team (quota applies) and SRS members (quota applies) and FIS Service providers according to FIS Entry System.

- The price may not be higher than the official local prices offered at the time of the World Cup event and at a maximum price of CHF 125. — per person including taxes.
- In case a team accepts or requests an accommodation offer that is not reaching the 3-star level and/or includes self-catering, the price needs to be reduced according to local market prices.
- Each NSA has the right to have one single room per gender (women and men) – 2 single rooms in total without any additional cost. All other single rooms will be charged at the market price.

5.2 Catering / hospitality

A catering schedule must be set up according to the competition program. Team catering must be provided from the official training day to the last day of competition. All stakeholders must have the chance to get lunch at their workplace

during their working hours. A catering possibility in the stadium must be provided and preliminary numbers will be delivered through the FIS Entry System (latest 4 days before the first event).

Catering times and options for lunch must be communicated with the accommodation information to teams with the Entry information.

Only out of quota staff members or teams who booked accommodation by themselves can be charged for lunch at the venue for a maximum prize of CHF 10.

Warm and cold drinks as well as fruits and other snacks for pick up during the day should be provided.

Details to the food service per venue needs to be published by the OC in the event program on the FIS website at least 8 weeks before the event.

The OC is responsible to inform teams and SRS in the event program about their offer and needs to guarantee sufficient quality and quantity of food and drinks.

5.3 Transportation

Transport between airport and hotel

Teams arriving or leaving by plane have to be transported to and from the venue free of charge under the following conditions:

- Only one free of charge transfer per team from the official airport to the venue and one from the venue to the airport.
- Only for the staff included in the staff quota.
- The arriving and departing times have to be communicated to the OC latest 8 days before arrival.
- The official airport(s) has/have to be chosen in cooperation between the OC and FIS Staff. The official airport has to offer sufficient flight possibilities for all the teams and must be named in the official event program.

Transport between hotel and stadium

The OC must provide a shuttle service between the hotels and the stadium from 5 days before the first race until the last competition day, accessible to all teams free of charge. A suitable transport schedule must be fixed in cooperation between the teams and the OC. The preliminary shuttle schedule must be shared with the FIS Staff prior to the event.

Teams booking accommodation by their own are responsible to arrange their own transportation. The OC does not have to provide a shuttle service for these teams.

6 **Team Reimbursement**

The organizer pays two types of reimbursement per team:

- Travel and Accommodation costs for the Red Group and COC athletes as stated in art. 6.1. and 6.2.
- Nation support for an additional season quota per nation as stated in art. 6.4.

Maximum number:

A maximum number of athletes per nation is fixed (art. 6.4.2).

6.1 **Red Group**

The Red Group List consists of the 15 best women and the 15 best men in the currently valid Distance and Sprint World Ranking Lists.

The payment is based on personal places.

The reimbursement for the Red Group athletes begins 2 days before the first competition and ends one night after the last competition, if they are on site.

Athletes will also be reimbursed if they only participate in a team competition.

World Ranking List (WRL)

The Distance World Ranking List is calculated as the sum of Distance World Cup points during the period of includes defined as standing after each World Cup period. For the applicable period 2 best Distance results at WSC / OWG are included.

Sprint World Ranking List is defined as Sprint World Cup standing after each World Cup period. For the applicable period 1 Sprint results at WSC / OWG is included.

After each WRL period a new WRL will be compiled which is valid for the next WRL period. WRL period corresponds with the World Cup period.

World Cup 2025/26	Valid WRL
Period I	WC period I-IV 24/25
Period II	WC period II-IV 24/25 + WC period I 25/26
Period III	WC period III - IV 24/25 + WC period I-II 25/26
Period IV	WC period IV - 24/25 + OWG 2026 + WC period I-III 25/26

Athletes who withdraw before the start of the season will be substituted by the following athlete.

If a competitor on the World Ranking Lists is unable to start for one (1) year, a new penalty as follows will be calculated according to the rank after his/her last penalty: The application for status as injured must be confirmed by the FIS Cross-Country Committee (Executive Board).

Scale for penalties according to ranks:

<u>Ranks</u>	<u>Penalties</u>
1 - 5	4
6 - 10	6
11 - 15	8
16 - 20	10
21 - 25	12
26 - 30	14

6.2 Travel Costs for Red Group and COC athletes

The travel costs will be calculated according to the chart in art. 6.2.1.

