



FIS MEDICAL CHECKLIST

EDITION 2020

MEDICAL CHECKLIST

The following checklist gives an outline of required medical service elements, and may be used to give structure to discussions between the FIS Medical Supervisor and the local organisers' medical team at pre- and final inspections in order to confirm that the FIS guidelines are incorporated in the event.

The medical service is stated in ICR 221.6, the health and safety of all those involved in the FIS disciplines is the primary concern of all event Organizers. The Event Organizing Committee must ensure that appropriate emergency medical services are available for each official day of training and competition. This checklist is a help to accomplish the above mentioned.

Organizer (Nation):

Place:

Date:

Event:

Discipline:

Cross Country:

Ski Jumping: Ski Flying

Nordic Combined:

Alpine Skiing: Technical - SL, GS Speed - SG, DH, AC

Freestyle Skiing: Ski Cross Park & Pipe Moguls & Aerials

Snowboard: Snowboard Cross Park & Pipe Alpine

The Chief of the Organizing Committee.

Name:

Phone:

E-mail:

The Event Chief of medical and rescue service

Name:

Phone:

E-mail:

Profession or competence:

Medical supervisor from FIS.

Name:

Phone:

E-mail:

Profession or competence:

MEDICAL GUIDE FOR THE EVENT

| Requirements of the Medical Guide for the event. | | | | | | |
|---|--|----------------|----|------------------|----|----------|
| Contact info of | | Pre inspection | | Final inspection | | Comments |
| | the medical supervisor from FIS | YES | NO | YES | NO | |
| | the Event Chief of medical and rescue service | YES | NO | YES | NO | |
| | the leader of the arena during the race from the medical organization | YES | NO | YES | NO | |
| Overview or map of the field of play | | | | | | |
| Overview or map of the field of play | | Pre inspection | | Final inspection | | Comments |
| | with position of first aid posts for examination | YES | NO | YES | NO | |
| | with position of ski patrols | YES | NO | YES | NO | |
| | with position of paramedics | YES | NO | YES | NO | |
| | with position of trauma team(s) | YES | NO | YES | NO | |
| | with position of physicians | YES | NO | YES | NO | |
| | with meeting points in case of emergency (athlete-team doctor) | YES | NO | YES | NO | |
| | with meeting points of ambulance | YES | NO | YES | NO | |
| | with meeting points of HKP | YES | NO | YES | NO | |
| | with evacuation ways | YES | NO | YES | NO | |
| Medical facilities and staff at the event | | | | | | |
| Medical facilities and staff at the event | | Pre inspection | | Final inspection | | Comments |
| | Primary care unit at the finish area | YES | NO | YES | NO | |
| | Emergency physician(s) | YES | NO | YES | NO | |
| | Physician(s) | YES | NO | YES | NO | |
| | Paramedics | YES | NO | YES | NO | |
| | Nurse(s) | YES | NO | YES | NO | |
| | Ambulance(s) | YES | NO | YES | NO | |
| | Helicopter(s) | YES | NO | YES | NO | |
| Overview of response time | | | | | | |
| Overview of response time | | Pre inspection | | Final inspection | | Comments |
| | Is the response time to handle the airway in case of emergency fulfilled | YES | NO | YES | NO | |
| Is transportation time mentioned | | | | | | |
| Is transportation time mentioned | | Pre inspection | | Final inspection | | Comments |
| | by ambulance to level 1 trauma unit | YES | NO | YES | NO | |
| | by rescue helicopter to level 1 trauma unit | YES | NO | YES | NO | |
| | by ambulance to level 2 trauma unit | YES | NO | YES | NO | |
| | by rescue helicopter to level 2 trauma unit | YES | NO | YES | NO | |
| Doctors meeting takes place | | | | | | |
| Doctors meeting takes place | | Pre inspection | | Final inspection | | Comments |
| | where and when? | YES | NO | YES | NO | |
| Information at the Doctors Meeting | | | | | | |
| Information at the Doctors Meeting | | Pre inspection | | Final inspection | | Comments |
| | go through the medical plan/guide | YES | NO | YES | NO | |
| | the role of the team physician | YES | NO | YES | NO | |
| | medical guide ready for hand out? | YES | NO | YES | NO | |
| Doctors briefing takes place | | | | | | |
| Doctors briefing takes place | | Pre inspection | | Final inspection | | Comments |
| | where and when? | YES | NO | YES | NO | |
| Anti-doping logistics pre and post event | | | | | | |
| Anti-doping logistics pre and post event | | Pre inspection | | Final inspection | | Comments |
| | Providing a Doping Control Station | YES | NO | YES | NO | |
| | Selection of a chaperone coordinator. | YES | NO | YES | NO | |
| | Selection of chaperones (6-8 persons per competition) | YES | NO | YES | NO | |
| Medical services outside the arena with contact information - name, phone and address | | | | | | |
| Medical services outside the arena with contact information - name, phone and address | | Pre inspection | | Final inspection | | Comments |
| | Doctor on duty in the community | YES | NO | YES | NO | |
| | Hospitals including their specialty. | YES | NO | YES | NO | |
| | Clinics for X-Ray, CT scan or MRI | YES | NO | YES | NO | |
| | Dentists | YES | NO | YES | NO | |
| | Physiotherapist | YES | NO | YES | NO | |
| | Pharmacy | YES | NO | YES | NO | |

PROTOCOLS

| In case of emergencies | | | | | | |
|--|---------------------------------------|----------------|----|------------------|----|----------|
| Medical or surgical issues in-or outside the arena | | Pre inspection | | Final inspection | | Comments |
| | Managing of airway - A | YES | NO | YES | NO | |
| | Managing of breathing - B | YES | NO | YES | NO | |
| | Managing of circulation - C | YES | NO | YES | NO | |
| | Managing of disability - D | YES | NO | YES | NO | |
| | Managing of environment - E | YES | NO | YES | NO | |
| | Managing fractures - stable/unstable | YES | NO | YES | NO | |
| | Unconscious? Heart arrest? | YES | NO | YES | NO | |
| | Medication - anesthesia | YES | NO | YES | NO | |
| | Medication - pain management | YES | NO | YES | NO | |
| | Medication - anaphylaxis, asthma etc. | YES | NO | YES | NO | |
| Evacuation from the arena | | | | | | |
| Evacuation from the arena | | Pre inspection | | Final inspection | | Comments |
| | Evacuation plan (How? Where to?) | YES | NO | YES | NO | |
| | Sledge | YES | NO | YES | NO | |
| | Scooter | YES | NO | YES | NO | |
| | Long-line rescue/rescue bag on hill | YES | NO | YES | NO | |
| | Monitoring during evacuation | YES | NO | YES | NO | |
| Communication plan of the Medical Organizer | | | | | | |
| Communication plan of the Medical Organizer | | Pre inspection | | Final inspection | | Comments |
| | Inside and outside the arena | YES | NO | YES | NO | |
| | Contact list of Team Doctors | YES | NO | YES | NO | |
| | Radio, Phone and language | YES | NO | YES | NO | |
| | 24 hours medical hotline | YES | NO | YES | NO | |
| In case of an incident in the field of play | | | | | | |
| In case of an incident in the field of play | | Pre inspection | | Final inspection | | Comments |
| | plan for replacing the medical team | YES | NO | YES | NO | |
| In case of a terror assaults | | | | | | |
| In case of a terror assaults | | Pre inspection | | Final inspection | | Comments |
| | security plan of the police | YES | NO | YES | NO | |