



PRECISIONS, INFORMATION AND INSTRUCTIONS

PARA ALPINE SKIING

NORTHERN HEMISPHERE

EDITION 2023/24

Oberhofen, October 2023

PRECISIONS, INFORMATION AND INSTRUCTIONS NORTHERN HEMISPHERE 2023/2024

FIS Council Meeting: 25th October 2023.

1) INTRODUCTION

This document presents the rule changes within the Para Alpine Skiing International Competition Rules (ICR), Classification Rules and Regulations following the approval of the proposals by the FIS Council on 25th October 2023.

All updated documents are now available on the FIS Website.

2) FLUOR WAX TESTING UPDATE

As previously communicated on 22nd March, a fluor wax ban will be fully implemented at the start of the upcoming 2023-2024 winter season. FIS is committed to banning flour products used in ski preparation given the health risks and environmental concerns connected to fluorine waxes and stands fully behind the testing procedure in place for the upcoming season.

In order to have a testing process that runs smoothly at the beginning of the season and to eliminate any speculation of a possible contamination of skis/snowboards, the FIS Council decided to increase the threshold that could lead to a disqualification of an athlete due to the use of banned fluorine waxes for a limited transition period.

The threshold for tests conducted at the finish of a race will be raised from 1.0 (defining clean skis/snowboards without any fluorine content) to 1.8 for the limited period of time until 31st December 2023. All results of the tests during this transition period will be documented.

More information can be found [here](#).

3) RUSSIA AND BELARUS PARTICIPATION

The current FIS policy, which does not allow the participation of Russian and Belarusian athletes and officials at FIS events, will remain in effect until further notice.

4) CLASSIFICATION RULES AND REGULATIONS

LW9-2 Sport Class Profile

Technical

2 skis, 1 ~~or 2~~ poles or outriggers

Upper and lower limb prosthesis or orthosis must comply with the FIS Para Snow Sports Equipment Specifications.

5) APPROVED RULE CHANGES

International Competition Rules Para Alpine Skiing

201.6.1

Nordic and Para Nordic Events

Cross-Country, Roller Skiing, Ski-Jumping, Ski-Flying, Nordic Combined, Team Competitions in Nordic Combined, Nordic Combined with Roller Skiing or In-line, Team Ski-Jumping, Ski-Jumping on plastic

jumping hills, Popular Cross-Country races, Para Cross-Country, Para Roller Skiing and Para Biathlon.

207.1.2 Winners presentation / Equipment on the podium

At FIS World Ski Championships and all events ~~of~~on the FIS Calendar, a competitor is allowed to take the following equipment on the podium:

- Skis / Snowboards
- Footwear: The athletes may wear their boots on their feet, but are not allowed to wear them anywhere else (such as around their neck). Other shoes cannot be taken on the podium during presentation except if they are worn on the feet.
- Poles: not on/around skis, normally in the other hand. Para athletes are exempt from this rule and may bring poles on/around the skis.
- Goggles: either worn or around the neck
- Helmet: if worn only on the head and not on another piece of equipment, e.g. skis or poles
- Ski straps: maximum of two with name of the producer of skis; eventually one can be used for a wax company
- Nordic Combined and Cross-Country Ski Poles Clips. A clip can be used to hold the two poles together. The clip can be the width of the two poles, though not wider than 4 cm. The length (height) can be 10 cm. The long side of the clip is to be parallel to the poles. The commercial marking of the pole manufacturer can cover the entire surface of the clip.
- All other accessories are prohibited: waist bags with belt, phones on neck-bands, bottles, rucksack/backpack, etc.

305.2 Race Entries Deadlines

305.2.1 World Cup and COC

- Entries by number open 12 weeks prior to the event
- Entries by number close 3 weeks prior to the event
- Entries by name open 3 weeks prior to the event
- Entries by name close 1 week prior to the event
- ~~Wild card entries open 2 weeks prior to the event~~
- ~~Wild card entries close 1 week prior to the event~~

412.3 Announcement of Disqualifications

412.3.1 After completion of the race, Disqualifications must be published on the official notice board and also at the Finish. The time limit of 15 minutes for Protests to be submitted is determined from the moment of this announcement.

412.3.2 The official notice board can be replaced by an official communication channel announced at the first Team Captains Meeting by the Jury.