World Cup stages with Distance and Sprint events

Travel costs will be paid only once if an athlete belongs to both Red Group lists. In the season 2025/26 this concerns all World Cup stages, including Drammen/Oslo, NOR.

The travel costs will be paid by the organizer to the teams latest 2 weeks after the last competition.

The payment of the team reimbursement must be paid electronically by bank transfer latest seven (7) days after the last competition or receiving the bank information, in convertible currency to the respective NSA's bank account, taking into consideration the local tax laws.

For conversion into the currency of the NSA's account, the actual bank rate at the time of the bank transfer is applicable and must be stated in the NSA's receipt.

A one-time late payment charge of CHF 999 will apply for LOC from the 31st day after the last competition or receiving the bank information for each late payment to each individual NSA. Excluded from this is a delay due to wrong or missing bank account information as provided by the NSA. Also excluded are delays due to special regulations that require an individual TIN (tax Identification Number) or similar.

Receipts for the travel cost must be sent by mail at the latest two days after the payment is done by the OC to the NSA and to the respective main team contact.

6.2.1 Regions

The FIS members are divided into five travel regions:

- 1) **Northern Europe:**
DEN, EST, FIN, ISL, NOR, SWE
- 2) **East Europe:**
ARM, BLR, BUL, GEO, KAZ, LAT, LTU, ROU, RUS, UKR, UZB
- 3) **Middle and Southern Europe:**
AND, AUT, BEL, BIH, CRO, CZE, ESP, FRA, GER, GBR, GRE, HUN, IRL, ITA, LIE, LUX, MKD, MNE, MON, NED, POL, RSM, SLO, SRB, SVK, SUI, TUR
- 4) **Overseas I:**
ALG, CAN, EGY, IRI, ISR, LIB, MAR, MEX, NGR, RSA, SEN, USA

5) Overseas II:

ARG, AUS, BRA, CHI, CHN, COL, FIJ, GUA, HON, JPN, KOR, PRK, MGL, NZE, PHI, PUR, THA, TPE, URU, ISV

	Region 1 North Europe	Region 2 East Europe	Region 3 Middle/South Europe	Region 4 Overseas I	Region 5 Overseas II
Region 1 North. Europe	CHF 300	CHF 500	CHF 500	CHF 750	CHF 750
Region 2 East Europe	CHF 500	CHF 300	CHF 500	CHF 750	CHF 750
Region 3 Middle/South Europe	CHF 500	CHF 500	CHF 300	CHF 750	CHF 750
Region 4 Overseas I	CHF 750	CHF 750	CHF 750	CHF 300	CHF750
Region 5 Overseas II	CHF 750	CHF 750	CHF 750	CHF 750	CHF 300

6.3

Accommodation Costs for Red Group and COC athletes

The organizer shall pay the accommodation costs according to art. 6.1 for at least two nights before the first competition until at least the morning after the last competition, if they are on site and costs have been set off.

For World Cup stages with Distance and Sprint events the organizer shall pay:

- For at least two nights before the first Sprint competition until at least the morning after the last Sprint competition or team event if an athlete belongs to the Sprint Red Group list.
- For at least two nights before the first Distance competition until at least the morning after the last Distance competition or team event if an athlete belongs to the Distance Red Group list.
- For at least two nights before the first competition until at least the morning after the last competition if an athlete belongs to both Red Group lists and for the COC leaders.
- For stage events, all Red Group list athletes need to be paid from two nights before the first competition until at least the morning after the last competition.
- For at least two nights before the first Team competition (Relays and Team sprint) until at least the morning after the last sprint competition if an athlete belongs to the Sprint Red Group list.
- For at least two nights before the first Team competition (Relays and Team sprint) until at least the morning after the last distance competition if an athlete belongs to the Distance Red Group list.

In the season 2025/26 this concerns all World Cup Stages including Drammen/Oslo, NOR.

If teams wish to use (for the whole period or only for some nights) other hotels than the ones proposed by the OC (within the competition region or at the airport), the OC must pay maximum CHF 125. per day. The OC can ask teams for a hotel

confirmation as proof of the actual costs. The accommodation costs are not paid if the athlete is staying at a place free of charge.

6.4 Nation Support

The organizer shall pay a financial nation support per nation and per gender. The calculation is based on the Team Cup rankings from the previous season.

