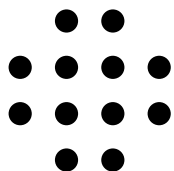
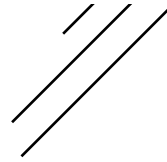


3. ROLES AND RESPONSIBILITIES

- 3.1 Working Together
- 3.2 Role of the Athletes' Entourage
- 3.3 Role of Sports Organisations
- 3.4 Role of Health Professionals





In this section we examine the roles and responsibilities of key stakeholder groups in creating psychologically safe athletic environments. The key stakeholder groups addressed here are the athletes' entourage, sports organisations and health professionals.

We explore a range of topics, including placing athlete mental wellness as a priority, creating a psychologically safe culture which supports help-seeking, considerations for sporting events, and understanding pathways to care.

3.1. WORKING TOGETHER

It is important to recognise that whilst various stakeholder groups may have different roles,

responsibilities or focus areas which influence the psychological safety of athletic environments, there are many areas of crossover that will require mutual understanding and support, as is seen in the diagram below. We therefore encourage all stakeholders to read this section in its entirety in order to gain a more comprehensive overview of their role and how it complements efforts by other key groups.



CORE COMPONENTS	SPORTS ORGS	ATHLETES' ENTOURAGE	HEALTH PROFESSIONALS
Prioritising athlete mental health	●	●	●
Mental Health Action Plan	●	●	●
Crisis competency	●	●	●
Education & prevention	●	●	●
Understanding mental health stressors	●	●	●
Post-career transition	●	●	●
Resources & funding	●		
Rules and regulations	●		●
Assessment & treatment competency			●
Establishing pathways to care			●
Understanding MH symptoms and disorders in elite athletes		●	●
Supporting safe return-to-play		●	●
Encouraging help-seeking behaviours		●	
Scheduling & event considerations	●	●	



Diagram demonstrating crossover of different stakeholder roles and responsibilities to foster psychologically safe athletic environments.