



RULES FOR THE FIS TELEMARK WORLD CUP

EDITION 2025/2026

1. Organisation

Jury according to Art. 601.4 Alpine ICR

1.1 Sprint

With voting right:

The Technical Delegate

The Chief of Competition of the Organising Committee

The Race Coordinator (Race Director) as Referee, appointed by the FIS Telemark Committee

1.1.1 Classic, Parallel Sprint with voting right:

The Technical Delegate

The Chief of competition of the Organising Committee

The Race Coordinator (Race Director) as Referee, appointed by the FIS Telemark Committee.

TD Assistant (TD or coach appointed by the jury)

1.2 Substitution of a Jury Member

If due to "force majeure" one of the members of the Jury, nominated by the FIS Telemark Committee is unable to participate, the referee appoints a qualified substitute. In the event that the referee is unable to participate, the FIS Telemark Committee appoints a substitute.

2. Setting the course

- 2.1 For World Championships, World Cup and Continental Cup the appointment is made by the jury at the Team Captains' meeting. The FIS Telemark Committee can, where appropriate, appoint course setters in advance of an event and will notify as necessary. Decisions made by the FIS Telemark Committee cannot be overruled except for Force Majeur.
- 2.2 Course setters must be present on the official training day or a race day prior to setting to be allocated to the course setting roster for the event, so that they can assess safety and speed for the jump and 360.
- 2.3 Course setters must be accredited by the Race Director before they can set at a World Cup, World Championship or World Junior Championship race.

3. Qualification

3.1 General

3.1.1 Qualification standards

The qualification standards will be established before each season, as defined by the FIS Telemark Committee. The standards cannot be modified during the season except for safety reasons. To participate all racers have to prove that their yearly FIS World Cup Racers Fee (CHF 50.00 per season charged by the FIS Telemark Committee) is paid. A FIS Official is responsible for collecting this fee and ensuring that it has been paid before the competitor's first start of the season.

3.1.2 Women's and men's qualifications

These standards can be different for women's and men's events.

3.2 Basic quota

No quota as of the date of this revision.

3.3 National quota

No quota as of the date of this revision.

3.4 Limitation Sprint in 2 runs

There is no limitation. All competitors who are classified in the first run are permitted to start in the second run.

4. Payment of expenses

4.1 Competitors

4.1.1 Payment

Accommodation, full board and beverages have to be paid by the teams and/or National Ski Associations and/or the racers.

4.1.2 Prices for accommodation

The package must be at the maximum price of CHF 110.00 for accommodation and full board, ski pass, racer entry fee, tourist tax, and non-alcoholic beverage with meals.

The following principles apply:

Coaches should not share rooms with athletes.

Genders should not be mixed.

National teams should not be mixed

- 4.1.2.1 Athletes or coaches who request a single room, not covered by the above principles, can have a CHF20 surcharge applied.
- 4.1.2.2 This package price must include the night before the official training through to the night after the final race. If teams wish to arrive earlier or stay later, then it is requested that organisers extend the same rates for a maximum of 2 extra days if possible. All other accommodation and board should be provided on an as-cost (not profit) basis. Details of rates and packages must be clearly laid out in the event programme.
- 4.1.2.3 Teams who register less than 2 weeks before the start of the race may be charged on a cost basis.
- 4.1.2.4 NSAs and Teams must inform Organisers of changes in writing, not less than 48 hours before arrival, in order not to be billed. Organisers may bill teams for no shows if not informed 48 hours in advance.
- 4.1.2.5. Where teams are leaving immediately after the final race, and are required to vacate accommodation before the race (in order to save costs), then organisers must provide space for athletes to store luggage and equipment and to clean up / shower and change after the race.

4.2 Officials

4.2.1 Nationals officials

For officials (representatives of a National Ski Association, trainers, physiotherapist, doctors, technicians) of teams, the costs for accommodation, full board or half board will be maximum the same amount as for the racers.

4.2.2 FIS Officials. The Race Director, TD and FIS officials are entitled to a single room with ensuite facilities.

4.3 Right of accommodation

Each National Ski Association has to announce to the Organisers the expected total number of team members (competitors, coaches, accompanying persons and service personnel) by the deadlines fixed and announced before the competition season. Furthermore the Organisers must be informed latest 5 days before the official arrival day about the names of the team members, eventual changes to the arrival date and the originally registered size of team, as well as an eventual withdrawal from the event. If this is not done, the Organising Committee will invoice the costs incurred for cancelled accommodation (art. 4) to the National Ski Association concerned. Teams or persons who register late have no right for the reservation or the payment of accommodation expenses.