To receive the full quota factor as stated in the table below, the team must fill the quota with the respective number of athletes. Hence:

- If the number of athletes on site – minus the RG/COC athletes – is equal or greater than the maximum Nation Support quota factor, then teams will receive the maximum quota.
- If the number of athletes – minus the RG/COC athletes – is less than the maximum Nation Support quota, then teams will get paid only for the amount of athletes on site.

OR

The quota factor reflects the number of athletes that are paid for when on site. If the quota factor is larger than the number of athletes on site, the effective number of athletes per gender is paid, not the max. factor.

Rank Team Cup per gender	Quota factor (F) 1 for events with Distance <u>or</u> Sprint races	Quota factor (F) 2 for events with Distance <u>and</u> Sprint races
1 - 3	2.5	4
4 - 6	2	3
7 - 9	1.5	2.5
10 - 12	1	1.5
13 - 20	0.5	1
21 - 30	0,25	0,5

Calculation for 2025/26:

Nation	Women			Men		
	Rank	Quota factor 1	Quota factor 2	Rank	Quota factor 1	Quota factor 2
AND	14	0,5	1	17	0,5	1
ARM				25	0,25	0,5
AUS	15	0,5	1	22	0,25	0,5
AUT	11	1	1,5	9	1,5	2,5
CAN	10	1	1,5	11	1	1,5
CHN	20	0,5	1	21	0,25	0,5
CZE	9	1,5	2,5	10	1	1,5
EST	12	1	1,5	14	0,5	1
ESP				18	0,5	1
FIN	4	2	3	4	2	3
FRA	8	1,5	2,5	2	2,5	4
GBR				12	1	1,5
GER	3	2,5	4	7	1,5	2,5
ITA	7	1,5	2,5	6	2	3
IRL				16	0,5	1
JPN	17	0,5	1	15	0,5	1
KAZ	18	0,5	1	23	0,25	0,5
KOR	21	0,25	0,5			
LAT				20	0,5	1
NOR	1	2,5	4	1	2,5	4
POL	16	0,5	1	19	0,5	1
SLO	13	0,5	1	13	0,5	1
SUI	6	2	3	8	1,5	2,5
SVK				26	0,25	0,5
SWE	2	2,5	4	3	2,5	4
TPE	22	0,25	0,5			
UKR	19	0,5	1	14	0,5	1
USA	5	2	3	5	2	3

6.4.1 Travel and living costs

The organizers must pay for the travel and living expenses of the teams as follow:

World Cup stage with 1 competition day: CHF 750 x quota factor

World Cup stages with 2 competitions days: CHF 850 x quota factor

World Cup stages with 3 competitions days: CHF 950 x quota factor

Tour de Ski : CHF 1550 x quota factor F

6.4.2 Maximum per nation

A maximum number of athletes (Red Group + COC + season quota) per nation and per gender are fixed as follows.

Calculation per gender:

RGd = number of athletes in the Red Group Distance list

RGs = number of athletes in the Red Group Sprint list

COC = COC winner or leader

F = quota factor per nation and gender (see 6.4)

RGd + COC + F = maximum 5 for the World Cup stages with only Distance competitions.

RGs + COC + F = maximum 5 for the World Cup stages with only Sprint competitions.

RGd + RGs + COC + F = maximum 9 for the World Cup stages with Distance and Sprint competitions.

The deleted part is explained in the article 6.4

7 Team and SRS Facilities

7.1 Wax Facilities

At all FIS World Cup competitions each team has the right for wax cabins or parking space and power supply for the teams arriving with their wax truck.

The wax cabin size is fixed and calculated according to the nation's quotas (art. 2.2.1) and the following table:

Nation's Quotas	Number of containers	Approx. size in m ²
11	3	45 m ²
08 – 10	2	30 m ²
5 – 7	1	15 m ²
All others	3m2 per athlete (max. 15m ²)	

- The wax cabin allocation should be sent to the FIS Staff for approval ahead of the event.
- The organizing country has right for additional space for the national group athletes.
- The containers available in each country are different standard sizes; therefore, the size of wax cabins is decided by the size of these containers.
- If a team needs more capacity, the NSA must order the additional cabins through the FIS Entry System (in the preliminary entries form) latest 8 weeks before the first competition.
- The price for an additional container (15 m²) is CHF 900 (independent of duration).
 - If the additionally ordered container is cancelled and cannot be re-allocated by the OC, the team who originally ordered it has to pay the container.
 - If the additionally ordered container is cancelled and can be re-allocated to another team by the OC, the team who originally ordered it does not have to pay the container.
- To reduce the costs for both the OC and the NSA, a waxing service can be provided to the developing nations. In this case, the OC (with approval by the FIS Staff) will provide only storage space and changing space to the related athletes.

