**SINGLE PENALTY**

* **Due to Injury, Pregnancy, Professional obligations or Military service**

If a competitor has an injury, the National Association may apply during the season for a single penalty submitting the official application form and a medical certificate to the FIS Office (ParaCrossCountry@fis-ski.com) latest three (3) weeks after the injury occurred.

Later requests will no longer be considered.

|  |  |  |  |
| --- | --- | --- | --- |
| **Injury** [ ]  | **Pregnancy** [ ]  | **Professional** [ ] **obligation** | **Military service** [ ]  |
| **Name, First Name** | **Address** |
| **FIS Code number** |
| **of the injured** |
| **Date** | **Place** |
| **of the accident** |
| **Type of injury** |
| **of the pregnancy** |
| **Preliminary due date** |
| **Duration of inability to compete** |
| **FIS points at the time when the accident/injury occurred or the application for maternity protection status is received by FIS** |  |
| **Date** | **Signature of the injured** *(please print and sign)* |

**Enclosure: Medical Certificate**