

## Guideline for Inrun track profile

For the jumping hills, where we were close to the gate 1 during the last couple of seasons, the ice track profile shall be modified in the way that at least 50 % of the inrun track surface is flat, where the skis are in contact with snow / ice (see sketch). With this change we would have more friction in the track and therefore slightly reduced inrun speed.



For all the inrun tracks at least 2 cm of the surface at the edges on both sides of the profile shall be flat, to prevent the edges of the skis to interact with the edges of the ridges in the ice track.



In addition to this, for all the jumping hills there shall always be cross cuts provided in the track to allow water to run out of the track (in the case of rain) and reduce the stopping effect (in the case of snow fall or warm weather). This proposal is for all ice tracks, artificial or ice blocks.

When cross cuts are not possible to realize alternative solutions could be: for example a drain opening in the ice track surface within max. 40mm length and 135mm track width. The drain opening could be placed in a distance of 5m in the radius and in a distance of 10m in the straight part of the inrun