7.1.1 Wax cabins size calculation 2025/26

Nation	Total athletes Q = Q1+Q2	Wax cabins calculation
AND	7	1
ARM	5	1
AUS	7	1
AUT*	10	2
CAN*	10	2
CHN	6	1
CZE*	10	2
EST	9	2
ESP	5	1
FIN*	12	3
FRA*	12	3
GBR	7	1
GER*	12	3
ITA*	12	3
IRL	6	1
JPN	7	1
KAZ	6	1
KOR	5	1
LAT	5	1
NOR*	12	3
POL	7	1
SLO	8	2
SUI*	12	3
SVK	5	1
SWE*	12	3
TPE	5	1
UKR	6	1
USA*	12	3
Other NSAs		3m2 per athlete, max 15 m2
National Group		1 or 2

* No wax cabins for teams coming with their waxing trucks

7.1.2 Wax cabins requirements

- The wax cabins must be ready 5 nights before the first competition and 1 night after the last competition.
- For safety reasons, containers or separate waxing rooms must be used. Big common tents or buildings cannot be used.
- The cabins should be equipped with locking doors and teams are to be issued with keys. If the entrances cannot be locked, the organizer must provide security service for the cabins.
- Parking space for teams must be provided within a reasonable distance of the cabins.
- Wireless network must be provided in wax cabin, wax truck and athletes' areas.

7.1.3 Wax cabins for SRS companies

SRS members are divided in 3 categories:

- **Category 1:**
Ski/boots/poles/wax companies with high engagement and contribution to the development of Cross-Country.
- **Category 2:**
Ski/boots/poles/wax companies with medium engagement and contribution to the development of Cross-Country.
- **Category 3:**
All other companies and ski/boots/poles/wax companies with low engagement and contribution to the development of Cross-Country.

A detailed list of the companies per category will be published every year and approved at the FIS autumn meetings.

SRS members will have the following rights for wax cabins (independent of duration):

- SRS members cat. 1 have the right to order 1 wax cabin (15m²) free of charge.
- SRS members cat. 2 have the right to order 1/2 wax cabin (1 cabin shared with another company) free of charge or the right to order their own cabin for CHF 450.
- SRS members cat. 3 have the right to order a cabin (15m²) for CHF 900.
- If an SRS member needs additional capacity, the company can order an additional cabin (15m²) for CHF 900.
- A financial penalty (CHF 900 per cabin) will be applied to the company which have ordered waxing cabin and not shown up.
- The companies must order the cabins according to the preliminary booking deadlines stated in art. 4.2. The overall coordination of the bookings is done by SRS.

SRS members coming with a waxing vehicle and requiring power supply will be charged CHF 100 per World Cup event (independent of duration). SRS must communicate the use of their waxing vehicle beforehand, so that the OC can plan accordingly.

7.1.4 Safety guidelines for wax cabins

- All wax room staff must wear approved protective masks with filters.
- The masks should ideally have intercom systems to enable the staff to communicate without removing the masks.
- Suction for ventilation should be set up close to the waxing iron and the rotating polishing machines – this will reduce the smoke and pollution in the room.
- General good heating and efficient ventilation.
- The wax rooms must be cleaned and fully ventilated daily.
- The time of exposure to smoke and pollution must be reduced to the absolute minimum per day.
- Access to the waxing rooms without protective masks must be limited.

7.1.5 Wax trucks

- Parking space as close as possible from the wax cabins area needs to be available for the teams arriving with a waxing truck.
- Power supply dedicated to each truck must be available maximum 30m from the parking space.
- The teams arriving with a waxing truck will not receive any wax cabin but only changing space as stated in art. 7.2.
 - Exception to this rule are smaller waxing trucks that do not have the capacity for sufficient work and storage space. In this case, the team is eligible for half of their regular wax container space. The wax container allocation and space will be checked by the FIS Staff in advance.
- The following nations will have a wax truck in the season 2025/26: NOR, SWE, ITA, FIN, CAN, GER, SUI, USA, FRA, CZE, AUT
- Teams must confirm their wax use or needs to the OC through the FIS online entry system (in the preliminary entries form) latest 8 weeks before the first competition.
- Teams using trucks or buses as changing or living space for athletes must follow the same information process. The parking space must be available as well for these trucks but the priority (in term of distance to the stadium) will be given to the wax trucks.

