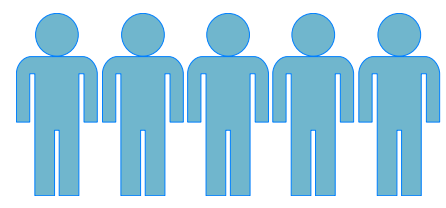


CURRENT PRACTICES, NEEDS, RESPONSIBILITIES AND PREFERENCES FOR KNOWLEDGE DISSEMINATION ON INJURY AND ILLNESS PREVENTION IN NORDIC COMBINED

Oriol Bonell Monsonís, Jörg Spörri, Vincent Goutteborge, Caroline Bolling, Evert Verhagen



35 RESPONDENTS

33% ATHLETES
33% COACHES
34% TEAM STAFF
0% SKI RACING SUPPLIERS
0% FIS REPRESENTATIVES

19% YOUTH COMPETITIONS
28% FIS COMPETITIONS
21% CONTINENT CUPS
27% WORLD CUP

0% MASTER COMPETITIONS
1% MASS EVENTS
4% NOT RULED BY FIS

MEN: 80.6%
WOMEN: 19.4%

CURRENT PREVENTION PRACTICES

INJ

KNEE INJURIES

1st

RESPIRATORY ILLNESSES

ILL

ANKLE, FOOT AND TOE INJURIES

2nd

NO ILLNESSES

SHOULDER, UPPER ARM AND ELBOW INJURIES

3rd

ENDOCRINOLOGICAL ILLNESSES

AREAS

1st

PHYSICAL ASPECTS

2nd

MENTAL ASPECTS

3rd

WIND ISSUES

4th

SNOW SURFACE

5th

EDUCATION AND AWARENESS

NEEDS FOR INFORMATION

INJ

KNEE INJURIES

1st

RESPIRATORY ILLNESSES

ILL

HEAD INJURIES AND CONCUSSIONS

2nd

CARDIOVASCULAR ILLNESSES

ANKLE, FOOT AND TOE INJURIES

3rd

THERMOREGULATORY ILLNESSES

AREAS

1st

MENTAL ASPECTS

1st

PHYSICAL ASPECTS

1st

BINDING

1st

WIND ISSUES

5th

SNOW SURFACE

PERCEIVED RESPONSIBILITIES FOR PREVENTION

DVP

TEAM STAFF

MEDICAL DOCTOR, PHYSIOTHERAPIST, S&C COACH

FIS

COACHES

ATHLETES

NSSA

DISS

COACHES

NSSA

FIS

TEAM STAFF

MEDICAL DOCTOR, PHYSIOTHERAPIST, S&C COACH

ATHLETES

COACHES

ATHLETES

FIS AND TEAM STAFF

PHYSIOTHERAPIST, MEDICAL DOCTOR, S&C COACH

NSSA

IMPL

DEVELOPMENT

DISSEMINATION

IMPLEMENTATION

KNOWLEDGE DISSEMINATION PREFERENCES

1st WEBSITE

1st WEBINARS & SEMINARS

3rd PODCASTS (AUDIO & VIDEO)

4th NEWSLETTER BY E-MAIL

5th E-BOOK

6th BOOK