4.4 Quality of accommodation

The Hotels for the teams must at least meet the requirements of an international two star category hotel.

Breakfast and dinner must be served at the actual hotel if possible. The Race Director can decide during his summer inspections whether alternatives are acceptable.

4.4.1 Ski rooms

The hotel or the OC must make available heated rooms (room compartments, containers) for storing and waxing the skis. These rooms which can be locked should be large enough (30m² minimum) and adequately equipped for ski maintenance (tables, electricity etc.). The ski rooms must be ventilated.

4.4.2 Waiting Room/Area

The OC is requested to put at the disposal of the competitors a special heated and separate waiting room/area near the start or finish area in which the competitors can stay during training intervals and/or between the two runs of a competition. No separate waiting room has to be organised if the finish area or means of transport to the start are within the resort itself.

4.5 Full board and beverages

4.5.1 Quality and quantity of meals

Food must be healthy, plentiful and correspond to the needs of highly competitive athletes.

The meals must meet at least the following guidelines:

Breakfast: Bread, butter and jam, milk, coffee with milk or tea. Choice of eggs, cheese, sausages and different kinds of cereal, yoghurt and fruits (breakfast buffet). Lunch: Choice of at least two menus: Soup or appetizer, 200 g meat (steak, etc.) poultry or fish, in agreement with the teams. Vegetables or other supplements, cheese, fruit or deserts. Dinner: Same as lunch. A sufficient quantity of non-alcoholic beverages are to be included with the meals.

4.5.2 Mealtimes

The hotel must adapt itself to the needs of the schedules which depend on the training and competition program. For instance, for Parallel Sprint and Sprint events, in general, breakfast is served very early in the morning.

4.5.3 Place of meals

Breakfast and dinner must if possible be served at the actual hotel. The Race Director could decide during their summer inspections whether alternatives are acceptable.

4.5.4 Information of agreement

The OC is responsible for informing the hotel management of the agreements with regard to accommodation, full board and of the daily program, including eventual changes.

5. Organiser Fee

The fee is as follows:

World Cup per organiser CHF 1 500.00

World Championships CHF 3 000.00

This fee is to be paid 30 days after confirmation of the event by FIS directly to the bank account of the FIS Telemark Committee. If the fee is not paid in due time the event will be cancelled.

This fee is used to fund the expenses of the Race Director and Telemark development.

When a race is cancelled 50% of the organiser fee is payable. A confirmation of the race application must be made by the end of October.

5.1 Travel expenses

The Organising Committees of FIS Telemark World Cup and World Championship events are required to pay expenses for FIS officials as follows:

Who	Summer Location check travel	Summer Location check Accommodation and Board	Event Travel***	Event Accom- modation and full board	Daily Fee as per Art. 602.5
Race Direc-	Yes***	Yes*	Yes**	Yes	Yes
tor					
Technical	N/A	N/A	Yes	Yes	Yes
Delegate					
FIS Tele-			No	No	No
mark Events					
Manager					
FIS Tele-	N/A	N/A	No	No	No
mark Social					
Media Co-					
ordinator					

^{*} Or designated alternate person.

6. Prize money

The Organiser is requested to provide prize money for Women and Men at equal value. The amount of prize money and its method of distribution must be communicated

^{**} Where possible the Race Director will claim travel expenses through FIS

^{***} Expenses are not subject to the limit in Art 602.5 If a competition is stopped or cancelled, expenses must be paid to the TD and Race Director if they travel to the site or incurred expenditure in relation to the event e.g. cancelled air ticket.

to the FIS Telemark Committee before October 15th. If more than one competitor is on the same rank, the amount of the next rank(s) is added and divided by the number of competitors concerned. The payment must be made at the awards ceremony taking into consideration the local tax laws. The Organising Committee must assist the competitors with matters relating to taxation problems with prize money in the country in which the competition is held.