7.2 Athletes Changing space(s)

To prevent breathing of waxing fumes by athletes, the OC must provide athletes room(s) for changing.

Athletes changing space must be sufficiently big (taking into consideration the competition format) and must be heated. It should be equipped with chairs and power sources. The changing space must be divided for women and men and should have a common space for massage tables and other equipment (e.g. stationary bikes). The changing space should be situated close to the wax cabins area.

If a team comes to the World Cup a waxing truck with a second floor, which can be used for changing or with a bus, which can be used for changing, the team does not have the right for a changing space.

7.3 Arrangements Field of Play

Team boxes

Each team will be assigned a dedicated team space which shall be used as start/finishes changing area for the teams. The teams are obliged to leave those so-called team boxes through the mixed zone.

Toilets at start

Depending on the race formats, the organizers should provide min. 2 toilets near to the start.

Forerunners

Depending on the race format and length of competition course, organizers should provide sufficient number of forerunners (min. 15 good skiers).

Training Opportunities

Competitors and team officials should be given the opportunity to train and inspect the competition courses for at least 5 days before the first competition until at least the morning after the last competition.

The Jury may close the course or limit the use of the course to certain sections or hours.

Further arrangements

Further arrangements around the organization of the World Cup venue and team area are expected to be put in place as stated in the Cross-Country World Cup Organizer Manual, available in the Cross-Country document section on the FIS website.

8 Media Service

The OC media service must conform to the FIS PR and media regulations including the Media Guidelines elaborated by the FIS Communications Management and the respective stakeholders.

All official communications concerning major changes of the event (confirmation, re-scheduling, cancellation, etc.) must be coordinated with the FIS Cross-Country Media Coordinator. No official communication concerning the event schedule can be sent out without the approval of the FIS Staff.

The OC Chief of Media will be supported by the FIS World Cup Media Coordinator, who is part of the FIS Staff and assists with coordination between sport and non-sport matters. The FIS CC MC coordinates the FIS Cross-Country media interest on sport, event and broadcast level.

The OC covers the expenses of the FIS CC MC for accommodation, meals (full board & non-alcoholic drinks), travel (arranged by FIS) and eventual fees for visa.

9 Other

9.1 Athletes' Decision

No skier shall be forced to enter a FIS World Cup competition.

9.2 Athletes Obligations

If athletes repeatedly refuse to take part or do not show up at an official appointment organized by FIS and/or the OC (approved by FIS), the organizer together with the FIS staff have the right to hold back prize money or team support for the respective athlete/team.

Examples of official appointments: opening ceremonies, media talks (in person or online), bib distribution, team presentation, TV pre-flash interview, TV winner flash interview, leader chair, top three picture, winner ceremony, official ceremony, press conference, photo shooting, going through the mixed zone, etc.

The FIS staff take into consideration departure flight schedules and "force majeure" may authorize the distribution in the absence of the athlete.

9.3 FIS Family Tickets

Athletes are entitled to receive two free of charge tickets from the OC for each competition day. An overview of the needed tickets is provided by the FIS staff.

FIS Cross-Country Tour de Ski Rules 2025/26

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1 **Entries and basic rules**

Entries must be submitted once for all stages, prior to the start of the Tour de Ski. For the athletes and staff quotas, check World Cup Rules art. 2.2 (athletes) and art. 2.5 (staff).

The FIS online entry system must be used for registration. It's the responsibility of the respective team to immediately inform the FIS Race Director and the upcoming OC about the drop-out of an athlete and the consequences in the hotel room bookings.

Drop-out/abandonment of the Tour, disqualification and overlapping (mass start & pursuit) in one race will lead to exclusion from the rest of the Tour.

1.1 **Time limits**

An athlete will be excluded from the rest of the Tour if he/she loses:

Interval start (5 km or more):

more than 20% for women and more than 20% for men*

Prologue, short Interval start (< 5 km):

more than 23% for women and more than 23% for men*

Final Climb (Mass Start):

more than 30% for women and for men

In special conditions the Jury can adapt the percentages.

