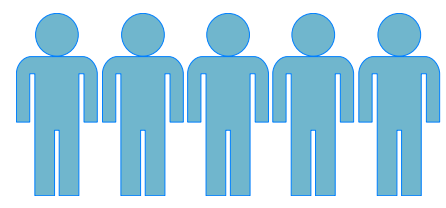


# CURRENT PRACTICES, NEEDS, RESPONSIBILITIES AND PREFERENCES FOR KNOWLEDGE DISSEMINATION ON INJURY AND ILLNESS PREVENTION IN SNOWBOARDING

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72 RESPONDENTS

MEN: 65.2%  
WOMEN: 34.8%

38% ATHLETES  
25% COACHES  
29% TEAM STAFF  
0% SKI RACING SUPPLIERS  
8% FIS REPRESENTATIVES

18% ALPINE  
23% CROSS  
14% HALFPIPE  
22% SLOPESTYLE  
23% BIG AIR

16% YOUTH COMPETITIONS  
25% FIS COMPETITIONS  
20% CONTINENT CUPS  
23% WORLD CUP  
2% MASTER COMPETITIONS  
3% MASS EVENTS  
11% NOT RULED BY FIS

## CURRENT PREVENTION PRACTICES

INJ

KNEE INJURIES

1<sup>st</sup>

NO ILLNESSES

ILL

HEAD INJURIES AND CONCUSSIONS

2<sup>nd</sup>

RESPIRATORY ILLNESSES

SHOULDER, UPPER ARM AND ELBOW INJURIES  
SPINAL INJURIES

3<sup>rd</sup>

CARDIOVASCULAR ILLNESSES

1<sup>st</sup>

PHYSICAL ASPECTS

2<sup>nd</sup>

PROTECTORS & HELMET

3<sup>rd</sup>

VISIBILITY ISSUES

4<sup>th</sup>

COURSE DESIGN

5<sup>th</sup>

SNOW SURFACE

AREAS

## NEEDS FOR INFORMATION

INJ

HEAD INJURIES AND CONCUSSIONS

1<sup>st</sup>

RESPIRATORY ILLNESSES

ILL

SPINAL INJURIES

2<sup>nd</sup>

THERMOREGULATORY ILLNESSES

KNEE INJURIES

3<sup>rd</sup>

ENDOCRINOLOGICAL ILLNESSES

1<sup>st</sup>

MENTAL ASPECTS

2<sup>nd</sup>

PHYSICAL ASPECTS

3<sup>rd</sup>

COURSE DESIGN

4<sup>th</sup>

SNOW SURFACE

5<sup>th</sup>

PROTECTORS & HELMET

AREAS

## PERCEIVED RESPONSIBILITIES FOR PREVENTION

DVP

TEAM STAFF

MEDICAL DOCTOR, PHYSIOTHERAPIST, S&C COACH

COACHES

FIS

NSSA

ATHLETES

DISS

COACHES

NSSA AND TEAM STAFF

MEDICAL DOCTOR, PHYSIOTHERAPIST, S&C COACH

FIS

ATHLETES

COACHES

ATHLETES

TEAM STAFF

PHYSIOTHERAPIST, MEDICAL DOCTOR, S&C COACH

FIS

NSSA

IMPL

DEVELOPMENT

DISSEMINATION

IMPLEMENTATION

## KNOWLEDGE DISSEMINATION PREFERENCES

1<sup>st</sup> WEBINARS & SEMINARS

2<sup>nd</sup> PODCASTS (AUDIO & VIDEO)

3<sup>rd</sup> NEWSLETTER BY E-MAIL

4<sup>th</sup> E-BOOK

5<sup>th</sup> WEBISTE

6<sup>th</sup> SOCIAL MEDIA