Para	allel Sprint	Sprir	nt Classic		
1 st	EUR 529.00	1 st	EUR 529.00		
2^{nd}	EUR 317.00	2 nd	EUR 423.00		
3^{rd}	EUR 212.00	3^{rd}	EUR 317.00		
4 th	EUR 106.00	4 th	EUR 212.00		
		5 th	EUR 106.00		
		6 th	EUR 53.00		

7. Insurance

With reference to Art. 212 of the ICR.

Before the first training day or competition, the Organiser must be in possession of a binder or cover note issued by a recognized insurance company and present it to the Technical Delegate. The Organising Committee and its members require liability insurance with coverage of at least CHF 3'000'000.00 (3 million).

8. Starting times and starting intervals

8.1 Starting times

The fixed starting times have to be observed. In case of postponement a decision is taken by the Race Director.

8.2 Starting intervals

The Race Director determines the starting intervals, up to max. 2 minutes and TV breaks together with TV and OC.

On the competition day, decisions about eventual changes (weather conditions, etc.) are made by the jury.

8.3 Intermediate times are mandated for the World Cup, World Championship and World Junior Championship SP and CL.

9. Enrolment of competitors / starting list

9.1 Enrolment for CL, SP, PS, TPS

- 9.1.1 For CL and SP the start draw will be as follows, provided the competitor is shown as active and listed on the current FIS points list.
- 9.1.1.1 The 15 best men, according to the current FIS points for the discipline, are randomly drawn in two separate groups; the first group of 1-7 and a second group of 8-15.
- 9.1.1.2 The 10 best women, according to the current FIS points for the discipline, are randomly drawn in two separate groups; the first group of 1-7 and the second group of 8-10.

9.1.2 See illustration (the bracket) for the set-up of pairs. The knockout bracket must be 32 for the men and 16 for the women. In the event there are not 32 men and 16 women brackets will be filled with by as:

If there are 0-8 participants the knockout bracket should be 8 with byes

If there are 8-12 participants the knockout bracket should be 8

If there are 13-16 participants the knockout bracket should be 16 with byes

If there are 16-24 participants the knockout bracket should be 16

If there are 25-32 participants the knockout bracket should be 32 with byes

9.1.3 Enrolment for TPS (ICR art. 2302.1.1)

The best 8 nations according to the Overall Telemark World Cup Nations' Cup ranking will qualify for the TPS.

If there are not 8 Teams able to nominate 3 racers the pairs will be set up as follows:

- 1. Nations with 3 competitors
- 2. Nations with 2 competitors according to the nations cup ranking
- 3. Nations with a 2nd team of 3 competitors according to the World Cup ranking
- 4. Nations with a 2nd team of 2 competitors according to the World Cup ranking

9.2 Starting order 2nd run

In competitions held in two runs (SP) all competitors classified are qualified for the second run. When the starting order of the 2nd run is presented, the results of the 1st run are deemed official. Starting list for the 2nd run must be placed in the finish area on the score board and in the start area. It is acceptable to use WhatsApp (or equivalent) if announced at the Team Captains' meeting.

9.3 Obligations of communication

After a run, the OC has the obligation to present on the score board in the finish area, the referee report of competitors who are DNS, DNF and disqualified. This list must be presented before the commencement of the second inspection and contain the referee's signature and the indication of the time when it was published on the score board. It is acceptable to use WhatsApp (or equivalent) if announced at the Team Captains' meeting.

9.4 Leader bib

The World Cup leader in the corresponding discipline starts with the leader bib. This bib will be provided by FIS. If the Organiser wishes to use their own leader bibs then the organiser must also include the FIS leader bib sponsor on their leader bibs.

10. FIS Telemark World Cup Points

10.1 World Cup points

Competitors ranking first to 30th (CL and SP) are awarded points in accordance with the following schedule:

1 st rank	100 pts	9 th rank	29 pts	17 th rank	14 pts	25 th rank	6 pts
2 nd "	80 "	10 th "	26 "	18 th "	13"	26 th "	5 "
3 rd "	60 "	11 th "	24 "	19 th "	12 "	27 th "	4 "
4 th "	50 "	12 th "	22 "	20 th "	11 "	28 th "	3 "
5 th "	45 "	13 th "	20 "	21 st "	10 "	29 th "	2 "
6 th "	40 "	14 th "	18 "	22 nd	9 "	30 th "	1 "
7 th "	36 "	15 th "	16 "	23 rd "	8 "		
8 th "	32 "	16 th "	15 "	24 th "	7 "		