2 **Tour de Ski Overall Standing**

The Overall standing of the Tour de Ski will be calculated by accumulating:

- The results (actual times) where tenths of seconds are truncated from each stage prior to last stage. The results of the qualification round will be used for sprint competitions.
- The results (actual times) with the tenths of seconds from the last stage.
- Bonus seconds and time penalties from each stage.

2.1 **Tie breakers**

In case of a tie on the current Overall standing (standing that is published after each stage prior the final stage), the competitors will be ranked according to the highest number of individual wins and then the bests results (i.e. most 2nd places, most 3rd places...).

If a tie remains, the competitors will be ranked according to their FIS Distance points.

If the tie remains, the positions are determined by a draw.

In case of a tie after the final stage (final Overall ranking) the competitors will be ranked according to the finish arrival order of the last competition.

If a tie remains, the competitors will have the same ranking on the result list.

2.2 **Bonus seconds**

There are bonus seconds for Sprint.

The bonus seconds are subtracted from the competitor's actual race time before their race time is added into the overall time score.

Bonus seconds in Sprint races

Athletes finishing in the top-30 will receive bonus seconds as follows:

1 st place = 60 seconds	9 th place = 28 seconds
2 nd place = 54 seconds	10 th place = 26 seconds
3 rd place = 48 seconds	11 th place = 24 seconds
4 th place = 46 seconds	12 th place = 22 seconds
5 th place = 44 seconds	13 th to 15 th place = 10 seconds
6 th place = 42 seconds	16 th to 20 th place = 8 seconds
7 th place = 32 seconds	21 st to 25 th place = 6 seconds
8 th place = 30 seconds	26 th to 30 th place = 4 seconds

3 Leader Bibs

The current leader of the FIS Tour de Ski wears the Tour leader bib.

The current leader of the Tour Sprint Standing wears the Sprint leader bib.

The current leader of the Tour Climbing Standing wears the Climb leader bib.

If an athlete leads more than one ranking, the second ranked athlete will be given the leader's bib. The Overall Tour de Ski bib has the priority.

4 Tour de Ski Sprint Standing

The FIS Tour de Ski Sprint Standing will be calculated based on the points scored at each race according to the table in art. 4.

The winner will be the athlete of each gender who has collected the most points by the end of the Tour. Only athletes who finish the Tour are ranked.

If an athlete is ranked in the top 10 in an intermediate sprint and does not finish the competition, the positions and bonus points in the intermediate sprints remain the same for the other athletes.

There is no reallocation of the points that were earned by the athlete who did not finish. This does not apply in the case of disqualification.

4.1 Tie breaker

In case of a tie, the competitors will be ranked according to the highest number of individual wins and then the best results (i.e. most 2nd places, most 3rd places...). If a tie remains, the competitors will have the same ranking on the result list.

5 Tour de Ski Climber standing

The FIS Tour de Ski Climbing Standing will be calculated based on the points scored at each race according to the table in art. 4.2

The winner will be the athlete of each gender who has collected the most points by the end of the Tour. Only athletes who finish the Tour are ranked.

If an athlete who collects any Climbers Standing points during a race does not finish the competition, the positions and Climbers Standing points collected by other athletes remain the same.

There is no reallocation of the points that were earned by the athlete who did not finish. This does not apply in the case of disqualification.

5.1 Tie breaker

In case of a tie, the competitors will be ranked according to the highest number of individual wins and then the best results (i.e. most 2nd places, most 3rd places...). If a tie remains, the competitors will have the same ranking on the result list.

5.2 Tour de Ski Overview

Stage	Bonus seconds	Sprint Jersey	Climber Jersey
#1 Sprint F	Top 30 in the finish: 60/54/48/...	Top 10 final result: 30/24/20/16/12/10/8/6/4/2	X
#2 10km Interval Start C	X		1: Top 10 intermediate A Climb: 15/12/10/8/6/5/4/3/2/1 2: Top 10 intermediate 2: 15/12/10/8/6/5/4/3/2/1
#3 5 km Heat Mass Start F	X	1st lap – top of Nordic Arena building. Each heat arrival order top 3: 5/3/2	2nd lap - top of A climb. Each heat arrival order top 3: 5/3/2
#4 – 20 km Pursuit C	X	X	X
#5 Sprint C	Top 30 in the finish: 60/54/48/...	Top 10 final result: 30/24/20/16/12/10/8/6/4/2	X
#6 Final Climb	X	Arrival order Top 10 at bottom of Alpe Cermis: 15/12/10/8/6/5/4/3/2/1	Arrival order top 10 on the top of Alpe Cermis: 30/24/20/16/12/10/8/6/4/2

6 Tour de Ski Team Cup Standing

The best two women and best two men from each nation from each stage will count for the Team Cup. All times (actual times where tenths of seconds are truncated) will be added.

