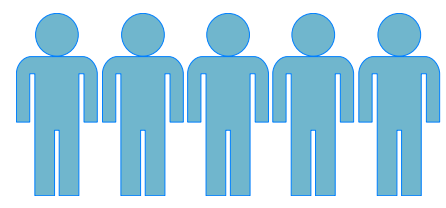


CURRENT PRACTICES, NEEDS, RESPONSIBILITIES AND PREFERENCES FOR KNOWLEDGE DISSEMINATION ON INJURY AND ILLNESS PREVENTION IN FREESTYLE SKIING

Oriol Bonell Monsonís, Jörg Spörri, Vincent Goutteborge, Caroline Bolling, Evert Verhagen



93 RESPONDENTS

MEN: 70.7%
WOMEN: 26.8%
NON-BINARY: 2.4%

44% ATHLETES
27% COACHES
22% TEAM STAFF
3% SKI RACING SUPPLIERS
4% FIS REPRESENTATIVES

8% AERIALS
26% MOGULS
20% SKI CROSS
11% SKI HALFPIPE
35% SKI SLOPESTYLE

14% YOUTH COMPETITIONS
27% FIS COMPETITIONS
23% CONTINENT CUPS
23% WORLD CUP
2% MASTER COMPETITIONS
2% MASS EVENTS
9% NOT RULED BY FIS

CURRENT PREVENTION PRACTICES

INJ

KNEE INJURIES

1st

RESPIRATORY ILLNESSES

ILL

HEAD INJURIES AND CONCUSSIONS

2nd

NO ILLNESSES

SHOULDER, UPPER ARM AND ELBOW INJURIES
SPINAL INJURIES

3rd

CARDIOVASCULAR ILLNESSES

1st

PHYSICAL ASPECTS

2nd

VISIBILITY ISSUES

3rd

PROTECTORS & HELMET

4th

MENTAL ASPECTS

5th

JUMP DESIGN

AREAS

NEEDS FOR INFORMATION

INJ

HEAD INJURIES AND CONCUSSIONS

1st

RESPIRATORY ILLNESSES

ILL

KNEE INJURIES

2nd

NO ILLNESSES

SPINAL INJURIES

3rd

CARDIOVASCULAR ILLNESSES

1st

MENTAL ASPECTS

2nd

PHYSICAL ASPECTS

3rd

COURSE DESIGN

3rd

JUMP DESIGN

5th

SNOW SURFACE

AREAS

PERCEIVED RESPONSIBILITIES FOR PREVENTION

DVP

TEAM STAFF

MEDICAL DOCTOR, PHYSIOTHERAPIST, S&C COACH

COACHES

FIS

ATHLETES

NSSA

DISS

COACHES

FIS

TEAM STAFF

MEDICAL DOCTOR, PHYSIOTHERAPIST, S&C COACH

NSSA

ATHLETES

COACHES

ATHLETES

TEAM STAFF

PHYSIOTHERAPIST, MEDICAL DOCTOR, S&C COACH

FIS

NSSA

IMPL

DEVELOPMENT

DISSEMINATION

IMPLEMENTATION

KNOWLEDGE DISSEMINATION PREFERENCES

1st PODCASTS (AUDIO & VIDEO)

2nd SOCIAL MEDIA    

3rd E-BOOK

4th WEBINARS & SEMINARS

5th NEWSLETTER BY E-MAIL

6th WEBSITE