10.1.1 World Cup points Parallel Sprint

Point scale to be applied for a Parallel Sprint:

1 st rank	100 pts	9 th rank	29 pts	17 th rank	14 pts	25 th rank	6 pts
2 nd "	80 "	10 th "	26 "	18 th "	13"	26 th "	5 "
3 rd "	60 "	11 th "	24 "	19 th "	12 "	27 th "	4 "
4 th "	50 "	12 th "	22 "	20 th "	11 "	28 th "	3 "
5 th "	45 "	13 th "	20 "	21 st "	10 "	29 th "	2 "
6 th "	40 "	14 th "	18 "	22 nd	9 "	30 th "	1 "
7 th "	36 "	15 th "	16 "	23 rd "	8 "	31 st "	1 "
8 th "	32 "	16 th "	15 "	24 th "	7 "	32 nd "	1 "

10.1.2 The loosing racers in the same heat will be ranked according to the ranking of the qualification.

5. – 8.

9. - 16.

17. - 32.

- 10.1.3 A racer who DNS in the first knockout round will receive no points, DNS in subsequent round will be awarded points as if the racer has lost their heat.
- 10.1.4 Racers who finish the qualification race but do not qualify are not awarded points.

10.2 Several competitors tied for the same position

If several racers are tied for one of the top 30 positions in a race, each of the competitors who are tied receive the points corresponding to that position. The remaining competitors receive the points corresponding to their official classification in the race.

10.3 FIS points list

The FIS points list published periodically is presented on FIS Website

11. Classification

11.1 General

11.1.1 Women and men

The formula will be the same for women and men.

11.1.2 Modification during the season

In no case can the formula be modified during the season.

11.2 Overall Classification

The Overall World Cup Champion is the competitor who gets the highest overall sum of World Cup points in all three official disciplines.

11.3 Discipline Classification

The Discipline World Cup Champion is the competitor who gets the highest sum of World Cup points in each official discipline.

11.4 Competitors having attained the same rank

Number of places, equal number of points

If two or more racers are placed equally in the overall classification, or, if in the classification of the disciplines a number of participants have achieved an equal number of points, then they shall be placed according to the number of their 1st places, then their 2nd places, 3rd places, etc. If they cannot be classified by this system, they will each receive the medals corresponding to their placing.

11.5 Overall Nations Cup Classification

The Nations Cup will be awarded to the team that achieves the highest total of World Cup points during the course of a season adding the total women's and men's points from the overall classification. In addition the points of all competitors in race(s) which are eventually only valid for the Nations Cup will be added.

12. Awards

12.1 Winner of the FIS World Cup

The competitors who have won the overall classification will be named "Winner of the FIS Telemark World Cup".

12.2 Winners of the disciplines

The winners of the disciplines shall be honoured as "Winner of the Classic, Parallel Sprint, Sprint Telemark FIS World Cup".

12.3 World Cup Trophy

The winners of each discipline and the winners of the overall classification will receive a World Cup trophy.

12.4 World Cup Medals

The 1st, 2nd and 3rd ranked competitors of each discipline and of the overall classification will receive medals.

12.5 Provision of awards

The overall trophies and medals will be provided by FIS.

12.6 Flower ceremony (Unofficial winner presentation)

The ceremony must be immediately (within 30 minutes) after the last racer has crossed the finish line. The racers must wear their equipment and bib. No national anthem will be played.

12.7 Prize giving ceremony

The results must be presented submitted only after the TD has checked and signed them. Results in xml format must be sent directly to FIS (alpineresults@fis-ski.com) no later than one hour maximum after the last racer crossed the finish line.

For the Prize giving ceremony no racing equipment is allowed. The FIS and the national anthem will be played.

12.8 Winners of the events

The winner of the events shall be honoured as "Winner of the Classic, Sprint, Parallel Sprint". To award an event World Cup Trophy at least two (2) events must be held in the current season.

12.9 WC prizes should be awarded 1-4 for PS and 1-6 for SP and CL, at WSC and WJSC prizes are only awarded 1-3 for all races.

13. World Cup courses

13.1 Accreditation and access rights

Accreditations must be handed out to the teams according to Art. 604 of the ICR. Free access to the ski area as well as transportation on ski lifts, etc. must be granted to all

competitors, coaches and officials. The access to the race course is only possible when specially allowed by the Race Director (Chief Race Director of the FIS) after clear agreement with the Organisers. The OC must provide for the teams reserved parking within proximity parking of the hotel, the lifts as well as the finish area.