7 World Cup Points for the FIS Tour de Ski

FIS World Cup points will be awarded after the last stage according to the FIS Tour de Ski Final standing as follows:

1st place	300	26th place	90
2nd place	285	27th place	84
3rd place	270	28th place	78
4th place	255	29th place	72
5th place	240	30th place	66
6th place	225	31st place	60
7th place	216	32nd place	57
8th place	207	33rd place	54
9th place	198	34th place	51
10th place	189	35th place	48
11th place	180	36th place	45
12th place	174	37th place	42
13th place	168	38th place	39
14th place	162	39th place	36
15th place	156	40th place	33
16th place	150	41st place	30
17th place	144	42nd place	27
18th place	138	43rd place	24
19th place	132	44th place	21
20th place	126	45th place	18
21st place	120	46th place	15
22nd place	114	47th place	12
23rd place	108	48th place	9
24th place	102	49th place	6
25th place	96	50th place	3

In addition, daily World Cup points will be awarded after each stage and will count for the Overall and the Discipline World Cup standings (according to World Cup Rules art. 3.1.2).

8

Prize Money

All basic prize money regulations are found in the FIS Cross-Country World Cup rules under art. 3.4 and apply to all competitions of the FIS Tour de Ski.

Number of Tour de Ski competitions per gender: 6

Overview Prize Money distribution FIS Tour de Ski

Daily Prize Money	EUR 36'000	6 x EUR 6'000
Sprint Overall Standing	EUR 21'000	
Climber Overall Standing	EUR 9'000	
Tour de Ski Overall Standing	EUR 321'000	
Total	EUR 387'000	6 x EUR 64'500

Prize Money split per standings

Daily Prize Money

1 st	EUR 3'000
2 nd	EUR 2'000
3 rd	EUR 1'000
Total per race	EUR 6'000

Sprint Overall Standing

1 st	EUR 6'000
2 nd	EUR 5'000
3 rd	EUR 4'000
4 th	EUR 3'000
5 th	EUR 2'000
6 th	EUR 1'000
Total	EUR 21'000

Climber Overall Standing

1 st	EUR 4'000
2 nd	EUR 3'000
3 rd	EUR 2'000
Total	EUR 9'000

Tour de Ski Overall Standing

1 st	EUR 80'000	11 th	EUR 7'000
2 nd	EUR 55'000	12 th	EUR 6'000
3 rd	EUR 40'000	13 th	EUR 5'000
4 th	EUR 25'000	14 th	EUR 4'500
5 th	EUR 20'000	15 th	EUR 4'000
6 th	EUR 17'000	16 th	EUR 3'500
7 th	EUR 14'000	17 th	EUR 3'000
8 th	EUR 12'000	18 th	EUR 2'500
9 th	EUR 10'000	19 th	EUR 2'000
10 th	EUR 9'000	20 th	EUR 1'500
Total			EUR 321'000

9 Starting Order by race format

9.1 Stage 1 (Sprint qualification)

The seeded group is defined as the top 15 competitors registered to compete according to the current Sprint World Cup standing.

The defending FIS Tour de Ski winner will be added as one extra athlete if not already included.

The starting order will be according to the World Cup rules art. 2.3.

9.2 Stage 2 (10km Interval Start C)

The seeded group is defined as the top 15 competitors registered to compete according to the current Overall FIS Tour de Ski standing after stage 1.

The current Overall World Cup leader is added as one extra athlete if not already included.

The starting order will be according to the World Cup rules art. 2.3.4.1

9.3 Stage 3 (Heat Mass Start F)

Competitors will be assigned to 4 different heats. Each heat starts at a different starting time as mass start competition.

Number of heats

If less than 80 athletes/gender are entered in the competition, 3 heats will be used.

If more than 80 athletes/gender are entered in the competition 4 heats will be used.

Starting Order and Start Procedure

In the heat mass start, mass start procedure must be used.

4 heats

If four heats are used the assignment will be done according to the Overall FIS Tour de Ski standing after stage 2.