700 Downhill

701 Technical Data

702 Vertical Drop

For PWG, WSC and World Cup competitions

- 450m-800m

For COC competitions

- 400m-800m

For all other competitions

- 400m-500m

For Downhill in two (2) Runs

- ~~350~~0m -450m

800 Slalom

801 Technical Data

802 Vertical Drop

For PWG, WSC and World Cup competitions

- 140m-220m

For COC competitions

- 120m-200m

For FIS/NC competitions

- ~~80m~~100m-140m

For races in three (3) Runs

- Minimum 50m

801.2.4 The distance between gates within combinations (hairpin or vertical) must be not less than 0.75 m and not more than 1.00 m. The gates in hairpin or vertical combinations must be set in a straight line. Delayed gates must have a minimum distance of 12 m and a maximum distance of 18 m from turning pole to turning pole. The distance between the gates within a delayed combination must be not less than 0.75 m from either turning pole.

900 Giant Slalom

901 Technical Data

902 Vertical Drop

For PWG, WSC and World Cup competitions

- 25300m-450m

For COC competitions

- 250m-400m

For ~~all other~~ FIS and NC competitions

- 200m-350m

For ENL competitions

- 200m-250m

1000 Super-G

1001 Technical Data

1002 Vertical Drop

For PWG, WSC and World Cup competitions

- 400m-6500m

For COC competitions

- 350m-6500m

For ~~all other~~ FIS and NC competitions

- 350m-500m

For ENL competitions

- 300m-500m

1001.3.2 The gates must be alternately red and blue. In special circumstances, where a panel colour cannot be seen properly against the backdrop (e.g. safety netting), the Jury can request an alternative homologated colour (art. 1500.1) for the gate panel for that specific gate to improve visibility. The gate panels are to be approx. 75 cm wide and approx. 50 cm high. They are fastened between the poles so that the lower edge of the panel is approx. 1 m above the snow and should be capable of tearing or breaking away.

1501. Vertical Drop (“VD”); Number of Gates (“NG”); Direction Changes (“DC”) and Gate Panels.

Competition Event		PWG – WSC - World Cup	COC	FIS NC	ENL
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DH	VD	450- 800 m	400- 800 m	1 Run: 400-500m 2 Run: 350-450m	1 Run: 400-500m 2 Run: 350 <u>300</u> -400m
	NG	as required			
	Gate Panel	0,75 x 0,50 red (<u>orange</u>) & (<u>blue</u>)			
SG	VD	400 – 650 <u>00</u> m	350 – 650 <u>00</u> m	350 – 500m	300-500m
	NG/DC	6% minimum Number of direction changes	6% minimum Number of direction changes	6% minimum Number of direction changes	6% minimum Number of direction changes
	Gate Panel	0,75 x 0,50 red (<u>orange</u>) & blue			
GS	VD	250 <u>300</u> - 450	250 - 400	200 - 350	200-250
	DC	10% - 15% Number of direction changes	10% - 15% Number of direction changes	10% – 15% Number of direction changes	10% – 15% Number of direction changes
	Gate Panel	0,75 x 0,50 red (<u>orange</u>) & blue			
SL	VD	140 - 220	120 - 200	100 <u>80</u> – 140	80-120 3 Run: min 50
	DC	28% - 35 % of the vertical drop +/-3 direction changes/	28% - 35 % of the vertical drop +/-3 direction changes/	28% - 35 % of the vertical drop +/-3 direction changes/	28% - 35 % of the vertical drop +/-3 direction changes/
	Poles*	27mm			

Qualification Criteria 2023/2024 for the FIS Para Alpine Skiing

3.1 For Technical Events:

- All Athletes must have below 300 FIS Points to be qualified.
- For SL and GS events, Athletes can qualify through SL or GS FIS Points only.

Rules of the Para Alpine Skiing FIS Points

FIG.1 – F Factors

Downhill	F = <u>13301250</u>
Slalom	F = <u>610730</u>
Giant Slalom	F = <u>8701010</u>
Super-G	F = <u>10601190</u>
Alpine Combined	F = <u>11301360</u>

Equipment Specifications for Para Snowsports

6 SPECIFICATIONS FOR PARA ALPINE SKIING ADAPTIVE EQUIPMENT

6.6 BLUETOOTH HEADSETS

VI athletes may choose to use Bluetooth Headsets for clear communication with their Guide. These must not impact the safety performance of the crash helmet in any way.