13.2 Non-essential changes

In cases of immediate – but necessary – changes on the course, such as small changes to gate position, an additional inspection or training run is not necessary. Details must be communicated to all Team Captains and competitors must be informed by one member of the jury at the start. The jury must be informed in advance of the changes and racers information, jury authorisation must be given to the OC. It is acceptable to use WhatsApp (or equivalent) if it is being used for other event communications to all.

14. Duration

The FIS World Cup is held every year during the period from July 1st to April 30th.

15. Homologation

All competitions can only be granted to Organisers who have valid Alpine homologated courses. The Organiser expressly confirms that all courses chosen for the FIS Telemark World Cup events have been homologated by alpine procedure. The courses and the situation of the finish area must conform to the criteria's fixed for TICR. Also, the basic preparation of World Cup courses must be guaranteed by snowmaking facilities with sufficient capacity. The Race Director has the authority to use an alternative course, proposed by the Organiser. This alternative piste however must guarantee a proper run of events.

16. Prohibition from including additional races

The Organiser of an approved competition program is forbidden to add any additional race without request and support by the National Ski Association to the FIS and without permission of FIS.

17. Cancellation and new allocation of competitions / events

Basically all cancelled competitions / events return to FIS.

17.1 Cancellation during an event and new allocation

Races, which have to be cancelled during an event due to a "force majeure", or non-fulfilment of requirements will in exceptional cases be rescheduled at events which already figure in the calendar.

17.2 Cancellation within the prescribed period and new allocation

17.2.1 In the event that there is not enough snow on the course(s) selected for the races, the Organiser must cancel the event. This must be done ten (10) days before the race.

FIS can nominate experts as snow controllers who inform the race Coordinator (Chief Race Director) about the conditions.

17.2.2 A cancellation includes all races of the event. FIS decides about a possible new allocation on the originally scheduled dates.

17.3 Unusual conditions

In cases of unusual conditions, the Race Director has the authority to establish a suitable starting point below the minimum vertical drop. This will take place as early as possible. In order to allow the completion of a race, the Race Director can shorten the

course, relocate it, or if necessary, amend a classic to two runs which will make a sprint. Agreement with TV must be made by the Race Director as early as possible.

17.4 Interference with another FIS World Cup race

A replacement race must in no way interfere with another scheduled FIS World Cup race already listed in the FIS World Cup calendar. Postponed races also count as replaced competitions.

17.5 Races after the FIS World Cup Final

No races counting for the FIS World Cup may be rescheduled after the FIS World Cup Final.

18. Rescue service – Medical Support Requirements

The Organiser is responsible for setting up and operating during all competition times (training and competitions) an appropriate rescue service. The Medical Support Requirements for FIS Event Organisers are set forth in the ICR, 221.6 as well as chapter 1 of the FIS Medical Guide (containing Medical Rules and Guidelines).

Two safety patrollers present for Classic (start and jump), except if the jump is present at the start, in this case the second safety patroller will be present at the middle of the course. For Sprint, Parallel Sprint and Team Parallel Sprint one safety patroller will be present at the start. There are no obligations for doctor to be present, but he/she must be informed by letter in advance by the organisation about the event. A doctor should be able to be present in less than 20 minutes after he is informed.

18.1 Safety Requirements

All courses must be homologated for Alpine GS or Slalom, as per Art 1704.1 and all directions on the homologation document must be in place. Additional B-nets, mattresses and crowd control barriers, ensuring space to allow B-nets to perform, should be placed at the discretion of the jury.

- Netting around the 360 should conform to articles 1701.4.x.
- Jump safety should conform to Art 1701.3.x
- Rescue services must conform to Article 18 above
- Finish line installations should conform to alpine specifications.

18.2 Factors for FIS points calculation

	Factors for race	Maximum value
	points calculation	
CL	500	200
SP	500	200

19. Matters of contention

For all matters of contention that cannot be solved by the existing rules, the Race Director has to make a decision.

20. Control and supervision

The Race Director is responsible for the adherence to and observance of these rules.

20.1 For the World Cup and the World Championships the homologated software should be used.

21. Rules of FIS

The Telemark ICR is present on the FIS Website.