FIS Tour de Ski Overall Leader after stage 2 – Heat 3
 2nd place in the FIS Tour de Ski Standing - Heat 2
 3rd place in the FIS Tour de Ski Standing – Heat 1
 4th place in the FIS Tour de Ski Standing – Heat 4
 5th place in the FIS Tour de Ski Standing – Heat 3
 6th place the FIS Tour de Ski Standing – Heat 2
 Etc...

Heats Mass Start Allocation to Heats

Heat 1			Heat 2			Heat 3			Heat 4		
BIB	NAME	NSA	BIB	NAME	NSA	BIB	NAME	NSA	BIB	NAME	NSA
3			2			1			4		
7			6			5			8		
11			10			9			12		
15			14			13			16		
19			18			17			20		
23			22			21			24		
27			26			25			28		
31			30			29			32		
35			34			33			36		
39			38			37			40		
43			42			41			44		
47			46			45			48		
51			50			49			52		
55			54			53			56		
59			58			57			60		
63			62			61			64		
67			66			65			68		
71			70			69			72		
75			74			73			76		
79			78			77			80		
83			82			81			84		
87			86			85			88		
91			90			89			92		
95			94			93			96		
99			98			97			100		

3 heats

If three heats are used the assignment will be done according to the Overall FIS Tour de Ski standing after stage 2.

FIS Tour de Ski Overall Leader after stage 2 – Heat 3

2nd place in the FIS Tour de Ski Standing – Heat 2

3rd place in the FIS Tour de Ski Standing – Heat 1

4th place in the FIS Tour de Ski Standing – Heat 3

5th place in the FIS Tour de Ski Standing – Heat 2

6th place the FIS Tour de Ski Standing – Heat 1

Etc...

Heats Mass Start Allocation to Heats								
Heat 1			Heat 2			Heat 3		
BIB	NAME	NSA	BIB	NAME	NSA	BIB	NAME	NSA
3			2			1		
6			5			4		
9			8			7		
12			11			10		
15			14			13		
19			18			17		
23			22			21		
27			26			25		
31			30			29		
35			34			33		
39			38			37		
43			42			41		
47			46			45		
51			50			49		
55			54			53		
59			58			57		
63			62			61		
67			66			65		
71			70			69		
75			74			73		
79			78			77		

Timing

Result time precision will be 1/10s (0.1).

Results

Heat result

Heat results are determined by finish arrival order. If two or more competitors in the same heat will have the same time, the tie will be broken by photo finish camera.

Final result

Final results are determined after the last heat has finished, by finish time of each competitor.

If two or more competitors in different heats will have the same time they will share the same rank in the final result. The display order of the competitors will be based on their bib (lower bib number displayed first).

FIS Points

The competition will be valid for FIS points.

9.4 Stage 4 (15 km Pursuit C)

The starting order will be assigned according to the Overall FIS Tour de Ski standing after stage 3 (actual time where tenths of seconds are truncated).

To prevent too large start time differences, the Jury can decide upon the use of the "wave start".

9.5 Stage 5 (Sprint C)

The seeded group is defined as the top 15 competitors registered to compete according to the current Overall Tour de Ski standing after stage 4.

The starting order will be according to the World Cup rules art. 2.3.

9.6 Stage 6 Final Climb (11km Mass Start F)

The competitors wearing the Overall Tour de Ski, Sprint Tour de Ski and Climbing Tour de Ski leader bibs will be placed in the 1st row. If an athlete leads more than one ranking, the second ranked athlete will be given the leader's bib. The Overall Tour de Ski bib has the priority.

The starting positions of other athletes will be according to the Overall Tour de Ski standing after stage 6.

10 Logistics

10.1 Transport

For the FIS Tour de Ski, no official transportation between venues will be organized. Teams must organize their transportation themselves, except the pick up at the first airport (before the first stage) and transport to the airport after the last stage.

Teams are entitled to one transport in each direction (airport to the venue and venue to the airport) for free.

10.2 Reimbursement

The organisers pay for **the travel and living costs** (accommodation, food etc.) according to the conditions mentioned in the World Cup rules art. 6.

Travel expenses will be paid once and by bank transfer by the organisers to the teams at the last resort.

The **Red Group listed athletes get free accommodation**, for at least two nights before the first competition until at least the morning after the last competition.

11 Trophy

The top three of the overall FIS TOUR DE SKI ranking (women and men) receive a FIS Tour de Ski trophy.

The winning nation in the Tour Team Cup will receive a Tour Team Trophy.